



1st4sport Level 1 Coaching Assistant in Basketball



Qualification Specification

Qualification Overview:	This qualification is designed for aspiring basketball coaches. This qualification introduces learners to the principles of coaching basketball activities, allowing learners to support a more qualified individual in the delivery of basketball coaching sessions.						
	This qualification does not allow the learner to deliver basketball coaching sessions independently.						
Qualification Code:	603/2838/1	Level:	1	Age:	16+	Registration Period:	12 months
Guided Learning (GL):	16 hours	Total Qualification Time (TQT)	40 hours	Credit Value:	4	Operational From:	01 January 2018
Progression Opportunities:	This qualification can lead to paid or voluntary roles as a coaching assistant in basketball. Learners could progress on to the 1st4sport Level 2 Certificate in Basketball or on to a sport-specific coaching qualification at level 1 or at level 2.						

Qualification Objective
What does this qualification cover?
This qualification prepares learners for employment as an assistant coach in basketball. A level 1 assistant coach is able to assist the delivery of basketball coaching sessions under the direct supervision of a more qualified coach and will be able to contribute to the evaluation of these sessions. The qualification introduces learners to the practical and theoretical aspects of delivering and evaluating coaching activities in basketball.
Who is the qualification for?
This qualification is designed for aspiring coaching assistant who wish to develop their knowledge of how to effectively assist in the coaching of a local club or school team.
Who supports this qualification?
The qualification is recognised as the industry standard level 1 qualification for coaching assistants by the national source group for Basketball.
Qualification Progression
What future education could this qualification lead to?
Learners could progress on to the 1st4sport Level 2 Certificate in Basketball or on to a sport-specific coaching qualification at level 1 or at level 2. The skills and knowledge developed through this qualification may also be used to progress to other industry-relevant qualifications in coaching sport, activity leadership, supporting PE in school sport or sports development.
What future employment could this qualification lead to?
This qualification may lead to paid or voluntary roles working as an assistant coach in the sport of basketball under the direct supervision of a more qualified coach.

Qualification Achievement
Entry Requirements for the Qualification
The recognised centre is required to conduct and evidence the initial assessment of learners to ensure that the pre-requisites to registration and certification are considered, and that the learner has the potential to achieve the qualification.
Prior to registration learners are required to:
<ul style="list-style-type: none"> • be accurately identified • be 16 years of age or over • be able to communicate effectively in English (this includes listening, speaking, reading and writing).
There are no additional pre-requisites to certification other than successful completion of the required assessments.
How is the Qualification Achieved?
To achieve the 1st4sport Level 1 Coaching Assistant in Basketball, learners must successfully achieve all three units. Achievement of the qualification is normally through attendance on a programme of learning and the successful completion of the 1st4sport Assessment Tasks contained within the 1st4sport Learner Portfolio.
What will be assessed?
Learners must:
<ul style="list-style-type: none"> • complete written tasks contained within the 1st4sport Learner Portfolio • demonstrate their ability to coach and evaluate basketball coaching activities
Successful completion of the Learner Portfolio will result in the achievement of the qualification.

How will it be assessed?

This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.

Learning Outcomes that begin ‘The learner will **understand...**’ will be assessed through theory based activities.

Learning Outcomes that begin ‘The learner will **be able to...**’ are assessed through practical activities.

For example:

Learning outcomes The learner will:	Assessment criteria The learner can:
1 understand how to ensure participants’ safety during sport specific coaching sessions	1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition. 1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.
2 be able to prepare resources for the coaching session	2.1 ensure that the identified resources meet the requirements of the activity.

Qualification Delivery

What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.

- a qualification administrator
- a qualification coordinator
- a NSG for Basketball licensed tutor to conduct training
- a NSG for Basketball licensed assessor to conduct assessment
- a NSG for Basketball licensed IQA to conduct internal quality assurance

Further information on workforce requirements are available from 1st4sport Qualifications on request.

