

1st4sport Level 2 Certificate in Coaching Tennis



Qualification Specification

Qualification Overview:	The 1st4sport Level 2 Certificate in Coaching Tennis focuses on the skills and competences required to independently deliver technically appropriate and safe tennis coaching sessions to beginners under the umbrella programme of an LTA licensed coach.						
Qualification Code:	600/0489/7	Level:	2	Age:	16	Registration Period:	2 years
Guided Learning (GL):	57	Total Qualification Time (TQT)	125	Credit Value:	18	Operational From:	01 February 2011
Progression Opportunities:	Learners may be able to seek employment (paid or voluntary) as a Level 2 Tennis Coaching Assistant or to progress to other tennis or other industry-relevant qualifications in coaching, such as the 1st4sport Level 3 Certificate in Coaching Tennis or the 1st4sport Level 3 Certificate in Coaching (Sport and Physical Activity).						

Qualification Objective
What does this qualification cover?
This qualification prepare those with some experience of coaching for employment in paid or voluntary roles, enabling them to independently deliver technically appropriate and safe tennis coaching sessions to groups of beginners under the umbrella programme of a licensed coach.
Who is the qualification for?
This qualification is for individuals who already have some coaching experience and hold a coaching qualification(s) either in tennis at level 1, in another a UKCC-endorsed sport at level 2, or a Certificate of Education in Physical Education.
Who supports this qualification?
The qualification is recognised as the industry standard level 2 qualification for coaching tennis by the national governing body for tennis in England: The Lawn Tennis Association and the UK: British Tennis. British Tennis is also the professional body for tennis coaches, providing services and support to those who hold this and other tennis qualifications. It is also recognised by and has the support of a range of employers, including tennis clubs, schools and colleges, as the sole qualification for those looking to begin a career in coaching tennis. The qualification is also endorsed by the lead agency for coaching, UK Coaching, as meeting its UKCC criteria.
Qualification Progression
What future education could this qualification lead to?
Learners achieving this qualification might consider progression to the following qualifications: <ul style="list-style-type: none"> • 1st4sport Level 3 Certificate in Coaching Tennis • 1st4sport Level 3 Certificate in Coaching (Sport and Physical Activity). <p>Learners could also progress to other industry-relevant qualifications in coaching other sports, activity leadership, supporting PE in schools sport and sports development.</p>

What future employment could this qualification lead to?
This qualification leads to paid or voluntary roles as a tennis coaching assistant in schools, park sites and local tennis clubs.
Qualification Achievement
Entry Requirements for the Qualification
The recognised centre is required to conduct and evidence the initial assessment of learners to ensure that the pre-requisites to registration and certification are considered, and that the learner has the potential to achieve the qualification. Prior to registration learners are required to: <ul style="list-style-type: none"> • be at least 16 years of age • hold one of the following awards or equivalent: <ul style="list-style-type: none"> - 1st4sport Level 1 Award in Coaching Tennis - The LTA Tennis Assistants Certificate of Attendance - Certificate of Education in PE - A recognised level 2 coaching qualification • have an accepted enhanced Disclosure Barring Service (DBS) and Barred list check through the LTA • hold a valid and in-date First Aid at Work (FAW) or Emergency First Aid at Work (EFAW) qualification
How is the Qualification Achieved?
To achieve the 1st4sport Level 2 Certificate in Coaching Tennis, learners must successfully achieve eight mandatory units. Achievement of the qualification is normally through attendance on a programme of learning and the successful completion of the 1st4sport Assessment Tasks contained within the 1st4sport Learner Portfolio

What will be assessed?

Learners must:

- complete written tasks contained within the 1st4sport Learner Portfolio
- demonstrate their ability to coach tennis sessions

Successful completion will result in the achievement of the qualification

How will it be assessed?

This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.

Learning Outcomes that begin ‘The learner will **understand...**’ will be assessed through theory based activities.

Learning Outcomes that begin ‘The learner will **be able to...**’ are assessed through practical activities.

For example:

Learning outcomes The learner will:	Assessment criteria The learner can:
1 understand how to ensure participants’ safety during sport specific coaching sessions	1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.
	1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.
2 be able to prepare resources for the coaching session	2.1 ensure that the identified resources meet the requirements of the activity.

Qualification Delivery

What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.

- a qualification administrator
- a qualification coordinator
- an LTA licensed tutor/assessor
- an LTA licensed internal quality assurer (IQA)

Further information on workforce requirements are available from 1st4sport Qualifications on request.

What facilities are needed to be able to deliver this qualification?

The recognised centre is required to have one or more delivery sites which contain facilities to support the programme of learning and assessment. These must comply with the *LTA Tennismark* standards, have in place appropriate access arrangements and/or be a school, college or institute of higher education and include the following facilities:

- two indoor tennis courts
- male and female toilets and changing rooms.

Further information on facility requirements are available from 1st4sport Qualifications in request.

