

1st4sport Level 1 in Coaching and Instructing Sport in Prisons (Basketball)



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Qualification Specification

Qualification Overview:	The 1st4sport Level 1 in Coaching and Instructing Sport in Prisons (Basketball) focuses on the skills and competences required to be able to deliver basketball sessions in a prison environment.						
Qualification Code:	603/5251/6	Level:	1	Age:	18	Registration Period:	1 year
Guided Learning (GL):	16 hours	Total Qualification Time (TQT):	38 hours	Operational From:	01 December 2019		
Progression Opportunities:	Progression opportunities include further employment within prison environments. Or externally to use the skills/knowledge gained as a prison coach for basketball sessions to progress onto other sport-specific and/or industry-relevant qualifications in coaching, such as the 1st4sport Level 2 Certificate in Coaching Basketball.						

Qualification Objective
What does this qualification cover?
This qualification equips existing P.E Officers in with the necessary skills and knowledge to deliver basketball sessions within a prison setting. A level 1 coach is able to deliver and review basketball coaching sessions within the prison environment. The qualification introduces learners to the practical and theoretical aspects of delivering and evaluating coaching sessions in basketball.
Who is the qualification for?
This qualification is designed for current P.E Officers employed by Her Majesty's Prison and Probation Service wishing to progress in their role as P.E Officers. It is solely for those who are already working in prisons and who have responsibility for delivering coaching sessions within the prison environment.
Who supports this qualification?
The qualification is recognised by the Prison Service College as the industry standard level 1 qualification for coaching sport within a prison environment. It is supported by, Basketball England – the national governing body for the sport of basketball.
Qualification Progression
What future education could this qualification lead to?
Learners could undertake additional pathway qualifications for the prison environment, 1st4sport Level 1 Coaching and Instructing Sport in Prisons (Badminton). The skills and knowledge developed through this qualification may also be used to progress externally to other industry-relevant qualifications in coaching sport, activity leadership, or sports development including the or the 1st4sport Level 2 Certificate in Basketball.
What future employment could this qualification lead to?
This qualification may lead to further employment in the prison service or externally to pursue a career in coaching sport.

Qualification Achievement
Entry Requirements for the Qualification
The recognised centre is required to conduct and evidence the initial assessment of learners to ensure that the pre-requisites to registration and certification are considered, and that the learner has the potential to achieve the qualification.
Prior to registration learners are required to:
<ul style="list-style-type: none"> • be accurately identified • be at least 18 years of age • be employed by Her Majesties Prison and Probation Service • be undertaking P.E Officer National Training • be able to communicate effectively in English (this includes listening, speaking, reading and writing).
How is the Qualification Achieved?
To achieve the 1st4sport Level 1 in Coaching and Instructing Sport in Prisons (Basketball) learners must successfully achieve three units: two mandatory units and the basketball-specific pathway unit. Achievement of the qualification is normally through attendance on a programme of learning and the successful completion of the 1st4sport Assessment Tasks contained within the 1st4sport Learner Portfolio.
What will be assessed?
Learners must:
<ul style="list-style-type: none"> • complete written tasks contained within the 1st4sport Learner Portfolio • demonstrate their ability to coach basketball sessions in a prison setting
Successful completion will result in the achievement of the qualification.

How will it be assessed?

This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.

Learning Outcomes that begin ‘The learner will **understand...**’ will be assessed through theory-based activities.

Learning Outcomes that begin ‘The learner will **be able to...**’ are assessed through practical activities.

For example:

Learning outcomes The learner will:	Assessment criteria The learner can:
1 understand how to ensure participants’ safety during sport specific coaching sessions	1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.
	1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.
2 be able to prepare resources for the coaching session	2.1 ensure that the identified resources meet the requirements of the activity.

Qualification Delivery

What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.

