

1st4sport Level 3 Certificate in Coaching Wakeboarding



Qualification Specification

Qualification Overview:	This qualification delivers the knowledge and skills required to be able to plan, deliver and evaluate a coaching programme for wakeboarding over a prolonged period of time, such as a year or a competitive season.						
Qualification Code:	600/7768/2	Level:	3	Age:	18+	Registration Period:	3 Years
Guided Learning (GL):	140	Total Qualification Time (TQT):	258	Credit Value:	26	Operational From:	01 January 2013
Progression Opportunities:	This qualification leads to paid or voluntary roles in coaching wakeboarding within a club environment. The skills and knowledge developed through this qualification may also be used to progress to other industry-relevant qualifications in coaching other sports, leadership, supporting PE in school sport and sports development.						

Qualification Objective
What does this qualification cover?
The objective of the Level 3 Certificate in Coaching Wakeboarding is to provide a benefit to learners via the skills and knowledge required to enable them to develop high level wakeboarders through effective wakeboarding coaching.
Who is the qualification for?
The qualification is designed to prepare coaches for employment in paid or voluntary roles in wakeboarding clubs or centres.
Who supports this qualification?
The qualification is recognised as the industry standard level 3 qualification for coaching Wakeboarding by the BWSW which is the constituent National Governing Bodies (NGBs) for water skiing and wakeboarding in the UK.
Qualification Progression
What future education could this qualification lead to?
Learners could progress on to a higher level coaching qualification. The skills and knowledge developed through this qualification may also be used to progress to other industry-relevant qualifications in equestrian coaching, sports coaching, activity leadership, supporting PE in school sport or sports development.
What future employment could this qualification lead to?
This qualification may lead to paid or voluntary roles in wakeboard coaching, either working independently or as part of a coaching team.

Qualification Achievement
Entry Requirements for the Qualification
The recognised centre is required to conduct an initial assessment of learners to ensure that the pre-requisites to registration and certification are considered and the outcome recorded during the application process.
Prior to registration learners are required to:
<ul style="list-style-type: none"> • be aged 18 years or over. • hold a 1st4sport Level 2 Certificate in Coaching Water Skiing/ Wakeboarding or have previously competed internationally for GBR as recognised by BWSW. • be able to communicate effectively in English (this includes listening, speaking, reading and writing).
There are no pre-requisites to certification other than the successful achievement of all assessment criteria.
How is the Qualification Achieved?
To achieve the 1st4sport Level 3 Certificate in Coaching Wakeboarding, learners must successfully achieve eleven units. Achievement of the qualification is normally through attendance on a programme of learning and the successful completion of the 1st4sport Assessment Tasks contained within the 1st4sport Learner Portfolio.
What will be assessed?
Centres are required to ensure this assessment specification is fully complied with without any deviation. To achieve the qualification, learners are required to have, in summary, assessed evidence of:
<ul style="list-style-type: none"> • an appropriate understanding of the Level 3 knowledge units and the specific technical knowledge underpinning the coaching of wakeboarding • planning, delivering and evaluating coaching programmes in wakeboarding • being observed delivering wakeboarding coaching sessions

How will it be assessed?

This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.

Learning Outcomes that begin ‘The learner will **understand...**’ will be assessed through theory based activities.

Learning Outcomes that begin ‘The learner will **be able to...**’ are assessed through practical activities.

For example:

Learning outcomes The learner will:	Assessment criteria The learner can:
1 understand how to ensure participants’ safety during sport specific coaching sessions	1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.
	1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.
2 be able to prepare resources for the coaching session	2.1 ensure that the identified resources meet the requirements of the activity.

Qualification Delivery

What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum²:

- a qualification administrator
- a qualification coordinator
- an approved BWSW tutor/assessor to conduct training and assessment
- an approved BWSW internal quality assurance to conduct internal quality assurance

Note: guest speakers may be invited to tutor certain parts of the Level 3 course if they are considered a ‘specialist’ in a particular area.

