

## 1st4sport Level 2 Certificate in Coaching (Netball)



### Qualification Specification

<b>Qualification Overview:</b>	The 1st4sport Level 2 Certificate in Coaching (Netball) focuses on the skills and competences required to be able to plan, deliver and review a series of linked and progressive netball coaching sessions, either working independently or as part of a coaching team.						
<b>Qualification Number:</b>	603/2743/1	<b>Level:</b>	2	<b>Entry Age:</b>	18	<b>Registration Period:</b>	2 Years
<b>Guided Learning (GL):</b>	40 hours	<b>Total Qualification Time (TQT)</b>	130 hours	<b>Credit Value:</b>	13	<b>Operational From:</b>	01 January 2018
<b>Progression Opportunities:</b>	Progression opportunities include employment (paid or voluntary) as a coach delivering netball sessions or progression onto other sport-specific and/or industry-relevant qualifications in coaching, such as the <i>1st4sport Level 3 Certificate in Coaching Netball</i> .						

Qualification Objective
<b>What does this qualification cover?</b>
This qualification prepares learners for employment as a coach in netball. A level 2 coach is able to plan, deliver and review netball coaching sessions, either working independently, or as part of a larger coaching team. The qualification introduces learners to the practical and theoretical aspects of planning, delivering and evaluating linked and progressive coaching sessions in netball.
<b>Who is the qualification for?</b>
The qualification is designed for those who wish to become involved in netball coaching, and to have responsibility for the planning, delivery and evaluation of linked and progressive coaching sessions. It can be an entry point to coaching, depending on the ability and confidence of the learner. It is directed at learners who have an interest in coaching netball.
<b>Who supports this qualification?</b>
The qualification is recognised as the industry standard level 2 qualification for coaches by Welsh Netball and UK Coaching, the lead technical agency for the development of sports coaching in the UK. It has been aligned to the UKCC criteria.
Qualification Progression
<b>What future education could this qualification lead to?</b>
Learners could progress on to the <i>1st4sport Level 3 Certificate in Coaching Netball</i> . The skills and knowledge developed through this qualification may also be used to progress to other industry-relevant qualifications in coaching sport, activity leadership, supporting PE in school sport or sports development.
<b>What future employment could this qualification lead to?</b>
This qualification may lead to paid or voluntary roles in coaching netball, working as a coach within a netball club environment.

Qualification Achievement
<b>Entry Requirements for the Qualification</b>
The recognised centre is required to conduct and evidence the initial assessment of learners to ensure that the pre-requisites to registration and certification are considered, and that the learner has the potential to achieve the qualification.
Prior to registration learners are required to:
<ul style="list-style-type: none"> <li>• have been accurately identified</li> <li>• be at least 18 years of age</li> <li>• able to communicate effectively in English (listening, speaking, reading and writing).</li> </ul>
<i>NB. It is highly recommended that learners have been an active netball coach for a minimum of two years or hold the 1st4sport Level 1 Award in Coaching Netball or equivalent, before applying for the course.</i>
Prior to certification, learners must:
<ul style="list-style-type: none"> <li>• have evidence of having successfully attended a first-aid training course within the last three years to include basic life support as a minimum</li> <li>• have evidence of having successfully attended a 'Safeguarding and Protecting Children' workshop within the last three years</li> </ul>
<b>How is the Qualification Achieved?</b>
To achieve the <i>1st4sport Level 2 Certificate Coaching (Netball)</i> , learners must successfully achieve five units: four mandatory units and the netball-specific pathway unit. Achievement of the qualification is normally through attendance on a programme of learning and the successful completion of the assessment tasks contained within the 1st4sport Learner Portfolio.

What will be assessed?	
<p>Learners must:</p> <ul style="list-style-type: none"> <li>complete written tasks contained within the 1st4sport Learner Portfolio</li> <li>demonstrate their ability to deliver and evaluate netball coaching sessions</li> </ul> <p>Successful completion will result in the achievement of the qualification.</p>	
How will it be assessed?	
<p>This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.</p> <p>Learning Outcomes that begin ‘The learner will <b>understand...</b>’ will be assessed through theory based activities.</p> <p>Learning Outcomes that begin ‘The learner will <b>be able to...</b>’ are assessed through practical activities.</p> <p>For example:</p>	
Learning outcomes The learner will:	Assessment criteria The learner can:
<p>1 <b>understand</b> how to ensure participants’ safety during sport specific coaching sessions</p>	<p>1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.</p>
	<p>1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.</p>
<p>2 <b>be able to</b> prepare resources for the coaching session</p>	<p>2.1 ensure that the identified resources meet the requirements of the activity.</p>

Qualification Delivery
What workforce is needed to be able to deliver this qualification?
<p>The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.</p> <ul style="list-style-type: none"> <li>a qualification administrator</li> <li>a qualification coordinator</li> <li>an appropriately qualified Welsh Netball licenced tutor/internal assessor</li> <li>an appropriately qualified Welsh Netball licenced independent assessor</li> <li>an appropriately qualified Welsh Netball licenced internal quality assurers (IQA)</li> </ul> <p>Further information on workforce requirements is available from 1st4sport Qualifications in request.</p>
What facilities are needed to be able to deliver this qualification?
<p>The recognised centre is required to have one or more delivery sites which contain facilities to support the programme of learning and assessment. These must comply with health and safety regulations and support appropriate access arrangements. All training and/or assessment sites should include the following facilities:</p> <ul style="list-style-type: none"> <li>one indoor netball court (minimum confirmed size of four badminton courts, including a full-sized shooting circle of 4.9 m) of uniform construction and even surface.</li> <li>a theory space that is close to playing areas to accommodate up to 25 persons which includes multimedia facilities, flip charts and flip chart pens</li> <li>male and female changing and toilet facilities.</li> </ul> <p>Further information on facility requirements are available from 1st4sport Qualifications in request.</p>

