

1st4sport Level 1 Award in Coaching Primary Rugby League



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Qualification Specification

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|-----------------------------------|--|--|--------|----------------------|----|-----------------------------|--------------|
| Qualification Overview: | This qualification prepares learners to coach primary rugby league teams (7 to 11 years of age). They will also be able to assist in coaching rugby league based activities planned by a more qualified coach, and will be able to contribute to the evaluation of the sessions. | | | | | | |
| Qualification Code: | 603/4728/4 | Level: | 1 | Age: | 16 | Registration Period: | 1 Year |
| Guided Learning (GL): | 16 hrs | Total Qualification Time (TQT): | 60 hrs | Credit Value: | 6 | Operational From: | 01 July 2019 |
| Progression Opportunities: | The qualification will enable successful learners to seek employment in a paid or voluntary capacity as a coach of primary rugby league, or to progress to the 1st4sport Level 2 Certificate in Coaching Rugby League. The skills and knowledge developed may also be used to enable learners to progress to other industry-relevant qualifications in coaching sport, physical activity, activity leadership, supporting PE in school sport and sports development. | | | | | | |

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| Qualification Objective |
| What does this qualification cover? |
| This qualification prepares learners for paid or voluntary employment as a coach in primary rugby league. A level 1 primary rugby league coach is able to plan, deliver and review single primary rugby league activity plans. Through the completion of the learning programme for this qualification, learners are introduced to the practical and theoretical aspects of planning, delivering and reviewing primary rugby league activities. |
| Who is the qualification for? |
| This qualification is designed for those who wish to become involved in rugby league through coaching primary rugby league and who are commencing their career pathway. It is directed at learners who have an interest in rugby league. The 1st4sport Level 1 Award in Coaching Primary Rugby League focuses on the role and skills required to be a coach working in structured and specific environments with children aged 7-11. |
| Who supports this qualification? |
| This qualification is recognised as the industry standard level 1 qualification in primary rugby league supported by the National Source Group for Rugby League and UK Coaching. |
| Qualification Progression |
| What future education could this qualification lead to? |
| This qualification sits within a suite of progressive coaching rugby league qualifications, and supports direct progression onto the 1st4sport Level 2 Certificate in Coaching Rugby League. The skills and knowledge developed may also be used to enable learners to progress to other industry-relevant qualifications in coaching sport, physical activity, activity leadership, supporting PE in school sport and sports development. |

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| What future employment could this qualification lead to? |
| This qualification may lead to paid work or unpaid voluntary roles in coaching sessions in primary rugby league. Other roles that the learner may consider exploring include activity leader, rugby league match official or sports volunteer |
| Qualification Achievement |
| Entry Requirements for the Qualification |
| Prior to registration for the qualification learners are required to: <ul style="list-style-type: none"> • be accurately identified • be at least 16 years of age • be able to communicate effectively in English¹ (this includes listening, speaking, reading and writing). <p>There are no additional pre-requisites to certification other than successful completion of the required assessments.</p> |
| How is the Qualification Achieved? |
| Achievement of the qualification is normally through attendance on a course of training and assessment. |
| What will be assessed? |
| Learners must: <ul style="list-style-type: none"> • complete a series of assessed tasks contained within their learner portfolio • demonstrate their ability to coach a primary rugby league session in a practical coaching assessment (either in their workplace or in a simulated environment). The learner portfolio and the practical demonstration are inclusive of all assessment criteria. Successful completion will result in the achievement of the qualification. |

¹ Learners must be able to understand the requirements of, and produce the evidence required for, the qualification and the information within the qualification materials in English without assistance. Where there is demand, this qualification may also be available in Welsh or Irish.

How will it be assessed?

This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.

Learning Outcomes that begin ‘The learner will **understand...**’ will be assessed through theory based activities.

Learning Outcomes that begin ‘The learner will **be able to...**’ are assessed through practical activities.

For example:

| Learning outcomes The learner will: | Assessment criteria The learner can: |
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| 1 understand how to ensure participants’ safety during sport specific coaching sessions | 1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition. |
| | 1.2 describe how to structure coaching sessions to minimise the risk of injury to participants. |
| 2 be able to prepare resources for the coaching session | 2.1 ensure that the identified resources meet the requirements of the activity. |

Qualification Delivery

What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.

- a qualification administrator
- a qualification coordinator
- an RFL accredited coach educator (tutor/assessor) to conduct training
- an RFL accredited internal quality assurer to conduct internal quality assurance (IQA)²

Further information on workforce requirements are available from 1st4sport Qualifications on request.

What facilities are needed to be able to deliver this qualification?

The recognised centre is required to have one or more delivery sites which contain facilities to support the programme of training and assessment.

- a grassed or AstroTurf playing area that is a minimum size of 50m x 68m (half the size of a regular rugby league pitch)
- a theory space for up to 24 learners which includes a classroom containing multimedia facilities, flip charts and flip chart pens

What equipment is needed to be able to deliver this qualification?

The recognised centre is required to have one or more delivery sites which contain facilities to support the programme of training and assessment. All delivery sites must include the following:

- a minimum of 12 rugby balls of appropriate size to the needs of the players/learners (sizes 3, 4 and 5)
- a minimum of 50 multi-coloured marker cones

The recognised centre must ensure that all learners and persons being coached wear appropriate sports apparel including correct footwear for the playing surface.

² Internal quality assurers must not tutor or assess on a course where they are completing the internal quality assurance.

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| What qualification materials support this qualification? |
| <p>This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include:</p> <ul style="list-style-type: none"> • <i>Qualification Handbook</i>, detailing the 1st4sport Qualification Approval Conditions • <i>Unit Specifications</i>, detailing the Learning Outcomes and Assessment criteria for the qualification • <i>Learner Portfolio</i>, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification. • <i>Delivery, Assessment and Quality Assurance Approach</i>, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance |
| How much does this qualification cost? |
| <p>Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.</p> |
| How to apply to deliver this qualification |
| <p>The <i>1st4sport Level 1 Award in Coaching Primary Rugby League</i> is only available for delivery by RFL centres.</p> |

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| Contacts |
| 1st4sport Qualifications |
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| RFL |
| <p>Website: therfl.co.uk Enquiries email: coaching@rfl.co.uk Telephone: 0113 234 5010</p> |
| SkillsActive |
| <p>Tel: 0330 004 0005 Website: www.skillsactive.com</p> |
| Ofqual |
| <p>Tel: 0300 303 3344 Email: public.enquiries@ofqual.gov.uk Website: www.gov.uk/government/organisations/ofqual</p> |

Qualification Structure (Rule of Combination)

This qualification consists of three mandatory units. Learners must successfully complete all three mandatory units.

Mandatory Units

| Unit Title | Level | Credit | GL | Reference | Assessment Method(s) |
|--|-------|--------|----|------------|--|
| The role of the primary rugby league coach | 1 | 1 | 2 | M/617/6572 | Written Tasks, Observation of Coaching |
| The primary rugby league coach in practice | 1 | 2 | 5 | T/617/6573 | Written Tasks, Observation of Coaching |
| Technical coaching requirements for primary rugby league | 1 | 3 | 9 | A/617/6574 | Written Tasks, Observation of Coaching |

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Developing and awarding qualifications for the active learning and leisure industry

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