1st4sport Level 2 Certificate in Coaching Table Tennis

Qualification Overview:
The aim of the 1st4sport Level 2 Certificate in Coaching Table Tennis is to provide a benefit to learners through an introduction into the principles and practice of safe, ethical and effective management and coaching of Table Tennis sessions for adults and young people in an appropriate environment.

Qualification Code: 600/0493/9
Level: 2
Age: 17+
Registration Period: 2 Years
Guided Learning (GL): 32 hrs
Total Qualification Time (TQT): 129 hrs
Credit Value: 18
Operational From: 14 February 2011

Progression Opportunities:
This qualification leads to further learning or training in the area of coaching Table Tennis and/or other related areas. This qualification can lead to paid or voluntary roles as a Table Tennis coach.
# Qualification Objective

## What does this qualification cover?

The objective of the 1st4sport Level 2 Certificate in Coaching Table Tennis is to provide a benefit to learners through an introduction into the principles and practice of safe, ethical and effective management and coaching of Table Tennis sessions for adults and young people in an appropriate environment.

## Who is the qualification for?

This qualification is designed for aspiring Table Tennis coaches to be supported in the development of their knowledge of how to effectively coach a local club, or school team. Prior to registering on the programme of learning, you will need to be 17 years of age or over, and hold the 1st4sport Level 1 Award in Coaching Table Tennis. Prior to certification you will need to be 18 years of age or over, hold a recognised safeguarding workshop certificate, and hold a recognised emergency first-aid certificate.

## Who supports this qualification?

This qualification is supported by the National Support Group (NSG) for Table Tennis comprised of the National Governing Bodies (Table Tennis England, Table Tennis Wales and Table Tennis Scotland) as the trade association and employers for Table Tennis. A range of technical experts from within the NSG for Table Tennis have provided technical input in the development of this qualification.

# Qualification Achievement

## Entry Requirements for the Qualification

Prior to registration learners are required to:

- be accurately identified
- be 17 years of age or over
- hold the 1st4sport Level 1 Award in Coaching Table Tennis or equivalent
- be able to communicate effectively in English (this includes listening, speaking, reading and writing).

## How is the Qualification Achieved?

The qualification is achieved normally following a training programme and completion of the assessment specification contained within the Qualification Handbook.

## What will be assessed?

Learners must:

- complete a series of assessed tasks contained within their learner portfolio, provided by 1st4sport.
- plan, deliver and evaluate a series of coaching sessions
- be observed delivering two Table Tennis coaching sessions

# Qualification Progression

## What future education could this qualification lead to?

This qualification leads to further learning or training in the area of coaching Table Tennis and/or other related areas. The skills and knowledge developed through this qualification may also be used to enable learners to progress to other industry-relevant qualifications in coaching Table Tennis or other related areas.

## What future employment could this qualification lead to?

This qualification can lead to paid or voluntary roles as a Table Tennis coach.
How will it be assessed?

This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.

Learning Outcomes that begin ‘The learner will understand…’ will be assessed through theory based activities.

Learning Outcomes that begin ‘The learner will be able to…’ are assessed through practical activities.

For example:

<table>
<thead>
<tr>
<th>Learning outcomes</th>
<th>Assessment criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>The learner will:</td>
<td>The learner can:</td>
</tr>
<tr>
<td>1 understand how to ensure participants’ safety during sport specific coaching sessions</td>
<td>1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.</td>
</tr>
<tr>
<td></td>
<td>1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.</td>
</tr>
<tr>
<td>2 be able to prepare resources for the coaching session</td>
<td>2.1 ensure that the identified resources meet the requirements of the activity.</td>
</tr>
</tbody>
</table>

Qualification Delivery

What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.

- a qualification administrator
- a qualification coordinator
- a National Source Group for Table Tennis licensed tutor to conduct training
- a National Source Group for Table Tennis licensed assessor to conduct assessment
- a National Source Group for Table Tennis licensed qualified internal quality assurer (IQA).

Further information on workforce requirements are available from 1st4sport Qualifications on request.

What facilities are needed to be able to deliver this qualification?

The recognised centre is required to have one or more delivery sites which contain facilities to support the programme of learning and assessment. These must comply with accepted health and safety practices for Table Tennis and have in place appropriate access arrangements. All training and/or assessment sites must include the following facilities:

Playing hall:
- Appropriate space for tables of at least 8 x 4m per table
- Lighting – minimum 300 lux, but preferably 500 or above
- Floor area – appropriate flat and non-slippery floor surface
- Non-reflective walls

Also:
- a theory space for up to 12 learners which includes a classroom containing multimedia facilities flip charts and flip chart pens.
## What equipment is needed to be able to deliver this qualification?