What facilities are needed to be able to deliver this qualification?

The recognised centre is required to have one or more delivery sites which contain facilities to support the programme of learning and assessment. These must comply with health and safety regulations and have in place appropriate access arrangements. All training and/or assessment sites should include the following facilities:

- an appropriate playing area that is a minimum 26m x 14m in size and of uniform construction and even surface
- a theory space for up to 20 learners which includes a classroom containing multimedia facilities, flip charts and flip chart pens
- male and female changing facilities

Further information on facility requirements are available from 1st4sport Qualifications in request.

What equipment is needed to be able to deliver this qualification?

The recognised centre is required to have equipment in place to facilitate the full programme of learning and assessment which must comply with accepted health and safety practice and should include:

- FIBA-approved basketballs appropriate to the needs of the learners (size 6 basketballs should be available for female learners), sufficient for one per learner
- a minimum of 4 BSI-approved baskets.

Further information on equipment requirements are available from 1st4sport Qualifications in request.

What qualification materials support this qualification?

This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include *1st4sport Level 1 Coaching Assistant in Basketball*:

- *Qualification Handbook*, detailing the 1st4sport Qualification Approval Conditions and the Delivery, Assessment and Quality Assurance Approach for this qualification
- *Unit Specifications*, detailing the units within the qualification and appropriate methods of assessment
- *Learner Portfolio*, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification. This is an editable PDF document. Learners will need to be able to access this software to complete assessment.
- *Delivery, Assessment and Quality Assurance Approach*, detailing exemplar responses to tasks and IQA templates, where possible.

How much does this qualification cost?

Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.

How to apply to deliver this qualification

Contact 1st4sport Qualifications, requesting qualification approval for the 1st4sport Level 1 Coaching Assistant in Basketball.

Tel: 0113 290 7610

Email: enquiries@1st4sportqualifications.com

Website: www.1st4sportqualifications.com

Contacts
Basketball England
Website: basketballengland.co.uk Enquiries email: info@basketballengland.co.uk Telephone: 0114 284 1061
Basketball Wales
Website: basketballwales.com Enquiries email: available via online form at http://www.basketballwales.com/index.php?p=contact
Basketball Scotland
Website: basketball-scotland.com Enquiries email: vicky.clark@basketball-scotland.com Telephone: 0131 317 7260
1st4sport Qualifications
Tel: 0113 290 7610 Email: enquiries@1st4sportqualifications.com Website: www.1st4sportqualifications.com

UK Coaching
Tel: 0113 274 4802 Email: via www.ukcoaching.org/contact Website: www.ukcoaching.org
SkillsActive
Tel: 0330 004 0005 Website: www.skillsactive.com
The Chartered Institute for the Management of Sport and Physical Activity (CIMSPA)
Tel: 01509 226474 Email: info@cimspa.co.uk Website: www.cimspa.co.uk/
Ofqual
Tel: 0300 303 3344 Email: public.enquiries@ofqual.gov.uk Website: www.gov.uk/government/organisations/ofqual

Qualification Structure (Rule of Combination)

Learners must successfully achieve the three mandatory units.

Mandatory Units

Unit Title	Level	Credit	GL ¹	Reference	Assessment Method(s)
The role of a coaching assistant in basketball	1	1	9	M/616/8231	Written Tasks, Observation of Coaching
The coaching assistant in practice	1	2	9	A/616/8233	Written Tasks, Observation of Coaching
Technical coaching requirements for coaching assistants in basketball	1	1	8	F/616/8234	Written Tasks, Observation of Coaching

¹ GLH for the qualification may be less than the total hours for units delivered individually. This is due to the holistic nature of the learning programme.

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1st4sport Qualifications
Coachwise Ltd
Chelsea Close Off
Amberley Road
Armley
Leeds LS12 4HP

Tel: 0113 290 7610
Fax: 0113-231 9606

Email: enquiries@1st4sportqualifications.com
Website: www.1st4sportqualifications.com

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