

1st4sport Level 3 Diploma in Coaching Tennis



Qualification Specification

Qualification Overview:	This qualification develops learners' ability to effectively plan, conduct and evaluate tennis coaching programmes over an extended period of time and will expand skills and knowledge to coach beginners and improvers in groups and individuals and organise competitions appropriate for beginners and improvers.						
Qualification Code:	601/1698/5	Level:	3	Age:	14+	Registration Period:	1 Year
Guided Learning (GL):	252	Total Qualification Time (TQT):	470	Credit Value:	47	Operational From:	01 November 2013
Progression Opportunities:	This qualification can lead to employment as a full-time tennis coach in schools, park sites and/ or local tennis clubs, or in a self-employed capacity. Following a period of practice as a qualified Level 3 coach, you may choose to follow a programme of training for the LTA Senior Club Coach Qualification, the LTA Senior Performance Coach Qualification or the 1st4sport Level 3 Certificate in Supporting Learning in Physical Education and School Sport						

Qualification Objective
What does this qualification cover?
<p>Developed in partnership with The Lawn Tennis Association (LTA), and supported by British Tennis, this qualification is designed to provide learners with progression of their knowledge and skills as a tennis coach, developing their ability to effectively plan, conduct and evaluate tennis coaching programmes over an extended period of time. Learners will build on the skills learnt on the 1st4sport Level 2 Certificate/Diploma in Coaching Tennis course and will expand skills and knowledge to coach beginners and improvers in groups and individuals and organise competitions appropriate for beginners and improvers.</p>
Who is the qualification for?
<p>This qualification is designed to prepare those with some experience of coaching tennis for employment in paid or voluntary roles that will enable them to independently deliver technically appropriate and safe tennis coaching programmes over an extended period of time – a competitive season, or training year for example. It is designed for a coach who may be looking to make tennis coaching their full-time profession, either an employee or as a self-employed capacity.</p>
Who supports this qualification?
<p>The qualification is recognised as the industry standard level 3 qualification for coaching tennis by the national governing body for tennis in England: The Lawn Tennis Association and the UK: British Tennis. British Tennis is also the professional body for tennis coaches, providing services and support to those who hold this and other tennis qualifications.</p> <p>It is also recognised by and has the support of a range of employers, including tennis clubs, schools and colleges, as the sole qualification for those looking to coach tennis as a full-time profession.</p>

Qualification Progression
What future education could this qualification lead to?
<p>Following a period of practice as a qualified Level 3 coach, you may choose to follow a programme of training for the:</p> <ul style="list-style-type: none"> • LTA Senior Club Coach Qualification • LTA Senior Performance Coach Qualification • 1st4sport Level 3 Certificate in Supporting Learning in Physical Education and School Sport
What future employment could this qualification lead to?
<p>This qualification can lead to employment as a full-time tennis coach in schools, park sites and/ or local tennis clubs, or in a self-employed capacity. Learners will also be eligible to join the LTA Coach Accreditation scheme which offers Public Liability Insurance, Personal Accident Cover, access to deals on racquets, balls and equipment, British Tennis Membership, access to free legal and tax advice through BASELINE (the LTA's business advice support service) and regular and relevant communications from the LTA Coaches' Team.</p>

Qualification Achievement

Entry Requirements for the Qualification

The recognised centre is required to conduct an initial assessment of learners to ensure that the pre-requisites to registration and certification are considered and the outcome recorded during the application process.

Prior to registration learners are required to:

- be accurately identified
- be able to communicate effectively in English (this includes listening, speaking, reading and writing).
- be at least 16 years of age
- hold one of the following awards or equivalent:
 - 1st4sport Level 2 Certificate in Coaching Tennis or
 - The LTA ETTC, ECA or Part 1 Coaching Qualification or
 - 1st4sport Level 1 Award in Coaching Tennis and have (or have had) a WTA or ATP world ranking.
- have (or have had) a rating of 6.1 or hold a Play Test Grade 1
- have an accepted enhanced Disclosure Barring Service (DBS) and Barred list check through the LTA
- have confirmation of attendance at a current First Aid at Work (FAW) or Emergency First Aid at Work (EFAW), or will have successfully completed an Ofqual accredited Level 2 qualification in First Aid.

There are no additional pre-requisites to certification other than successful completion of the required assessments.

How is the Qualification Achieved?

As this is a work-based qualification a prescribed learning programme is not deemed to be appropriate. The 1st4sport external quality assurer will look to see that the recognised centre has provided each learner with an effective learning needs analysis and a programme of learning and assessment that meets their needs, their place of work and work programme.

What will be assessed?

Learners must:

- produce evidence of appropriate comprehension of the knowledge and understanding units via performance, simulation, tasks and/or assignments assignments as specified by the Level 3 Technical Syllabus for Tennis.
- plan, deliver and evaluate a coaching programme in a real work environment

How will it be assessed?

This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.

Learning Outcomes that begin ‘The learner will **understand...**’ will be assessed through theory based activities.

Learning Outcomes that begin ‘The learner will **be able to...**’ are assessed through practical activities.

For example:

Learning outcomes The learner will:	Assessment criteria The learner can:
1 understand how to ensure participants’ safety during sport specific coaching sessions	1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.
	1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.
2 be able to prepare resources for the coaching session	2.1 ensure that the identified resources meet the requirements of the activity.

