

1st4sport Level 2 Certificate in Coaching Taekwondo (World Taekwondo) Qualification Specification

Qualification Overview:

This qualification provides the learner with the understanding of their roles and responsibilities as a Taekwondo coach at this level. The learners will also be provided with the knowledge to be able to plan, deliver and review linked coaching Taekwondo sessions that show progression.

Qualification Code:	603/0184/3
Level:	2
Age:	17
Registration Period:	2 years
Guided Learning (GL):	27
Total Qualification Time (TQT):	129
Credit Value:	13
Operational From:	01 August 2016

Progression Opportunities:

Learners who successfully achieve this qualification are eligible to seek employment in a paid capacity or as a volunteer. The skills and knowledge developed may be used to enable learners to progress to other industry-relevant qualifications in coaching sport, activity leadership, supporting PE in school sport and sports development, refereeing, umpire events staff.



Qualification Objective
What does this qualification cover?
The objective of the Level 2 Certificate in Coaching Taekwondo is to provide a benefit to learners through an introduction into the principles/practice of safe, ethical and effective management and coaching of Taekwondo coaching sessions to adults and/or young people in an appropriate environment.
Who is the qualification for?
The qualification is designed for those who wish to become involved in Taekwondo as an independent coach, and wish to take responsibility for the ongoing development of participants. This qualification is aimed at learners who have achieved a 1 st Degree/Dan Black Belt/tag (dependent on pathway chosen), may currently operate at a community club or aspire to do so, those who already have instructor status or support a club instructor, under supervision, or who have achieved a leadership qualification in the delivery of Taekwondo.
Who supports this qualification?
The qualification is recognised as the industry standard level 2 Taekwondo qualification for coaches by UK Coaching. The support is focused on the benefits of the qualification for learners, the objective of the qualification and the predicted learner demand. This information was gathered through valid research and consultation with the British Taekwondo Council and British Taekwondo.
Qualification Progression
What future education could this qualification lead to?
Learners completing this qualification may choose to broaden their knowledge by undertaking an alternative sport specific Level 2 qualification, or progress to an alternative sport specific Level 3 qualification. The skills and knowledge developed may be used to enable learners to progress to other industry-relevant qualifications in coaching sport, activity leadership, supporting PE in school sport and sports development, refereeing, umpire events staff.

What future employment could this qualification lead to?
This qualification may lead to paid employment or unpaid voluntary roles in coaching Taekwondo, either working independently or as part of a coaching team. Other roles that the learner may consider exploring include Activity Leader, Official and Sports Volunteer.
This qualification will also support learners who aspire to, or are currently coaching Taekwondo within a community club, working in schools and/or with county sports partnerships and local authorities.
Qualification Achievement
Entry Requirements for the Qualification
The recognised centre is required to conduct an initial assessment of learners to ensure that pre-requisites to registration and certification are considered and outcomes recorded during the application process. Prior to registration learners are required to: <ul style="list-style-type: none"> • be accurately identified • be at least 17 years of age • be able to communicate effectively in English¹ (this includes listening, speaking, reading and writing) • hold minimum 1st Dan black tag <p>Prior to certification learners are required to:</p> <ul style="list-style-type: none"> • be at least 18 years of age
How is the Qualification Achieved?
Achievement of the qualification is normally through attendance on the <i>National Governing Body of Sport Programme of Learning and Assessment</i> which ensures completion of the <i>1st4sport Learner Portfolio</i> and all assessed tasks.

¹ Learners must be able to understand the requirements of the qualification and the information within the qualification materials in English without assistance. Where there is demand, this qualification may also be available in Welsh or Irish.

What will be assessed?	
<p>Learners must demonstrate:</p> <ul style="list-style-type: none"> complete a series of written assessed tasks consisting of short answers questions and template completion plan, deliver and evaluate a minimum of eight coaching sessions in Taekwondo. Six of the eight sessions must be linked and progressive, and working with the same group of participants in order to monitor and review any progress made. demonstrate their ability to plan, deliver and review one 15 minute practical coaching session in a simulated environment. This session will be planned for, and delivered to a different participant type to the linked and progressive sessions e.g. adults/youths/ children/disabled/non-disabled. 	
How will it be assessed?	
<p>This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.</p> <p>Learning Outcomes that begin ‘The learner will understand...’ will be assessed through theory based activities.</p> <p>Learning Outcomes that begin ‘The learner will be able to...’ are assessed through practical activities. For example:</p>	
Learning outcomes	Assessment criteria
The learner will:	The learner can:
<p>1 understand how to ensure participants’ safety during sport specific coaching sessions</p>	<p>1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.</p> <p>1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.</p>
<p>2 be able to prepare resources for the coaching session</p>	<p>2.1 ensure that the identified resources meet the requirements of the activity.</p>