The recognised centre is required to have equipment in place to facilitate the full programme of learning and assessment which must comply with accepted health and safety practice for Table Tennis and must include:

**Tables:**
- sufficient tables for a ratio of three learners per table
- minimum 19mm playing top, but preferably 22mm+
- suitable net per table
- roll bar to be minimum 40cm from end of table, to accommodate wheelchair players.

Learners must present themselves with:
- table tennis bat – with reverse rubber on both sides, capable of producing spin
- appropriate Table Tennis clothing. For example:

The recognised centre must ensure that all learners and persons being coached wear appropriate sports apparel including correct footwear for the playing surface.

## What qualification materials support this qualification?

This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include the *1st4sport Level 2 Certificate in Coaching Table Tennis*:

- **Qualification Handbook**, detailing the 1st4sport Qualification Approval Conditions
- **Unit Specifications**, detailing the Learning Outcomes and Assessment criteria for the qualification
- **Learner Portfolio**, containing a series of pre-standardised assessment tools and templates to support the learner’s achievement of the qualification.
- **Delivery, Assessment and Quality Assurance Approach**, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance.

## How much does this qualification cost?

Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.

## How to apply to deliver this qualification

This qualification is only available through Table Tennis England. Please visit [https://tabletennisengland.co.uk/coach/coaching/](https://tabletennisengland.co.uk/coach/coaching/) for more information.
<table>
<thead>
<tr>
<th>Contacts</th>
<th></th>
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<tbody>
<tr>
<td><strong>1st4sport Qualifications</strong></td>
<td></td>
</tr>
<tr>
<td>Tel: 0113 290 7610</td>
<td>Email: <a href="mailto:enquiries@1st4sportqualifications.com">enquiries@1st4sportqualifications.com</a></td>
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<td>Email: <a href="mailto:enquiries@1st4sportqualifications.com">enquiries@1st4sportqualifications.com</a></td>
<td>Website: <a href="http://www.1st4sportqualifications.com">www.1st4sportqualifications.com</a></td>
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<tr>
<td><strong>Table Tennis England</strong></td>
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<tr>
<td>Tel: 01908 208876</td>
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<td>Website: <a href="http://www.ttaw.co.uk/">http://www.ttaw.co.uk/</a></td>
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<td><strong>Table Tennis Scotland</strong></td>
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<td>Tel: 0131 317 8077</td>
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<td>Tel: 0113 274 4802</td>
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</table>
Learners must successfully achieve eighteen credits from the eight mandatory units to receive the qualification certificate.

### Mandatory Units

<table>
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<tr>
<th>Unit Title</th>
<th>Credits</th>
<th>Level</th>
<th>GLH</th>
<th>Reference</th>
<th>Assessment Method(s)</th>
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<tbody>
<tr>
<td>Understanding the fundamentals of coaching sport</td>
<td>3</td>
<td>2</td>
<td>22</td>
<td>J/601/2101</td>
<td>Written Tasks, Observation of Coaching</td>
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<tr>
<td>Understanding how to develop participant(s) through coaching sport</td>
<td>2</td>
<td>2</td>
<td>12</td>
<td>Y/601/2104</td>
<td>Written Tasks, Observation of Coaching</td>
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<tr>
<td>Supporting participant(s)' lifestyle through coaching sport</td>
<td>2</td>
<td>2</td>
<td>16</td>
<td>H/601/2106</td>
<td>Written Tasks, Observation of Coaching</td>
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<tr>
<td>Understanding the principles of safe and equitable coaching practice</td>
<td>2</td>
<td>2</td>
<td>13</td>
<td>M/601/2108</td>
<td>Written Tasks, Observation of Coaching</td>
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<tr>
<td>Plan a series of table tennis coaching sessions</td>
<td>2</td>
<td>2</td>
<td>9</td>
<td>D/602/5520</td>
<td>Written Tasks, Observation of Coaching</td>
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<tr>
<td>Prepare the table tennis coaching environment</td>
<td>2</td>
<td>2</td>
<td>14</td>
<td>H/602/5521</td>
<td>Written Tasks, Observation of Coaching</td>
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<td>Deliver a series of table tennis coaching sessions</td>
<td>2</td>
<td>2</td>
<td>16</td>
<td>K/602/5522</td>
<td>Written Tasks, Observation of Coaching</td>
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<td>Monitor and evaluate table tennis coaching sessions</td>
<td>2</td>
<td>2</td>
<td>6</td>
<td>M/602/5523</td>
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1st4sport Qualifications
Coachwise Ltd
Chelsea Close Off
Amberley Road
Armley
Leeds LS12 4HP

Tel: 0113 290 7610
Fax: 0113-231 9606

Email: enquiries@1st4sportqualifications.com
Website: www.1st4sportqualifications.com

Developing and awarding qualifications for the active learning and leisure industry

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