

1st4sport Level 3 Award in Emergency First Aid at Work



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Qualification Specification

Qualification Overview:	The 1st4sport Level 3 Award in Emergency First Aid at Work focuses on the knowledge, skills and competences required to be deployed as an emergency first aider in the workplace.						
Qualification Code:	603/2263/9	Level:	3	Age:	16+	Registration Period:	8 weeks
Guided Learning (GL):	6-7 hours	Total Qualification Time (TQT)	7 hours	Credit Value:	N/A	Operational From:	01 October 2017
Progression Opportunities:	Holders of the 1st4sport Level 3 Award in Emergency First Aid at Work can be deployed as an emergency first aider within the workplace.						

Qualification Objective
What does this qualification cover?
The 1st4sport Level 3 Award in Emergency First Aid at Work prepares learners to be able to fulfil the role of an emergency first aider in the workplace and are able to assess an incident, to recognise the signs and symptoms of, and to assist a casualty who is suffering from, injury and illness in a safe and effective manner.
The 1st4sport Level 3 Award in Emergency First Aid at Work is valid for three years from the date of certification. Learners must requalify every three years to maintain their status as an emergency first aider.
Who is the qualification for?
The qualification is designed for individuals wishing to obtain a regulated qualification in First-Aid at Work and be relied upon to perform emergency first-aid in a work environment. For this reason, this qualification is available to all individuals over the age of 16.
Who supports this qualification?
The 1st4sport Level 3 Award in Emergency First Aid at Work is supported by the HSE, and meets the requirements of the HSE First Aid Regulations 1981. 1st4sport Qualifications is an active member of the First Aid at Work Forum – a group formed in response to regulatory requirements for Awarding Organisations to standardise delivery and quality assurance arrangements.
Qualification Progression
What future education could this qualification lead to?
There is no specific exit route in terms of opportunities available following successful completion of the qualification. However, receipt of a regulated Emergency First Aid at Work qualification may allow access to certain qualifications where first-aid may play a role.

What future employment could this qualification lead to?
This qualification will allow learners to take on additional responsibility within the workplace as an emergency first aider. Holding this qualification may also support applications for work, adding value to the learner's résumé.
Qualification Achievement
Entry Requirements for the Qualification
Prior to registration learners are required to:
<ul style="list-style-type: none"> • be accurately identified¹ • be at least 16 years of age • be able to communicate effectively in English² (this includes listening, speaking, reading and writing).
There are no additional pre-requisites to certification other than successful completion of the required assessment.
How is the Qualification Achieved?
Achievement of this qualification is through attendance on a course of training and assessment, six hours of which must be completed via face-to-face learning. A maximum of one hour can be delivered via an appropriate online learning module or pre-course learning. If no online or pre-course learning is deployed, the face-to-face hours must be seven hours. When deploying online or pre-course delivery, it is recommended the recognised centre check the learning completed off-course by the learner during the opening hour of the face-to-face training to ensure all learners have prepared appropriately.

¹ Learner identity check must be completed in the learner induction.

² Learners must be able to understand the requirements of the qualification and the information within the qualification materials in English without assistance. Where there is demand, this qualification may also be available in Welsh or Irish.

What will be assessed?	
<p>Learners must:</p> <ul style="list-style-type: none"> complete a series of written tasks. This will include the role and responsibilities of a first aider and elements concerning how to respond to an incident perform a series of actions in response to given criteria or situations 	
How will it be assessed?	
<p>This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.</p> <p>Learning Outcomes that begin ‘The learner will understand...’ will be assessed through theory based activities.</p> <p>Learning Outcomes that begin ‘The learner will be able to...’ are assessed through practical activities.</p> <p>For example:</p>	
Learning outcomes The learner will:	Assessment criteria The learner can:
<p>1 understand how to ensure participants’ safety during sport specific coaching sessions</p>	<p>1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.</p>
	<p>1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.</p>
<p>2 be able to prepare resources for the coaching session</p>	<p>2.1 ensure that the identified resources meet the requirements of the activity.</p>

Qualification Delivery
What workforce is needed to be able to deliver this qualification?
<p>The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.</p> <ul style="list-style-type: none"> a qualification administrator a qualification coordinator an appropriately qualified tutor/assessor: an appropriately qualified internal quality assurer (IQA) <p>Further information on workforce requirements are available from 1st4sport Qualifications on request.</p>
What facilities are needed to be able to deliver this qualification?
<p>The recognised centre is required to have one or more delivery sites which contain facilities to support the programme of learning and assessment. These must comply with health and safety regulations and have in place appropriate access arrangements. All training and/or assessment sites should include the following facilities:</p> <ul style="list-style-type: none"> a practical space for coaching activities to be delivered. a space for theoretical sessions to be delivered with conditions conducive to learning male and female changing facilities. <p>Further information on facility requirements are available from 1st4sport Qualifications in request.</p>

What equipment is needed to be able to deliver this qualification?

The recognised centre is required to have equipment in place to facilitate the full programme of learning and assessment which must comply with accepted health and safety practice and include as a minimum:

- one CPR manikin to every four learners
- one training AED to every four learners
- first aid kit – to use as an example for learners on the course
- rescue breathing face shields (one per learner) or the facilities to sterilise the manikin face between each learner's use (e.g. medi-wipes)
- triangular bandages (one for every two learners)
- sterile gauze pads (one per learner)
- disposable gloves to be worn by all learners and workforce during practical sessions
- sterile adhesive dressing³.

What qualification materials support this qualification?

The recognised centre may use either the materials provided by 1st4sport or create appropriate alternatives, to be approved by the External Quality Assurer. The following materials are available for use during delivery:

- *1st4sport Level 3 Award in Emergency First Aid at Work Qualification Manual*, detailing the 1st4sport Qualification Approval Conditions and the Delivery, Assessment and Quality Assurance Approach for this qualification
- *1st4sport Level 3 Award in Emergency First Aid at Work Unit Specifications*, detailing the Learning Outcomes and Assessment criteria for the qualification
- *1st4sport Level 3 Award in Emergency First Aid at Work Learner Portfolio*, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification.
- *1st4sport Level 3 Award in Emergency First Aid at Work Delivery, Assessment and Quality Assurance Approach*, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance

How much does this qualification cost?

Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.

How to apply to deliver this qualification

Contact 1st4sport Qualifications, requesting qualification approval for the 1st4sport Level 1 Award in Coaching (Sport and Physical Activity)

Tel: 0113 290 7610
 Email: enquiries@1st4sportqualifications.com
 Website: www.1st4sportqualifications.com

Contacts

1st4sport Qualifications

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 Email: enquiries@1st4sportqualifications.com
 Website: www.1st4sportqualifications.com

Skills for Health

Tel: 0117 922 1155
 Email: qualifications@skillsforhealth.org.uk
 Website: www.skillsforhealth.org.uk

Ofqual

Tel: 0300 303 3344
 Email: public.enquiries@ofqual.gov.uk
 Website: www.gov.uk/government/organisations/ofqual

³ A number of these items are available as part of a pack for each registered learner which is sent to the recognised centre upon registration or learners. This pack contains the following: dressings, gloves, face shields and plasters. 1st4sport recommend the recognised centre

keeps some spares on hand should any supplied resources be damaged or lost during course delivery.

Qualification Structure (Rule of Combination)

This qualification is comprised of one mandatory component. All learners must successfully complete this mandatory component in order to achieve the qualification.

Mandatory Units

Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
Emergency First Aid in the Workplace	3	N/A	6-7	T/616/1457	Written Tasks, Practical Demonstration

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