

1st4sport Level 1 Award in Assistant Coaching (Netball)



Qualification Specification

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|-----------------------------------|---|---------------------------------------|----------|----------------------|-----|-----------------------------|-----------------|
| Qualification Overview: | The 1st4sport Level 1 Award in Assistant Coaching (Netball) focuses on the skills and competences required to be able to assist the delivery of netball coaching sessions under the direct supervision of a more qualified coach. | | | | | | |
| Qualification Code: | 603/2629/3 | Level: | 1 | Age: | 16+ | Registration Period: | 1 year |
| Guided Learning (GL): | 17 hours | Total Qualification Time (TQT) | 35 hours | Credit Value: | 4 | Operational From: | 01 January 2018 |
| Progression Opportunities: | Learners can seek employment (paid or voluntary) as an assistant coach for netball sessions. Learners could progress to other industry-relevant qualifications in coaching, such as the 1st4sport Level 2 Certificate in Coaching Netball or the 1st4sport Level 2 Certificate in Coaching (Sport and Physical Activity). | | | | | | |

| Qualification Objective |
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| What does this qualification cover? |
| The 1st4sport Level 1 Award in Assistant Coaching (Netball) focuses on the skills and competences required to be able to assist the delivery of netball coaching sessions under the direct supervision of a more qualified coach. |
| Who is the qualification for? |
| This qualification is designed for aspiring netball coaches to be supported in the development of their knowledge of how to effectively coach a local club or school team. It is aimed at those looking to become an assistant netball coach, working under the direct supervision of a more qualified netball coach. |
| Who supports this qualification? |
| This qualification is supported by the National Source Group for Netball. The qualification is recognised as the industry standard level 1 qualification for assistant netball coaches by UK Coaching. It has been aligned to the UKCC criteria. |
| Qualification Progression |
| What future education could this qualification lead to? |
| This qualification leads to further learning or training in the area of coaching netball and/or other related areas. Learners achieving this qualification might consider progressing on to the 1st4sport Level 2 Certificate in Coaching Netball or the 1st4sport Level 2 Certificate in Coaching (Sport and Physical Activity). |
| What future employment could this qualification lead to? |
| This qualification can lead to paid or voluntary roles as an assistant netball coach. Other roles that the learner may consider exploring to include activity leader, netball umpire and sports volunteer. |

| Qualification Achievement |
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| Entry Requirements for the Qualification |
| The recognised centre is required to conduct and evidence the initial assessment of learners to ensure that the pre-requisites to registration and certification are considered, and that the learner has the potential to achieve the qualification. Prior to registration learners are required to: <ul style="list-style-type: none"> • be 16 years of age or over • be accurately identified • be able to communicate effectively in English (this includes listening, speaking, reading and writing). There are no additional pre-requisites to certification other than the successful completion of the required assessments. |
| How is the Qualification Achieved? |
| To achieve the 1st4sport Level 1 Award in Assistant Coaching (Netball), learners must successfully achieve three mandatory units. Achievement of the qualification is normally through attendance on a programme of learning and the successful completion of the 1st4sport Assessment Tasks contained within the 1st4sport Learner Portfolio. |
| What will be assessed? |
| Learners must: <ul style="list-style-type: none"> • complete written tasks contained within the 1st4sport Learner Portfolio • demonstrate their ability to coach netball activities Successful completion will result in the achievement of the qualification. |

How will it be assessed?

This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.

Learning Outcomes that begin ‘The learner will **understand...**’ will be assessed through theory based activities.

Learning Outcomes that begin ‘The learner will **be able to...**’ are assessed through practical activities.

For example:

| Learning outcomes The learner will: | Assessment criteria The learner can: |
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| 1 understand how to ensure participants’ safety during sport specific coaching sessions | 1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition. 1.2 describe how to structure coaching sessions to minimise the risk of injury to participants. |
| 2 be able to prepare resources for the coaching session | 2.1 ensure that the identified resources meet the requirements of the activity. |

Qualification Delivery

What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.

