1st4sport Level 2 Certificate in Coaching Handball

Qualification Specification

Qualification Overview: This qualification provides learners with the practical and theoretical aspects of coaching handball, including how to effectively plan, conduct and evaluate handball coaching sessions for participants of all ages.

Qualification Code: 600/1541/X  
Level: 2  
Age: 17  
Registration Period: 2 Years

Guided Learning (GL): 32  
Total Qualification Time (TQT): 125  
Credit Value: 30  
Operational From: 01 April 2011

Progression Opportunities: The skills and knowledge developed through this qualification may also be used to enable learners to progress to other industry-relevant qualifications in coaching other sports, activity leadership, supporting PE in school sport and sports development. Other roles that the learner may consider exploring to include, handball referee, activity leader, and sports volunteer.
### Qualification Objective

**What does this qualification cover?**

This qualification prepares learners for employment as a handball coach. A level 2 handball coach is able to plan, deliver and evaluate linked and progressive coaching sessions independently, although they may work as part of a larger coaching team. The qualification introduces learners to the practical and theoretical aspects of planning, delivering and evaluating linked and progressive handball coaching sessions.

**Who is the qualification for?**

The qualification is designed to prepare coaches for employment in paid or voluntary roles in handball clubs.

**Who supports this qualification?**

This qualification is supported by the National Source Group (NSG) for Handball and particularly the England Handball Association. Technical experts from within the NSG for Handball have provided technical advice in the development of this qualification. The qualification is also endorsed by the trade association for coaches, UK Coaching, as meeting its UKCC endorsement criteria.

### Qualification Progression

**What future education could this qualification lead to?**

Following a period of practice as a qualified coach, learners may choose to develop their skills by participating in continuing professional development (CPD) opportunities offered within boccia and other coaching-related organisations. The skills and knowledge developed through this qualification may also be used enable learners to progress to other industry-relevant qualifications in coaching other sports, activity leadership, supporting PE in school sport and sports development.

**What future employment could this qualification lead to?**

Successful learners are eligible to seek employment in appropriate paid or voluntary assistant coaching roles. They should look to develop their learning and knowledge of boccia by working with other, more experienced coaches.

### Qualification Achievement

**Entry Requirements for the Qualification**

The recognised centre is required to conduct an initial assessment of learners to ensure that the pre-requisites to registration and certification are considered and the outcome recorded during the application process.

Learners are required to:
- be appropriately identified
- be at least 17 years of age
- either have successfully completed one of the following courses
  - England Handball Association (EHA) Level 1 Certificate in Coaching Handball
  - EHA Introduction to Teaching Handball
  - EHA Teachers Award KS2 Module
  - Street Games Handball Activator Award
- or can evidence handball coaching qualifications of an equivalent standard or above from another handball playing country (this will be at the discretion of the EHA on a case by case basis)
- be able to communicate effectively in English (this includes listening, speaking, reading and writing).

It is recommended that learners have a minimum of two years experience in coaching handball.

**How is the Qualification Achieved?**

The recognised centre must ensure that the learners' knowledge and competence is assessed against the assessment criteria of the qualification in line with the Assessment Specification, as outlined in the Qualification Handbook.

**What will be assessed?**

Learners must:
- complete written tasks contained within the 1st4sport Learner Portfolio
- be practically observed delivering coaching
How will it be assessed?

This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.

Learning Outcomes that begin ‘The learner will understand…’ will be assessed through theory based activities.

Learning Outcomes that begin ‘The learner will be able to…’ are assessed through practical activities.

For example:

<table>
<thead>
<tr>
<th>Learning outcomes</th>
<th>Assessment criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 understand how to ensure participants’ safety during sport specific coaching sessions</td>
<td>1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.</td>
</tr>
<tr>
<td></td>
<td>1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.</td>
</tr>
<tr>
<td>2 be able to prepare resources for the coaching session</td>
<td>2.1 ensure that the identified resources meet the requirements of the activity.</td>
</tr>
</tbody>
</table>

Qualification Delivery

What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum:

- a qualification administrator
- a qualification coordinator
- an appropriately qualified tutor/ assessor:
- an appropriately qualified internal quality assurer (IQA)

Further information on workforce requirements is available from 1st4sport Qualifications on request.

What facilities are needed to be able to deliver this qualification?

The recognised centre is required to have one or more delivery sites which contain facilities to support the programme of learning and assessment. These must comply with health and safety regulations and have in place appropriate access arrangements. All training and/or assessment sites must include the following facilities:

- a minimum of sports hall with a minimum floor space of handball court with the dimensions of 34m x 18m
- a theory space for up to 21 learners which includes a classroom containing multimedia facilities, flip charts and flip chart pens.

The weather and environment must be conducive to learning; lighting and temperature appropriate to the participant and learner needs. The space surrounding the playing area must be safe and free of obstructions.

What equipment is needed to be able to deliver this qualification?

The recognised centre is required to have equipment in place to facilitate the full programme of learning and assessment which must comply with accepted health and safety practice for handball and must include:

- two goals measuring 3m x 2m
- one handball per learner, of varying sizes

The recognised centre must ensure that all learners and persons being coached wear appropriate sports apparel.
What qualification materials support this qualification?