What facilities are needed to be able to deliver this qualification?

The recognised centre is required to have one or more delivery sites which contain facilities to support the programme of learning and assessment. These must comply with health and safety regulations and have in place appropriate access arrangements. All training and/or assessment sites must include the following facilities:

- be a BWSW affiliated cable centre (club or ski-school)
- have access to a water facility with a BWSW licensed cable operator
- a theory space for up to 10 learners which includes multimedia facilities, flip charts and flip chart pens.

Note: for the practical assessment, skiers or riders will need to be recruited. These skiers can be beginners or more experienced, that will allow learners to further their skills within the Practical Syllabus, this being the technical skills up to the *Cutting Edge Silver Award*.

What equipment is needed to be able to deliver this qualification?

The recognised centre is required to have equipment in place to facilitate the full programme of learning and assessment which must comply with accepted health and safety practice for wakeboarding and must include:

- wakeboards
- wetsuits, lifejackets and helmets for each learner attending the course of training in various sizes.

The recognised centre must ensure that all learners and persons being coached wear appropriate sports apparel as mentioned earlier.

What qualification materials support this qualification?
<p>This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include the <i>1st4sport Level 3 Certificate in Coaching Wakeboarding</i>:</p> <ul style="list-style-type: none"> • <i>Qualification Manual</i>, detailing the 1st4sport Qualification Approval Conditions and the Delivery, Assessment and Quality Assurance Approach for this qualification • <i>Unit Specifications</i>, detailing the Learning Outcomes and Assessment criteria for the qualification • <i>Learner Portfolio</i>, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification. • <i>Delivery, Assessment and Quality Assurance Approach</i>, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance
How much does this qualification cost?
<p>Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.</p>
How to apply to deliver this qualification
<p>Contact 1st4sport Qualifications, requesting qualification approval for the 1st4sport Level 3 Certificate in Coaching Wakeboarding</p> <p>Tel: 0113 290 7610 Email: enquiries@1st4sportqualifications.com Website: www.1st4sportqualifications.com</p>

Contacts
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SkillsActive
<p>Tel: 0330 004 0005 Website: www.skillsactive.com</p>
Ofqual
<p>Tel: 0300 303 3344 Email: public.enquiries@ofqual.gov.uk Website: www.gov.uk/government/organisations/ofqual</p>

Qualification Structure (Rule of Combination)

Learners must successfully achieve all eleven units in order to be certificated for the qualification.

Mandatory Units

Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
Understanding the Principles of Safe and Equitable Coaching Practice	2	2	13	M/601/2108	Written Tasks, Observation of Coaching
Understanding the Fundamentals of Coaching Programmes	3	3	18	T/601/3535	Written Tasks, Observation of Coaching
Understanding the Principles of Planning Coaching Programmes	3	3	18	A/601/3536	Written Tasks, Observation of Coaching
Understanding How to Support Participants' Lifestyle through Coaching Programmes	3	3	18	F/601/3537	Written Tasks, Observation of Coaching
Analyse Participants' Performance and Set Programme Goals in Wakeboarding	3	2	5	L/504/5803	Written Tasks, Observation of Coaching
Plan Coaching Programmes in Wakeboarding	3	2	8	R/504/5804	Written Tasks, Observation of Coaching
Manage Safe and Effective Wakeboarding Coaching Programmes	3	2	12	A/504/5778	Written Tasks, Observation of Coaching
Deliver Wakeboarding Coaching Programmes	3	2	15	J/504/5783	Written Tasks, Observation of Coaching
Develop Participants' Performance in Wakeboarding	3	3	22	H/504/5788	Written Tasks, Observation of Coaching
Monitor and Evaluate Wakeboarding Coaching Programmes	3	2	6	D/504/5806	Written Tasks, Observation of Coaching
Develop Coaching Practice in Wakeboarding	3	2	5	K/504/5808	Written Tasks, Observation of Coaching

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Developing and awarding qualifications for the active learning and leisure industry

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