- a qualification administrator
- a qualification coordinator
- an NSG for Netball licensed tutor to conduct training
- an NSG for Netball licensed assessor to conduct assessment
- an NSG for Netball licensed internal quality assurer to conduct internal quality assurer (IQA)

Further information on workforce requirements are available from 1st4sport Qualifications on request.

What facilities are needed to be able to deliver this qualification?

The recognised centre is required to have one or more delivery sites which contain facilities to support the programme of learning and assessment. These must comply with health and safety regulations for netball and have in place appropriate access arrangements. All training and/or assessment sites should include the following facilities:

- one indoor netball court (minimum confirmed size of four badminton courts, including a full-sized shooting circle of 4.9 m) of uniform construction and even surface.
- a theory space that is close to playing areas to accommodate up to 25 persons which includes multimedia facilities, flip charts and flip chart pens.
- male and female changing and toilet facilities.

Further information on facility requirements are available from 1st4sport Qualifications in request.

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| What equipment is needed to be able to deliver this qualification? |
| <p>The recognised centre is required to have equipment in place to facilitate the full programme of learning and assessment which must comply with accepted health and safety practice for netball and should include:</p> <ul style="list-style-type: none"> • a minimum of 10 size 5 netballs • a minimum of 2 netball posts • a minimum of two full sets of netball bibs, in two different colours <p>Further information on equipment requirements are available from 1st4sport Qualifications in request.</p> |
| What qualification materials support this qualification? |
| <p>This qualification is supported by a number of additional documents which must be read by all relevant personnel within recognised centres approved to offer this qualification. These include the <i>1st4sport Level 1 Award in Assistant Coaching (Netball)</i>:</p> <ul style="list-style-type: none"> • <i>Qualification Manual</i>, detailing the 1st4sport Qualification Approval Conditions, available via Athena • <i>Unit Specifications</i>, detailing the Learning Outcomes and Assessment criteria for the qualification, available following Qualification Approval being granted • <i>Learner Portfolio</i>, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification. • <i>Delivery, Assessment and Quality Assurance Approach</i>, detailing the recommended learning programme, exemplar assessment answers and levels of attainment and guidance to the internal quality assurance |
| How much does this qualification cost? |
| <p>Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.</p> |

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| How to apply to deliver this qualification |
| <p>Contact 1st4sport Qualifications, requesting qualification approval for the 1st4sport Level 1 Award in Assistant Coaching (Netball).)</p> <p>Tel: 0113 290 7610 Email: enquiries@1st4sportqualifications.com Website: www.1st4sportqualifications.com</p> |
| Contacts |
| 1st4sport Qualifications |
| <p>Tel: 0113 290 7610 Email: enquiries@1st4sportqualifications.com Website: www.1st4sportqualifications.com</p> |
| England Netball |
| <p>Tel: 01509 277886 Email: coaching@englandnetball.co.uk Website: www.englandnetball.co.uk</p> |
| UK Coaching |
| <p>Tel: 0113 274 4802 Email: via www.ukcoaching.org/contact Website: www.ukcoaching.org</p> |
| SkillsActive |
| <p>Tel: 0330 004 0005 Website: www.skillsactive.com</p> |
| Ofqual |
| <p>Tel: 0300 303 3344 Email: public.enquiries@ofqual.gov.uk Website: www.gov.uk/government/organisations/ofqual</p> |

Qualification Structure (Rule of Combination)

Learners must successfully complete two mandatory and the netball-specific pathway unit to achieve the qualification.

Mandatory Units

| Unit Title | Level | Credit | GL | Reference | Assessment Method(s) |
|------------------------------------|-------|--------|----|------------|--|
| The role of the coaching assistant | 1 | 1 | 9 | M/616/6981 | Written Tasks, Observation of Coaching |
| The coaching assistant in practice | 1 | 2 | 9 | T/616/6982 | Written Tasks, Observation of Coaching |

Netball Pathway Unit

| Unit Title | Level | Credit | GL | Reference | Assessment Method(s) |
|---|-------|--------|----|------------|--|
| Technical coaching requirements for netball | 1 | 1 | 8 | A/616/6577 | Written Tasks, Observation of Coaching |

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