

1st4sport Level 2 Certificate in Coaching Judo



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Qualification Specification

Qualification Overview:	This qualification provides the learner with the understanding of their roles and responsibilities as a Judo coach at this level. The learners will also be provided with the knowledge to be able to plan, deliver and review linked coaching judo sessions that show progression.						
Qualification Code:	603/1611/1	Level:	2	Age:	17	Registration Period:	2 years
Guided Learning (GL):	40	Total Qualification Time (TQT):	125	Credit Value:	13	Operational From:	01 June 2017
Progression Opportunities	Learners who successfully achieve this qualification are eligible to seek employment in a paid capacity or as a volunteer. Following a period of time coaching judo learner are able to seek application onto the 1st4sport Level 3 Certificate in Coaching Judo.						

Qualification Objective
What does this qualification cover?
The objective of the Level 2 Certificate in Coaching Judo is to provide a benefit to learners through an introduction into the principles/practice of safe, ethical and effective management and coaching of Judo coaching sessions to adults and/or young people in an appropriate environment.
Who is the qualification for?
The qualification is designed to prepare aspiring coaches for employment as a Judo Coach in paid or voluntary roles. It is appropriate for existing Judo Coaching Assistants (UKCC Level 1) wishing to further develop coaching skills and deployment opportunities in Judo.
Who supports this qualification?
This qualification is supported by the NSG for Judo comprised of the National Governing Bodies (British Judo Association, JudoScotland, Welsh Judo Association and the Northern Ireland Judo Federation) as the trade association and employers for Judo. A range of technical experts from within the National Source Group for Judo have provided technical input in the development of this qualification. The qualification is also endorsed by the trade association for coaches, UK Coaching, as meeting its UKCC criteria.
Qualification Progression
What future education could this qualification lead to?
Following a period of practice as a qualified Judo coach, learners may also choose to follow a programme of training for the 1st4sport Level 3 Certificate in Coaching Judo, which has been designed to meet the needs of coaches working with performance players.
What future employment could this qualification lead to?
This qualification leads to paid or voluntary roles in coaching the sport of Judo to adults and young people children in local Judo clubs, Dojos, in schools and in colleges. The skills and knowledge developed through this qualification may also be used enable learners to progress to other industry-relevant qualifications in coaching other sports, activity leadership, supporting PE in school sport and sports development.

Qualification Achievement
Entry Requirements for the Qualification
Prior to registration for the qualification learners are required to: <ul style="list-style-type: none"> • be accurately identified • be at least 17 years of age • hold a minimum British Judo Association (BJA) grade of 1st Kyu (Brown Belt) or a BJA-recognised equivalent • be able to communicate effectively in English (this includes listening, speaking, reading and writing). <p>Prior to certification, learners must:</p> <ul style="list-style-type: none"> • be 18 years of age • have evidence of successfully attended a first-aid training course within the last three years to include basic life support as a minimum • have evidence of having successfully attended a 'Safeguarding and Protecting Children' workshop within the last three years
How is the Qualification Achieved?
Achievement of the qualification is normally through attendance on the <i>National Source Group (NSG) for Judo Programme of Learning and Assessment</i> which ensures completion of the <i>1st4sport Learner Portfolio</i> and all assessed tasks.
What will be assessed?
Learners must demonstrate: <ul style="list-style-type: none"> • An appropriate level of knowledge and understanding of this unit via performance, simulation, tasks and/or assignments. • An outline plan for a series of six judo coaching sessions • Individual plans for each of the series of six coaching sessions in judo as identified in the outline plan that demonstrate a progression • A written plan/schedule for the series of six sessions that identifies the evaluation methods • A risk assessment for each coaching venue • The delivery of the six coaching sessions planned • The observation and internal assessment of the delivery of one session (in addition to the above six)

- The observation and independent assessment of the delivery of one session (in addition to the above) by an appropriately qualified independent assessor

How will it be assessed?

This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.

Learning Outcomes that begin ‘The learner will **understand...**’ will be assessed through theory based activities.