What equipment is needed to be able to deliver this qualification?

The recognised centre is required to have equipment in place to facilitate the full programme of learning and assessment which must include:

- a minimum of four mini tennis nets
- red, orange and green mini-tennis balls (1 of each colour)
- throw-down lines and cones
- mini-tennis rackets (1 per person).

Further information on facility requirements are available from 1st4sport Qualifications in request.

What qualification materials support this qualification?
<p>This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include <i>1st4sport Level 2 Certificate in Coaching Tennis</i>:</p> <ul style="list-style-type: none"> • <i>Qualification Handbook</i>, detailing the 1st4sport Qualification Approval Conditions and the Delivery, Assessment and Quality Assurance Approach for this qualification • <i>Unit Specifications</i>, detailing the Learning Outcomes, Assessment Criteria and Technical Syllabus for the qualification • <i>Delivery, Assessment and Quality Assurance Approach</i>, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance <p>The recognised Centre is also required to ensure that learners are provided with access to the <i>1st4sport Learner Pack</i> via the LTA's ePlatform: <i>MyTraining Diary</i>, which includes the:</p> <ul style="list-style-type: none"> • 1st4sport assessment tools.
How much does this qualification cost?
<p>Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.</p>
How to apply to deliver this qualification
<p>This qualification is currently unavailable for centres looking to gain qualification approval. If you have sufficient demand and would like a course facilitating for you, please access the list of provides available at https://www.lta.org.uk/coach-teach/courses/providers/</p>

Contacts
1st4sport Qualifications
<p>Tel: 0113 290 7610 Email: enquiries@1st4sportqualifications.com Website: www.1st4sportqualifications.com</p>
Lawn Tennis Association (LTA)
<p>Telephone: 020-84877000 Email: info@lta.org.uk Website: www.lta.org.uk</p>
UK Coaching
<p>Tel: 0113 274 4802 Email: via www.ukcoaching.org/contact Website: www.ukcoaching.org</p>
SkillsActive
<p>Tel: 0330 004 0005 Website: www.skillsactive.com</p>
Ofqual
<p>Tel: 0300 303 3344 Email: public.enquiries@ofqual.gov.uk Website: www.gov.uk/government/organisations/ofqual</p>

Qualification Structure (Rule of Combination)

To qualify for the 1st4sport Level 2 Certificate in Coaching Tennis, learners must successfully achieve eighteen credits from the eight mandatory units. All units must be assessed in line with the Level 2 Technical Syllabus for Coaching Tennis

Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
Understanding the fundamentals of coaching sport	2	3	22	J/601/2101	Written Tasks, Observation of Coaching
Understanding how to develop participant(s) through coaching sport	2	2	12	Y/601/2104	Written Tasks, Observation of Coaching
Supporting participant(s)' lifestyle through coaching sport	2	2	16	H/601/2106	Written Tasks, Observation of Coaching
Understanding the principles of safe and equitable coaching practice	2	2	13	M/601/2108	Written Tasks, Observation of Coaching
Plan a series of sports coaching sessions in tennis	2	3	11	F/602/5655	Written Tasks, Observation of Coaching
Prepare the sports coaching environment in tennis	2	2	12	J/602/5656	Written Tasks, Observation of Coaching
Deliver a series of sports coaching sessions in tennis	2	3	17	L/602/5657	Written Tasks, Observation of Coaching
Monitor and evaluate sports coaching sessions in tennis	2	1	4	R/602/5658	Written Tasks, Observation of Coaching

© Coachwise Ltd, 2017

This document is copyright under the Berne Convention. All rights are reserved. Apart from any fair dealing for the purposes of private study, research, criticism or review, as permitted under the Copyright, Designs and Patents Act 1998, no part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, electrical, chemical, mechanical, optical, photocopying, recording or otherwise, without the prior written permission of the copyright owner. Enquiries should be addressed to 1st4sport Qualifications.

1st4sport Qualifications
Coachwise Ltd
Chelsea Close
Off Amberley Road
Armley
Leeds LS12 4HP

Tel: 0113 290 7610
Fax: 0113-231 9606

Email: enquiries@1st4sportqualifications.com
Website: www.1st4sportqualifications.com

Developing and awarding qualifications for the active learning and leisure industry

1st4sport Qualifications is an awarding organisation recognised and regulated by the Office of the Qualifications and Examinations Regulation (Ofqual) in England, Council for the Curriculum, Examinations and Assessment (CCEA) Regulation in Northern Ireland and Qualifications Wales in Wales, and was created with the aim of offering vocational and occupational qualifications in areas of sport, recreation and allied occupations. 1st4sport Qualifications is a division of Coachwise Ltd, the trading arm of The National Coaching Foundation (known as UK Coaching), the UK-registered charity leading the national development of coaches and the coaching system. Any proceeds go directly back to UK Coaching to help them develop and advance sport nationwide.