

1st4sport Level 3 Certificate in Supporting the Delivery of Physical Education and School Sport



Qualification Specification

Qualification Overview:	This qualification introduces (or consolidates knowledge, depending on previous experience and qualifications) learners to a number of roles in providing Physical Education and School Sport (PESS).						
Qualification Code:	603/2130/1	Level:	3	Age:	17	Registration Period:	3 years
Guided Learning (GL):	120 hours	Total Qualification Time (TQT):	280 hours	Credit Value:	28	Operational From:	01 Sept. 2017
Progression Opportunities:	Learners can progress onto the Level 3 NVQ Diploma in Supporting the Delivery of Physical Education and School Sport or seek employment in a school sport setting as a physical education and school sport professional.						

Qualification Objective
What does this qualification cover?
This qualification introduces (or consolidates knowledge, depending on previous experience and qualifications) learners to a number of roles in providing Physical Education and School Sport (PESS). While it is delivered through the medium of PESS, the skills may be used by learners aspiring to work in other sporting roles, such as coaching.
Who is the qualification for?
This qualification will develop the learner's knowledge and skills in order to be able to independently lead the delivery of PE and sport programmes in a school sport environment.
Who supports this qualification?
The qualification has been designed and developed in partnership with the Association for Physical Education (afPE), utilising their expertise in the area of physical education and school sport.
Qualification Progression
What future education could this qualification lead to?
Learners may wish to undertake the following qualifications to further develop their understanding in this area: <ul style="list-style-type: none"> • 1st4sport Level 3 NVQ Diploma in Supporting the Delivery of Physical Education and School Sport • 1st4sport Level 3 Certificate in Supporting Physical Development and Physical Activity in the Early Years • 1st4sport Level 3 Award in Supporting the Delivery of Dance in Physical Education and School Sport Learners may also wish to undertake other relevant qualifications, such as: <ul style="list-style-type: none"> • a recognised Level 2 or Level 3 coaching qualification, where applicable • 1st4sport Level 2 Award in Multi-Skill Development in Sport

What future employment could this qualification lead to?
This qualification prepares learners for employment in a school sport setting through providing an introduction to opportunities to work as a physical education and school sport professional, such as a children's activity professional; sports development officer; sports coach; sports volunteer or leader.
The qualification can help you become a qualified Teaching Assistant (TA) or Higher Level Teaching Assistant (HLTA). This is because four of the components within this qualification are available within the complete Level 3 Award in Supporting Teaching and Learning in Schools. The qualification assessment has also been mapped against professional standards for teaching assistants developed in June 2016.
Qualification Achievement
Entry Requirements for the Qualification
Prior to registration for the qualification learners are required to: <ul style="list-style-type: none"> • be appropriately identified • be at least 17 years of age upon registration and 18 years of age at the point of certification • be able to communicate effectively in English And EITHER: <ul style="list-style-type: none"> • be in possession of a Level 2 Physical Education or sport-related qualification (<i>examples include the 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport, a regulated Level 2 Coaching qualification, or recognised equivalent and a Level 2 BTEC in Sport or related field.</i>) OR: <ul style="list-style-type: none"> • be able to evidence experience working within a classroom to support the delivery of a curriculum There are no further prerequisites prior to certification other than successful completion of all related 1st4sport assessed tasks, enabling full coverage of all learning outcomes and assessment criteria for this qualification.

How is the Qualification Achieved?	
Achievement of the qualification is through attendance on a course of training and assessment. All assessment is contained within the learner portfolio provided by 1st4sport Qualifications.	
What will be assessed?	
Learners must:	
<ul style="list-style-type: none"> complete a series of written tasks linked to the assessment criteria prepare for, lead and review a Physical Education and School Sport activity programme 	
How will it be assessed?	
This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.	
Learning Outcomes that begin 'The learner will understand... ' will be assessed through theory based activities.	
Learning Outcomes that begin 'The learner will be able to... ' are assessed through practical activities.	
For example:	
Learning outcomes	Assessment criteria
The learner will:	The learner can:
1 understand how to ensure participants' safety during sport specific coaching sessions	1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.
	1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.
2 be able to prepare resources for the coaching session	2.1 ensure that the identified resources meet the requirements of the activity.