Learning Outcomes that begin ‘The learner will **be able to...**’ are assessed through practical activities. For example:

Learning outcomes The learner will:	Assessment criteria The learner can:
1 understand how to ensure participants’ safety during sport specific coaching sessions	1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.
	1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.
2 be able to prepare resources for the coaching session	2.1 ensure that the identified resources meet the requirements of the activity.

Qualification Delivery

What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.

- a qualification administrator
- a qualification coordinator
- an appropriately qualified tutor/assessor
- an appropriately qualified internal quality assurer (IQA)

Further information on workforce requirements are available from 1st4sport Qualifications on request.

What facilities are needed to be able to deliver this qualification?

All training and/or assessment sites must include the following facilities:

- a minimum 10m x 10m mat area (recommended density 230kg/m³) – alternative dimensions may be considered appropriate at the discretion of the BJA. This would be agreed during the delivery site registration process
- a theory space for up to 20 learners which includes a classroom containing multimedia facilities, flip charts and flip chart pens.

The environment must be conducive to learning; lighting and temperature appropriate to the participant and learner needs. The space surrounding the playing area must be safe and free of obstructions.

What equipment is needed to be able to deliver this qualification?

All learners and persons being coached must wear appropriate sports apparel, including correct footwear for the surface and environment. This should include:

- Zori (slippers) or other appropriate footwear to be worn between the changing area and the matside
- Judogi (judo suit) for the mat-based sessions.

Judogi should meet the requirements as laid down in the current *BJA Contest Rules* publication.

<p>What qualification materials support this qualification?</p> <p>This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include:</p> <ul style="list-style-type: none"> • <i>Qualification Handbook</i>, detailing the 1st4sport Qualification Approval Conditions and the Delivery, Assessment and Quality Assurance Approach for this qualification • <i>Unit Specifications</i>, detailing the Learning Outcomes and Assessment criteria for the qualification • <i>Learner Portfolio</i>, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification. • <i>Delivery, Assessment and Quality Assurance Approach</i>, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance
<p>How much does this qualification cost?</p> <p>Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.</p>
<p>How to apply to deliver this qualification</p> <p>Contact 1st4sport Qualifications, requesting qualification approval for the 1st4sport Level 2 Certificate in Coaching Judo</p> <p>Tel: 0113 290 7610 Email: enquiries@1st4sportqualifications.com Website: www.1st4sportqualifications.com</p>
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<p>UK Coaching</p> <p>Tel: 0113 274 4802 Email: via www.ukcoaching.org/contact Website: www.ukcoaching.org</p>
<p>British Judo Association</p> <p>Website: britishjudo.org.uk Enquiries email: bjabritishjudo.org.uk Telephone: 01509-631 670</p>
<p>Welsh Judo Association</p> <p>Website: welshjudo.com Enquiries email: office@welshjudo.com Telephone: 02920-334 945</p>
<p>Northern Ireland Judo Federation</p> <p>Website: nijudo.com/ Enquiries email available via nijudo.com/?page_id=126 Telephone: 028-9038 3814</p>
<p>Judo Scotland Contact Details</p> <p>Website: judoscotland.com Enquiries email: info@judoscotland.com Telephone: 0131-333 2981</p>
<p>SkillsActive</p> <p>Tel: 0330 004 0005 Website: www.skillsactive.com</p>
<p>Ofqual</p> <p>Tel: 0300 303 3344 Email: public.enquiries@ofqual.gov.uk Website: www.gov.uk/government/organisations/ofqual</p>

Qualification Structure (Rule of Combination)

Learners must successfully achieve all 13 credits from the five mandatory units in order to achieve the 1st4sport Level 2 Certificate in Coaching Judo.

Mandatory Units

Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
The role of the Judo coach	2	1	2	K/615/7518	Written Tasks, Observation of Coaching
Plan a series of Judo coaching sessions	2	2	10	M/615/7522	Written Tasks, Observation of Coaching
Deliver a series of Judo coaching sessions	2	3	8	H/615/7534	Written Tasks, Observation of Coaching
Review a series Judo of coaching sessions	2	3	8	F/615/7539	Written Tasks, Observation of Coaching
Technical coaching requirements for Judo	2	4	12	J/615/7543	Written Tasks, Observation of Coaching

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Developing and awarding qualifications for the active learning and leisure industry

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