- a qualification administrator
- a qualification coordinator
- an appropriately qualified tutor/assessor.
A tutor/assessor is required to hold or be working towards a recognised Level 2 sports coaching qualification or above, hold a recognised teaching and assessing qualification and have experience of teaching and assessing
- an appropriately qualified internal quality assurer (IQA).
Internal quality assurers are required to hold or be working towards a recognised Level 2 sports coaching qualification or above and hold or be working towards a recognised internal quality assurance qualification.

Further information on workforce requirements are available from 1st4sport Qualifications on request.

What facilities are needed to be able to deliver this qualification?

The recognised centre is required to have one or more delivery sites which contain facilities to support the programme of learning and assessment. These must comply with health and safety regulations and have in place appropriate access arrangements. All training and/or assessment sites should include the following facilities:

- a practical space for coaching activities to be delivered.
- a space for theoretical sessions to be delivered with conditions conducive to learning
- toilet facilities.

Further information on facility requirements are available from 1st4sport Qualifications on request.

What equipment is needed to be able to deliver this qualification?

The recognised centre is required to have equipment in place to facilitate the full programme of learning and assessment which must comply with accepted health and safety practice and should include:

- sports or physical activity equipment to facilitate coaching activities.
- flip chart and a selection of coloured pens
- FIBA-approved basketballs appropriate to the needs of the learners (size 6 basketballs should be available for female learners), sufficient for one per learner
- a minimum of 4 BSI-approved baskets.

Further information on equipment requirements are available from 1st4sport Qualifications on request.

What qualification materials support this qualification?

This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include:

- *1st4sport Level 1 in Coaching and Instructing Sport in Prisons (Basketball) Qualification Handbook*, detailing the 1st4sport Qualification Approval Conditions (available via Athena)
- *1st4sport Level 1 in Coaching and Instructing Sport in Prisons (Basketball) Unit Specifications*, detailing the Learning Outcomes and Assessment Criteria for the qualification (available upon qualification approval being confirmed)
- *1st4sport Level 1 in Coaching and Instructing Sport in Prisons (Basketball) Learner Portfolio*, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification
- *1st4sport Level 1 in Coaching and Instructing Sport in Prisons (Basketball) Delivery, Assessment and Quality Assurance Approach*, containing delivery models, learning programme details, assessment guidance and internal quality assurance support.

How much does this qualification cost?

Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.

How to apply to deliver this qualification

Contact 1st4sport Qualifications, requesting qualification approval for the *1st4sport Level 1 in Coaching and Instructing Sport in Prisons (Basketball)*

Tel: 0113 290 7610

Email: enquiries@1st4sportqualifications.com

Website: www.1st4sportqualifications.com

Contacts

1st4sport Qualifications

Tel: 0113 290 7610

Email: enquiries@1st4sportqualifications.com

Website: www.1st4sportqualifications.com

UK Coaching

Tel: 0113 274 4802

Email: via www.ukcoaching.org/contact

Website: www.ukcoaching.org

SkillsActive

Tel: 0330 004 0005

Website: www.skillsactive.com

Ofqual

Tel: 0300 303 3344

Email: public.enquiries@ofqual.gov.uk

Website: www.gov.uk/government/organisations/ofqual

Qualification Structure (Rule of Combination)

Learners must successfully complete the two mandatory units and the basketball-specific pathway unit to achieve the qualification.

Mandatory Units

Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
The Role of the P.E Instructor	1	1	9	Y/617/8624	Written Tasks, Observation of Coaching
The P.E Instructor in Practice	1	2	9	D/617/8625	Written Tasks, Observation of Coaching

Sport and Physical Activity Pathway Unit

Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
Technical Coaching Requirements for Basketball	1	1	4	K/617/8627	Written Tasks, Observation of Coaching

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1st4sport Qualifications
Coachwise Ltd
Chelsea Close Off
Amberley Road
Armley
Leeds LS12 4HP

Tel: 0113 290 7610
Fax: 0113-231 9606

Email: enquiries@1st4sportqualifications.com
Website: www.1st4sportqualifications.com

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