Qualification Delivery

What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.

- a qualification administrator
- a qualification coordinator
- an LTA licensed tutor to conduct training
- an LTA licensed assessor to conduct assessment
- an LTA licensed internal quality assurer to conduct internal quality assurance

Further information on workforce requirements are available from 1st4sport Qualifications on request.

What facilities are needed to be able to deliver this qualification?

The recognised centre is required to have one or more delivery sites which contain facilities to ensure an appropriate environment for the full programme of learning and assessment. These must comply with the [LTA Tennismark](#) standards and/or be a school, college or institute of higher education and include the following facilities:

- three indoor tennis courts within the same building
- a classroom type facility with chairs to hold a maximum of 20 people
- toilets and changing rooms.

All training and/or assessment sites must have in place appropriate access arrangements.

The environment must be conducive to learning; lighting and temperature appropriate to the participant and learner needs. The space surrounding the playing area must be safe and free of obstructions.

What equipment is needed to be able to deliver this qualification?

The recognised centre is required to have equipment in place to facilitate the full programme of learning and assessment which must include:

- a minimum of four mini tennis nets
- red, orange and green mini-tennis balls (1 of each colour)
- throw-down lines and cones
- mini-tennis rackets (1 per person)
- 2 baskets of yellow balls
- Projector
- Screen

What qualification materials support this qualification?

This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include the *1st4sport Level 3 Diploma in Coaching Tennis*:

- *Qualification Manual*, detailing the 1st4sport Qualification Approval Conditions and the Delivery, Assessment and Quality Assurance Approach for this qualification
- *Unit Specifications*, detailing the Learning Outcomes and Assessment criteria for the qualification
- *Learner Portfolio*, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification, available via MyTrainingDiary – the LTA's online learning platform.

How much does this qualification cost?

Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.

How to apply to deliver this qualification

This qualification is only available through the Advanced Level Apprenticeship in Coaching, which is delivered by The Lawn Tennis Association

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Ofqual
Tel: 0300 303 3344 Email: public.enquiries@ofqual.gov.uk Website: www.gov.uk/government/organisations/ofqual

Qualification Structure (Rule of Combination)

a minimum of 47 credits. 42 credits will come from the 14 mandatory units with an additional five credits (minimum) being achieved from one of the optional units.

Mandatory Units

Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
Understanding the Principles of Safe and Equitable Coaching Practice	2	2	13	M/601/2108	Written Tasks, Observation of Coaching
Understanding the fundamentals of coaching programmes	3	3	18	T/601/3535	Written Tasks, Observation of Coaching
Understanding the principles of planning coaching programmes	3	3	18	A/601/3536	Written Tasks, Observation of Coaching
Understanding how to support participants' lifestyle through coaching programmes	3	3	18	F/601/3537	Written Tasks, Observation of Coaching
Analyse participant/s' performance and set programme goals in tennis in the workplace	3	3	7	L/503/7247	Observation and evidence gathering in the workplace
Plan coaching programmes in tennis in the workplace	3	5	15	D/503/7253	Observation and evidence gathering in the workplace
Manage safe and effective tennis coaching programmes in the workplace	3	2	12	K/503/7255	Observation and evidence gathering in the workplace
Deliver tennis coaching programmes in the workplace	3	20	20	T/503/7260	Observation and evidence gathering in the workplace
Develop participant(s)' performance in tennis in the workplace	3	5	32	F/503/7262	Observation and evidence gathering in the workplace
Monitor and evaluate tennis coaching programmes in the workplace	3	3	14	J/503/7263	Observation and evidence gathering in the workplace
Develop coaching practice in tennis in the workplace	3	1	5	Y/503/7266	Observation and evidence gathering in the workplace
Deal with accidents and emergencies	2	2	14	D/501/5138	Observation and evidence gathering in the workplace
Preparing to start a sports coaching business	3	1	10	A/505/6750	Observation and evidence gathering in the workplace
Customer service in the Sport and Active Leisure industry	3	3	26	H/601/7676	Observation and evidence gathering in the workplace

Optional Units					
Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
Principles of Anatomy and Physiology in Sport	3	5	30	D/502/4888	Observation and evidence gathering in the workplace
Enable disabled people to take part in activities	3	9	67	D/601/5540	Observation and evidence gathering in the workplace
Facilitate community-based sport and physical activity	3	16	73	F/503/0652	Observation and evidence gathering in the workplace

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Developing and awarding qualifications for the active learning and leisure industry

1st4sport Qualifications is an awarding organisation recognised and regulated by the Office of the Qualifications and Examinations Regulation (Ofqual) in England, Council for the Curriculum, Examinations and Assessment (CCEA) Regulation in Northern Ireland, Qualifications Wales in Wales and SQA Accreditation in Scotland, and was created with the aim of offering vocational and occupational qualifications in areas of sport, recreation and allied occupations. 1st4sport Qualifications is a division of Coachwise Ltd, the trading arm of The National Coaching Foundation (known as UK Coaching), the UK-registered charity leading the national development of coaches and the coaching system. Any proceeds go directly back to UK Coaching to help them develop and advance sport nationwide.