

# 1st4sport Level 2 Award in Sessional Hockey Coaching



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## Qualification Specification

<b>Qualification Overview:</b>	This qualification is designed to provide a benefit to learners on the basis that it prepares them for employment as a sessional coach in hockey						
<b>Qualification Code:</b>	603/1015/7	<b>Level:</b>	2	<b>Age:</b>	18 +	<b>Registration Period:</b>	2 Years
<b>Guided Learning (GL):</b>	17	<b>Total Qualification Time (TQT)</b>	34	<b>Operational From:</b>	1 February 2017		
<b>Progression Opportunities</b>	The qualification sits within a suite of progressive coaching sport qualifications, and based on the role the coach is playing can support direct progression onto the 1st4sport Level 2 Certificate in Coaching Hockey. This qualification may lead to paid employment or unpaid voluntary roles in coaching sessions in hockey either working independently or as part of a coaching team.						

Qualification Objective
What does this qualification cover?
A sessional hockey coach is able to plan, deliver and review hockey sessions independently (if over the age of 18), although they may work as part of a larger coaching or physical activity team. In attending the qualification, learners are introduced to the practical and theoretical aspects of planning, delivering and reviewing safe coaching sessions in hockey.
Who is the qualification for?
The qualification is designed for those who have a minimum of a year's experience of delivering relevant hockey sessions and have an insight into the new GB Coaching Strategy through attendance at a Great Britain Coaching Club Workshop. The qualification is suitable for those who coach hockey sessions to children or adults through <i>Back 2 Hockey</i> , After School Clubs, Summer Camps and Adult Club Participation. Coaches may also find this course beneficial if they are supporting sessions in a Hockey programme (ie Club Team, JDC, JAC or School Team).
Who supports this qualification?
<p>The qualification is recognised as the industry standard level 2 qualification for session coaches in hockey by England Hockey, Great Britain Hockey, Hockey Wales and Scottish Hockey. It is further supported by UK Coaching.</p> <p>The support is focused on the benefits of the qualification for learners, the objective of the qualification and the predicted learner demand. This information was gathered through valid research and consultation with a range of stakeholders including potential employers and the delivery workforce for hockey qualifications.</p>

Qualification Progression
What future education could this qualification lead to?
The qualification sits within a suite of progressive coaching sport qualifications, and based on the role the coach is playing can support direct progression onto the <i>1st4sport Level 2 Certificate in Coaching Hockey</i> . The skills and knowledge developed may also be used to enable learners to progress to other industry-relevant qualifications in coaching sport, physical activity, activity leadership, supporting PE in school sport and sports development.
What future employment could this qualification lead to?
This qualification may lead to paid employment or unpaid voluntary roles in coaching sessions in hockey either working independently or as part of a coaching team.
Qualification Achievement
Entry Requirements for the Qualification
<p>Prior to registration for the qualification learners are required to:</p> <ul style="list-style-type: none"> <li>• be accurately identified</li> <li>• be 18 years of age or over</li> <li>• be able to communicate effectively in English<sup>1</sup> (this includes listening, speaking, reading and writing)</li> <li>• be able to demonstrate understanding of the skills within the technical coaching requirements for hockey</li> <li>• have experience of delivering relevant hockey sessions over the previous 12 months</li> <li>• have attended a minimum of 1 workshop from the Great Britain Coaching Club Programme over the last 24 months</li> </ul> <p>Prior to certification for the qualification, learners are required to have attended a recognised safeguarding workshop (not online).</p>

<sup>1</sup> Learners must be able to understand the requirements of the qualification and the information within the qualification materials in English without assistance. Where there is demand, this qualification may also be available in Welsh or Irish.

How is the Qualification Achieved?
This qualification is normally achieved through attending a programme of learning and assessment.
What will be assessed?
<p>Achievement of the qualification is normally through attendance on a course of training and assessment. The assessment specification requires learners to complete tasks pre-standardised by 1st4sport to create a portfolio of evidence which includes:</p> <ul style="list-style-type: none"> <li>• development of a sessional hockey coach profile</li> <li>• development of a profile of players</li> <li>• inclusive practice activity</li> <li>• assessment of risks</li> <li>• plan, delivery and review of a simulated coaching session in hockey.</li> <li>• observation of another coach</li> <li>• personal development plan</li> </ul> <p>The standardized assessment tasks are inclusive of all assessment criteria and must be sourced via the web based online e portfolio mechanism <i>My Training Diary</i> delivered by England Hockey. Successful completion will result in the achievement of the qualification.</p>

How will it be assessed?	
This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.	
Learning Outcomes that begin ‘The learner will <b>understand...</b> ’ will be assessed through theory based activities.	
Learning Outcomes that begin ‘The learner will <b>be able to...</b> ’ are assessed through practical activities.	
For example:	
Learning outcomes The learner will:	Assessment criteria The learner can:
1 <b>understand</b> how to ensure participants’ safety during sport specific coaching sessions	1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.
	1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.
2 <b>be able to</b> prepare resources for the coaching session	2.1 ensure that the identified resources meet the requirements of the activity.

