

1st4sport Level 1 Coaching Table Tennis



Qualification Specification

Qualification Overview:	This qualification provides learners an introduction to the principles and practice of safe, ethical and effective management and coaching of Table Tennis sessions for adults and young people in an appropriate environment.						
Qualification Code:	600/0171/9	Level:	1	Age:	16	Registration Period:	1 year
Guided Learning (GL):	18-45	Total Qualification Time (TQT):	45	Credit Value:	7	Operational From:	20 December 2010
Progression Opportunities:	This qualification leads to further learning or training in the area of coaching Table Tennis and/or other related areas. This qualification can lead to paid or voluntary roles as a Table Tennis coach.						

Qualification Objective
What does this qualification cover?
The objective of the Level 1 Award in Coaching Table Tennis is to provide a benefit to learners through an introduction into the principles and practice of safe, ethical and effective management and coaching of Table Tennis sessions for adults and young people in an appropriate environment.
Who is the qualification for?
This qualification is designed for aspiring Table Tennis coaches to be supported in the development of their knowledge of how to effectively coach a local club, or school team.
Who supports this qualification?
This qualification is supported by the National Source Group (NSG) for Table Tennis comprised of the National Governing Bodies (Table Tennis England, Table Tennis Wales and Table Tennis Scotland) as the trade association and employers for Table Tennis. A range of technical experts from within the NSG for Table Tennis have provided technical input in the development of this qualification.
Qualification Progression
What future education could this qualification lead to?
Learners achieving this qualification might consider progression to the following qualifications: <ul style="list-style-type: none"> • 1st4sport Level 2 Certificate in Coaching Table Tennis • Level 1 NVQ Award in Sport and Active Leisure.
What future employment could this qualification lead to?
This qualification can lead to paid or voluntary roles as a Table Tennis coach. <p>Other roles that a learner may also consider exploring include;</p> <ul style="list-style-type: none"> • activity leader • table tennis umpire • sports volunteer

Qualification Achievement
Entry Requirements for the Qualification
Prior to registration learners are required to: <ul style="list-style-type: none"> • be accurately identified • be 16 years of age or over • have some knowledge and/or experience of playing table tennis • be able to communicate effectively in English (this includes listening, speaking, reading and writing). <p>Prior to certification, learners are required to hold:</p> <ul style="list-style-type: none"> • hold a recognised safeguarding workshop certificate • a recognised emergency first-aid certificate
How is the Qualification Achieved?
To achieve the qualification, learners are required to have met all aspects of the assessment specification contained in the Qualification Handbook and usually presented in the pre-standardised Learner Portfolio offered by 1st4sport Qualifications.
What will be assessed?
Learners must: <ul style="list-style-type: none"> • complete a number of written tasks • plan, prepare for and deliver a 15-minute Table Tennis activity session, using the Level 1 Technical Syllabus for Table Tennis

How will it be assessed?

This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.

Learning Outcomes that begin ‘The learner will **understand...**’ will be assessed through theory based activities.

Learning Outcomes that begin ‘The learner will **be able to...**’ are assessed through practical activities.

For example:

Learning outcomes The learner will:	Assessment criteria The learner can:
1 understand how to ensure participants’ safety during sport specific coaching sessions	1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition.
	1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.
2 be able to prepare resources for the coaching session	2.1 ensure that the identified resources meet the requirements of the activity.

Qualification Delivery

What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.

- a qualification administrator
- a qualification coordinator
- a National Source Group for Table Tennis licensed tutor to conduct training
- a National Source Group for Table Tennis licensed assessor to conduct assessment
- a National Source Group for Table Tennis licensed internal quality assurer to conduct internal quality assurance (IQA)

In deploying the workforce, the recognised centre must ensure that each course operates with a maximum of 12 learners to one National Source Group for Table Tennis licensed tutor.

Further information on workforce requirements are available from 1st4sport Qualifications on request.

What facilities are needed to be able to deliver this qualification?

All training and/or assessment sites must include the following facilities:

Playing hall:

- appropriate space for tables of at least 8 x 4m per table
- lighting – minimum 300 lux, but preferably 500 or above
- floor area – appropriate flat and non-slippery floor surface
- non-reflective walls

Also:

- a theory space for up to 12 learners which includes a classroom containing multimedia facilities flip charts and flip chart pens.

What equipment is needed to be able to deliver this qualification?

The recognised centre is required to have equipment in place to facilitate the full programme of learning and assessment which must comply with accepted health and safety practice for Table Tennis and must include:

- table tennis tables:
 - Sufficient tables for a ratio of three candidates per table
 - Minimum 19mm playing top, but preferably 22mm+
 - Suitable net per table
- roll bar to be minimum 40cm from end of table, to accommodate wheelchair players.

The recognised centre must ensure that all learners and persons being coached wear appropriate sports apparel including correct footwear for the playing surface.

What qualification materials support this qualification?

This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include the *1st4sport Level 1 Award in Coaching Table Tennis*:

- *Qualification Handbook*, detailing the 1st4sport Qualification Approval Conditions
- *Qualification Handbook Unit Specifications*, detailing the Learning Outcomes and Assessment criteria for the qualification
- *Qualification Handbook Learner Portfolio*, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification.
- *Qualification Handbook Delivery, Assessment and Quality Assurance Approach*, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance.

How much does this qualification cost?

Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.

How to apply to deliver this qualification

This qualification is only available through Table Tennis England. Please visit <https://tabletennisengland.co.uk/coach/coaching/> for more information.

Contacts

1st4sport Qualifications

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Table Tennis England

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 Email: mailto:coached@tabletennisengland.co.uk
 Website: <http://tabletennisengland.co.uk/>

UK Coaching

Tel: 0113 274 4802
 Email: via www.ukcoaching.org/contact
 Website: www.ukcoaching.org

SkillsActive

Tel: 0330 004 0005
 Website: www.skillsactive.com

Ofqual

Tel: 0300 303 3344
 Email: public.enquiries@ofqual.gov.uk
 Website: www.gov.uk/government/organisations/ofqual

Qualification Structure (Rule of Combination)

Learners must successfully achieve seven credits from the seven mandatory units to receive the qualification certificate.

Mandatory Units

Unit Title	Level	Credit	GLH	Reference	Assessment Method(s)
Understanding the fundamentals of coaching sport	1	1	6	D/601/3531	Written Tasks, Observation of Coaching
Understanding the principles of planning coaching activities in sport	1	1	10	H/601/3532	Written Tasks, Observation of Coaching
Understanding the principles of conducting coaching activities in sport	1	1	10	K/601/3533	Written Tasks, Observation of Coaching
Understanding the principles of evaluating coaching activities in sport	1	1	7	M/601/3534	Written Tasks, Observation of Coaching
Planning coaching activities in table tennis	1	1	4	D/602/5517	Written Tasks, Observation of Coaching
Conducting coaching activities in table tennis	1	1	5	H/602/5518	Written Tasks, Observation of Coaching
Evaluating coaching activities in table tennis	1	1	3	K/602/5519	Written Tasks, Observation of Coaching

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