Qualification Delivery
What workforce is needed to be able to deliver this qualification?
<p>The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.</p> <ul style="list-style-type: none"> a qualification administrator a qualification coordinator an appropriately qualified tutor/assessor an appropriately qualified internal quality assurer (IQA) <p>Further information on workforce requirements are available from 1st4sport Qualifications on request.</p>
What facilities are needed to be able to deliver this qualification?
<p>All delivery sites must include the following:</p> <ul style="list-style-type: none"> a practical space for Taekwondo coaching activities to be delivered a space for theoretical sessions to be delivered with conditions conducive to learning Toilets and changing room facilities for both male and female learners/participants.
What equipment is needed to be able to deliver this qualification?
<p>The recognised centres must provide:</p> <ul style="list-style-type: none"> sports equipment to facilitate chosen coaching activities (kick shields, focus pads/paddles, cones, balls, skipping ropes, etc) enough tables and chairs for each learner clear wall or screen for projection projector or connection to screen power extension lead flip chart <p>All learners and persons being coached must</p> <ul style="list-style-type: none"> wear appropriate sports apparel, including correct footwear for the surface and environment. This should include: martial art training shoes, dobok, sparring gear, umpire apparel, etc. (Provided by recognised centre)

<p>What qualification materials support this qualification?</p>
<p>This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include:</p> <ul style="list-style-type: none"> • <i>Qualification Handbook</i>, detailing the 1st4sport Qualification Approval Conditions and the Delivery, Assessment and Quality Assurance Approach for this qualification • <i>Unit Specifications</i>, detailing the Learning Outcomes and Assessment criteria for the qualification • <i>Learner Portfolio</i>, containing a series of pre-standardised assessment tools and templates to support the learner’s achievement of the qualification. • <i>Delivery, Assessment and Quality Assurance Approach</i>, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance
<p>How much does this qualification cost?</p>
<p>Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.</p>
<p>How to apply to deliver this qualification</p>
<p>Contact 1st4sport Qualifications, requesting qualification approval for the 1st4sport Level 2 Certificate in Coaching Taekwondo</p> <p>Tel: 0113 290 7610 Email: enquiries@1st4sportqualifications.com Website: www.1st4sportqualifications.com</p>
<p>Contacts</p>
<p>1st4sport Qualifications</p>
<p>Tel: 0113 290 7610 Email: enquiries@1st4sportqualifications.com Website: www.1st4sportqualifications.com</p>
<p>Ofqual</p>
<p>Tel: 0300 303 3344 Email: public.enquiries@ofqual.gov.uk Website: www.gov.uk/government/organisations/ofqual</p>

Qualification Structure (Rule of Combination)

This qualification consists of four mandatory units and two optional units. Learners are required to successfully complete all four mandatory units and one of the two optional units in order to achieve the qualification. The four mandatory units are required to be delivered in the context of the fifth optional unit.

Mandatory Units

Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
The role of the Taekwondo coach	2	2	5	R/615/0966	Written Tasks Observation of Coaching
Plan a series of Taekwondo coaching sessions	2	3	4	J/615/0947	Written Tasks Observation of Coaching
Deliver a series of Taekwondo coaching sessions	2	3	12	R/615/0949	Written Tasks Observation of Coaching
Review a series of Taekwondo coaching sessions	2	2	6	L/615/0982	Written Tasks Observation of Coaching

Optional Pathway Units

Technical Coaching Requirements for Taekwondo International Taekwondo Federation/ /Independent (including Kukkiwon)	2	1	7	L/615/0951	Written Tasks Observation of Coaching
Technical Coaching Requirements for Taekwondo (World Taekwondo Federation style)	2	2	7	Y/615/0953	Written Tasks Observation of Coaching

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1st4sport Qualifications
Coachwise Ltd
Chelsea Close Off
Amberley Road
Armley
Leeds LS12 4HP

Tel: 0113 290 7610
Fax: 0113-231 9606

Email: enquiries@1st4sportqualifications.com
Website: www.1st4sportqualifications.com

Developing and awarding qualifications for the active learning and leisure industry

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