<b>What equipment is needed to be able to deliver this qualification?</b>
<p>The recognised centre is required to have equipment in place to facilitate the full programme of learning and assessment which must comply with accepted health and safety practice and should include:</p> <ul style="list-style-type: none"> <li>• a minimum of 10 size 5 netballs</li> <li>• a minimum of 2 netball posts</li> <li>• a minimum of two full sets of netball bibs, in two different colours</li> <li>• 50 flat marker cones</li> </ul> <p>Further information on equipment requirements are available from 1st4sport Qualifications on request.</p>
<b>What qualification materials support this qualification?</b>
<p>This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include the <i>1st4sport Level 2 Certificate in Coaching (Netball)</i>:</p> <ul style="list-style-type: none"> <li>• <i>Qualification Handbook</i>, detailing the 1st4sport Qualification Approval Conditions (available via Athena)</li> <li>• <i>Unit Specifications</i>, detailing the Learning Outcomes and Assessment criteria for the qualification available upon qualification approval being confirmed)</li> <li>• <i>Learner Portfolio</i>, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification.</li> <li>• <i>Delivery, Assessment and Quality Assurance Approach</i>, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance</li> </ul>
<b>How much does this qualification cost?</b>
<p>Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.</p>
<b>How to apply to deliver this qualification</b>
<p>This qualification is only available for delivery through Welsh Netball.</p>

<b>Contacts</b>
<b>1st4sport Qualifications</b>
<p>Tel: 0113 290 7610          Email: <a href="mailto:enquiries@1st4sportqualifications.com">enquiries@1st4sportqualifications.com</a>          Website: <a href="http://www.1st4sportqualifications.com">www.1st4sportqualifications.com</a></p>
<b>UK Coaching</b>
<p>Tel: 0113 274 4802          Email: via <a href="http://www.ukcoaching.org/contact">www.ukcoaching.org/contact</a>          Website: <a href="http://www.ukcoaching.org">www.ukcoaching.org</a></p>
<b>SkillsActive</b>
<p>Tel: 0330 004 0005          Website: <a href="http://www.skillsactive.com">www.skillsactive.com</a></p>
<b>The Chartered Institute for the Management of Sport and Physical Activity (CIMSPA)</b>
<p>Tel: 01509 226474          Email: <a href="mailto:info@cimspa.co.uk">info@cimspa.co.uk</a>          Website: <a href="http://www.cimspa.co.uk/">www.cimspa.co.uk/</a></p>
<b>Ofqual</b>
<p>Tel: 0300 303 3344          Email: <a href="mailto:public.enquiries@ofqual.gov.uk">public.enquiries@ofqual.gov.uk</a>          Website: <a href="http://www.gov.uk/government/organisations/ofqual">www.gov.uk/government/organisations/ofqual</a></p>

### Qualification Structure (Rule of Combination)

Learners must successfully achieve four mandatory units and one sport and physical activity-specific pathway unit.

### Mandatory Units

Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
The role of the coach	2	3	18	D/616/6992	Written Tasks, Observation of Coaching
Plan a series of coaching sessions	2	3	14	H/616/6993	Written Tasks, Observation of Coaching
Deliver a series of coaching sessions	2	3	14	K/616/6994	Written Tasks, Observation of Coaching
Review a series of coaching sessions	2	2	14	M/616/6995	Written Tasks, Observation of Coaching

### Sport and Physical Activity Pathway Unit

Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
Technical coaching requirements for netball	2	1	8	A/615/2467	Written Tasks, Observation of Coaching

© Coachwise Ltd, 2017

This document is copyright under the Berne Convention. All rights are reserved. Apart from any fair dealing for the purposes of private study, research, criticism or review, as permitted under the Copyright, Designs and Patents Act 1998, no part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, electrical, chemical, mechanical, optical, photocopying, recording or otherwise, without the prior written permission of the copyright owner. Enquiries should be addressed to 1st4sport Qualifications.

1st4sport Qualifications  
Coachwise Ltd  
Chelsea Close Off  
Amberley Road  
Armley  
Leeds LS12 4HP

Tel: 0113 290 7610  
Fax: 0113-231 9606

Email: [enquiries@1st4sportqualifications.com](mailto:enquiries@1st4sportqualifications.com)  
Website: [www.1st4sportqualifications.com](http://www.1st4sportqualifications.com)

*Developing and awarding qualifications for the active learning and leisure industry*

1st4sport Qualifications is an awarding organisation recognised and regulated by the Office of the Qualifications and Examinations Regulation (Ofqual) in England, Council for the Curriculum, Examinations and Assessment (CCEA) Regulation in Northern Ireland and Qualifications Wales in Wales, and was created with the aim of offering vocational and occupational qualifications in areas of sport, recreation and allied occupations. 1st4sport Qualifications is a division of Coachwise Ltd, the trading arm of The National Coaching Foundation (known as UK Coaching), the UK-registered charity leading the national development of coaches and the coaching system. Any proceeds go directly back to UK Coaching to help them develop and advance sport nationwide.