Qualification Delivery
What workforce is needed to be able to deliver this qualification?
The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum:
<ul style="list-style-type: none"> a qualification administrator a qualification coordinator an appropriately qualified tutor who is required to have: <ul style="list-style-type: none"> attained QTS status recent and relevant experience delivering Physical Education in a school sport context OR: <ul style="list-style-type: none"> hold a Level 5 Diploma in Teaching in the Lifelong Learning Sector [DTLLS]/Level 3/4 Certificate in Teaching in the Lifelong Learning Sector [CTLLS] or a Certificate in Education or equivalent and have recent and relevant experience delivering Physical Education in a school sports context an appropriately qualified assessor who is required to have: <ul style="list-style-type: none"> attained QTS status recent and relevant experience delivering Physical Education in a school sport context OR: <ul style="list-style-type: none"> Hold or be working towards an assessor qualification
An Tutor qualified through either of the two routes detailed above may also assess the qualification.
An Assessor may also lead the teaching for this qualification, provided they meet the requirements for a Tutor detailed above.
<ul style="list-style-type: none"> an appropriately qualified internal quality assurer (IQA) who must: <ul style="list-style-type: none"> meet all of the tutor and assessor workforce criteria detailed above
It is advised, but not essential, that for those leading the internal verification/quality assurance of the qualification to hold or be working towards the Level 4 Award in the Internal Quality Assurance of Assessment Process and Practice or hold the V1 Unit, the 1st4sport Certificate in Internal Verification in Sport, Qualified Teacher Status, or ENTO unit D34. Evidence of this should be uploaded into <i>Athena</i> where possible.

What facilities are needed to be able to deliver this qualification?

The recognised centre is required to have one or more delivery sites which contain facilities to support the programme of learning and assessment. All training and/or assessment sites must include the following facilities:

- A classroom-type facility with chairs and tables (not benches) with sufficient ventilation and lighting suitable for both the size of the cohort and the workforce
- Toilets and changing room facilities for both male and female learners/participants
- A safe practical area for the delivery of suitable physical activities, if required.

Further information on facility requirements is available from 1st4sport Qualifications on request.

What equipment is needed to be able to deliver this qualification?

The recognised centre is required to have equipment in place to facilitate the full programme of learning and assessment. This may include

- an overhead projector and laptop computer
- flip chart paper
- a selection of coloured pens
- equipment suitable to the delivery of recognised PESS activities, such as mats and sports equipment

Further information on equipment requirements is available from 1st4sport Qualifications on request.

What qualification materials support this qualification?

This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include the *1st4sport Level 3 Certificate in Supporting the Delivery of Physical Education and School Sport*:

- *Qualification Manual*, detailing the 1st4sport Qualification Approval Conditions and the Delivery, Assessment and Quality Assurance Approach for this qualification
- *Unit Specifications*, detailing the Learning Outcomes and Assessment criteria for the qualification
- *Learner Portfolio*, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification.
- *Delivery, Assessment and Quality Assurance Approach*, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance

How much does this qualification cost?

Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.

How to apply to deliver this qualification

Contact 1st4sport Qualifications, requesting qualification approval for the 1st4sport Level 3 Certificate in Supporting the Delivery of Physical Education and School Sport.

Tel: 0113 290 7610

Email: enquiries@1st4sportqualifications.com

Website: www.1st4sportqualifications.com

Contacts

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afPE

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Email: enquiries@afpe.org.uk

Website: www.afpe.org.uk

SkillsActive

Tel: 0330 004 0005

Website: www.skillsactive.com

Ofqual

Tel: 0300 303 3344

Email: public.enquiries@ofqual.gov.uk

Website: www.gov.uk/government/organisations/ofqual

Qualification Structure (Rule of Combination)

This qualification consists of eight mandatory components. Learners must successfully complete all components in order to be awarded this qualification. Detailed component information is provided in Appendix A: Component Specifications.

Mandatory Units

Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
Communication and professional relationships with children, young people and adults	3	2	15	L/616/0380	Written Tasks, Observation of Session Delivery
Schools as organisations	3	2	18	R/616/0381	Written Tasks
Understand child and young person development	3	2	15	Y/616/0382	Written Tasks,
Understand how to safeguard the wellbeing of children and young people	3	2	18	M/616/0386	Written Tasks, Observation of Session Delivery
Support assessment for learning	3	3	16	T/616/0387	Written Tasks, Observation of Session Delivery
Plan physical education and school sport programmes	3	6	20	A/616/0387	Written Tasks, Observation of Session Delivery
Deliver physical education and school sport programmes	3	6	17	F/616/0389	Written Tasks, Observation of Session Delivery
Review the delivery of a physical education and school sport programme	3	5	11	T/616/0390	Written Tasks, Observation of Session Delivery

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