This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include the "1st4sport Level 2 Certificate in Coaching Handball":

- *Qualification Handbook*, detailing the 1st4sport Qualification Approval Conditions and the Delivery, Assessment and Quality Assurance Approach for this qualification
- *Unit Specifications*, detailing the Learning Outcomes and Assessment criteria for the qualification
- *Learner Portfolio*, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification.
- *Delivery, Assessment and Quality Assurance Approach*, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance

How much does this qualification cost?

Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.

How to apply to deliver this qualification

Contact 1st4sport Qualifications, requesting qualification approval for the "1st4sport Level 2 Certificate in Coaching Handball."

Tel: 0113 290 7610
Email: enquiries@1st4sportqualifications.com
Website: www.1st4sportqualifications.com

Contacts

<table>
<thead>
<tr>
<th>Contacts</th>
<th>Tel:</th>
<th>Email:</th>
<th>Website:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st4sport Qualifications</td>
<td>0113 290 7610</td>
<td><a href="mailto:enquiries@1st4sportqualifications.com">enquiries@1st4sportqualifications.com</a></td>
<td><a href="http://www.1st4sportqualifications.com">www.1st4sportqualifications.com</a></td>
</tr>
<tr>
<td>UK Coaching</td>
<td>0113 274 4802</td>
<td>via <a href="http://www.ukcoaching.org/contact">www.ukcoaching.org/contact</a></td>
<td><a href="http://www.ukcoaching.org">www.ukcoaching.org</a></td>
</tr>
<tr>
<td>England Handball</td>
<td>01925 246482 and 01925 246483</td>
<td><a href="mailto:handball@englandhandball.com">handball@englandhandball.com</a></td>
<td><a href="http://www.englandhandball.com">www.englandhandball.com</a></td>
</tr>
<tr>
<td>SkillsActive</td>
<td>0330 004 0005</td>
<td></td>
<td><a href="http://www.skillsactive.com">www.skillsactive.com</a></td>
</tr>
<tr>
<td>Ofqual</td>
<td>0300 303 3344</td>
<td><a href="mailto:public.enquiries@ofqual.gov.uk">public.enquiries@ofqual.gov.uk</a></td>
<td><a href="http://www.gov.uk/government/organisations/ofqual">www.gov.uk/government/organisations/ofqual</a></td>
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</tbody>
</table>
Qualification Structure (Rule of Combination)

Learners must successfully achieve eight mandatory units to be awarded this qualification.

<table>
<thead>
<tr>
<th>Unit Title</th>
<th>Level</th>
<th>Credit</th>
<th>GL</th>
<th>Reference</th>
<th>Assessment Method(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Understanding the fundamentals of coaching sport</td>
<td>2</td>
<td>3</td>
<td>22</td>
<td>J/601/2101</td>
<td>Written Tasks, Observation of Coaching</td>
</tr>
<tr>
<td>Understanding how to develop participant(s) through coaching sport</td>
<td>2</td>
<td>2</td>
<td>12</td>
<td>Y/601/2104</td>
<td>Written Tasks, Observation of Coaching</td>
</tr>
<tr>
<td>Supporting participant(s)' lifestyle through coaching sport</td>
<td>2</td>
<td>2</td>
<td>16</td>
<td>H/601/2106</td>
<td>Written Tasks, Observation of Coaching</td>
</tr>
<tr>
<td>Supporting participant(s)' lifestyle through coaching sport</td>
<td>2</td>
<td>2</td>
<td>16</td>
<td>H/601/2106</td>
<td>Written Tasks, Observation of Coaching</td>
</tr>
<tr>
<td>Understanding the principles of safe and equitable coaching practice</td>
<td>2</td>
<td>2</td>
<td>13</td>
<td>M/601/2108</td>
<td>Written Tasks, Observation of Coaching</td>
</tr>
<tr>
<td>Plan a series of handball coaching sessions</td>
<td>2</td>
<td>2</td>
<td>9</td>
<td>J/503/0930</td>
<td>Written Tasks, Observation of Coaching</td>
</tr>
<tr>
<td>Prepare the handball coaching environment</td>
<td>2</td>
<td>2</td>
<td>14</td>
<td>M/503/0937</td>
<td>Written Tasks, Observation of Coaching</td>
</tr>
<tr>
<td>Deliver a series of handball coaching sessions</td>
<td>2</td>
<td>2</td>
<td>12</td>
<td>T/503/0941</td>
<td>Written Tasks, Observation of Coaching</td>
</tr>
<tr>
<td>Monitor and evaluate handball coaching sessions</td>
<td>2</td>
<td>2</td>
<td>6</td>
<td>A/503/0942</td>
<td>Written Tasks, Observation of Coaching</td>
</tr>
</tbody>
</table>
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Developing and awarding qualifications for the active learning and leisure industry

1st4sport Qualifications is an awarding organisation recognised and regulated by the Office of the Qualifications and Examinations Regulation (Ofqual) in England, Council for the Curriculum, Examinations and Assessment (CCEA) Regulation in Northern Ireland and Qualifications Wales in Wales, and was created with the aim of offering vocational and occupational qualifications in areas of sport, recreation and allied occupations. 1st4sport Qualifications is a division of Coachwise Ltd, the trading arm of The National Coaching Foundation (known as UK Coaching), the UK-registered charity leading the national development of coaches and the coaching system. Any proceeds go directly back to UK Coaching to help them develop and advance sport nationwide.