## Qualification Delivery

### What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.

- a qualification administrator
- a qualification coordinator
- an appropriately qualified tutor; examples of accepted qualifications: *Level 3 Award in Education and Training; Level 3/4 Award in Preparing to Teach in the Lifelong Learning Sector (PTLLS); 1st4sport Level 3 Award in Delivering Learning (L3ADLQ); 1st4sport Level 3 Certificate in Tutoring Sport (CTS); Level 4 Certificate in Education and Training; Level 5 Diploma in Education and Training; Level 3/4 Certificate in Teaching in the Lifelong Learning Sector (CTLTS); Level 5 Diploma in Teaching in the Lifelong Learning Sector (DTLLS); Post Graduate Certificate in Education*
- an appropriately qualified assessor; examples of accepted qualifications: *Level 3 Award in Assessing Vocationally Related Achievement; Level 3 Certificate in Assessing Vocational Achievement; A1 Assess candidate performance using a range of methods.*
- an appropriately qualified internal quality assurer (IQA); examples of accepted qualifications: *Level 4 Award in Internal Quality Assurance of Assessment Processes and Practice; Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practice; 1st4sport Level 3 Certificate in Internal Verification Practice in Sport (CIVPS); V1 Conduct internal quality assurance of the assessment process.*

Further information on workforce requirements are available from 1st4sport Qualifications on request.

### What facilities are needed to be able to deliver this qualification?

The recognised centre is required to have one or more delivery sites which contain facilities to support the delivery of the full programme of training and assessment. All delivery sites must comply with accepted health and safety practices for hockey and have in place appropriate access arrangements. All training and/or assessment sites must include the following facilities:

- artificial turf hockey pitch with flood lights
- minimum two pairs of goals
- covered dug outs
- access to shelter, changing rooms and toilet facilities
- a theory space for up to 20 learners with tables and chairs
- toilet facilities.

Ideally, there should also be an area/indoor space to use for carrying out practical activities in inclement weather conditions.

The weather and environment must be conducive to learning, and lighting and temperature appropriate to the participant and learner needs. The space surrounding the playing area must be safe and free of obstructions.

### What equipment is needed to be able to deliver this qualification?

The recognised centre must ensure that all learners and persons being coached wear appropriate sports apparel including correct footwear for the playing surface and a whistle.

Goalkeepers should wear full protective clothing and it is strongly encouraged for learners to use:

- shin guards
- mouth guards

The recognised centre must also have in its possession:

- IT equipment including lap top, projector, extension cable and screen or similar

<b>What qualification materials support this qualification?</b>
<p>This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include <i>1st4sport Level 2 Award in Sessional Hockey Coaching</i>:</p> <ul style="list-style-type: none"> <li>• <i>Qualification Handbook</i>, detailing the 1st4sport Qualification Approval Conditions and the Delivery, Assessment and Quality Assurance Approach for this qualification</li> <li>• <i>Unit Specifications</i>, detailing the Learning Outcomes and Assessment criteria for the qualification</li> <li>• <i>Learner Portfolio</i>, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification.</li> <li>• <i>Qualification Handbook Delivery, Assessment and Quality Assurance Approach</i>, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance</li> </ul>
<b>How much does this qualification cost?</b>
<p>Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.</p>
<b>How to apply to deliver this qualification</b>
<p>Contact 1st4sport Qualifications, requesting qualification approval for the <i>1st4sport Level 2 Award in Sessional Hockey Coaching</i>:</p> <p>Tel: 0113 290 7610          Email: <a href="mailto:centreservices@1st4sportqualifications.com">centreservices@1st4sportqualifications.com</a>          Website: <a href="http://www.1st4sportqualifications.com">www.1st4sportqualifications.com</a></p>

<b>Contacts</b>
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<b>UK Coaching</b>
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<b>SkillsActive</b>
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<b>Ofqual</b>
<p>Website: <a href="http://www.gov.uk/government/organisations/ofqual">www.gov.uk/government/organisations/ofqual</a>          Enquiries email: <a href="mailto:public.enquiries@ofqual.gov.uk">public.enquiries@ofqual.gov.uk</a>          Telephone: 0300 303 3344</p>
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<p>Website: <a href="http://England Hockey">England Hockey</a>          Enquiries email: <a href="mailto:Coaching@englandhockey.co.uk">Coaching@englandhockey.co.uk</a>          Telephone: 01628 897515</p>
<b>Hockey Wales Contact Details</b>
<p>Website: <a href="http://hockeywales.org.uk/">http://hockeywales.org.uk/</a>          Enquiries email: <a href="mailto:info@hockeywales.org.uk">info@hockeywales.org.uk</a></p>
<b>Scottish Hockey Contact Details</b>
<p>Website: <a href="http://www.scottish-hockey.org.uk/">http://www.scottish-hockey.org.uk/</a>          Telephone: 0141 550 5999</p>
<b>Qualifications Wales</b>
<p>Website: <a href="http://qualificationswales.org">qualificationswales.org</a></p>

### Qualification Structure (Rule of Combination)

This qualification consists of three mandatory units. Learners must successfully complete all mandatory units to achieve the qualification.

### Mandatory Units

Unit Title	Level	GL	Reference	Assessment Method(s)
Principles of hockey coaching	2	5	F/615/4642	Written Tasks, Observation of Coaching
Applying the golden thread to hockey sessions	2	6	J/615/4643	Written Tasks, Observation of Coaching
Applying national development themes to hockey sessions	2	6	L/615/4644	Written Tasks, Observation of Coaching

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