

## Qualification Purpose Statement: 1st4sport Level 2 Certificate for Coaching Football

Regulation						
Qualification details	Qualification title	Qualification No.	Level	GLHs <sup>1</sup>	TQT <sup>2</sup>	Credit
	1st4sport Level 2 Certificate in Coaching Football	601/8972/1	2	73	145	15
	Operational start date	1 August 2016				
	Review date	31 December 2020				
	Registration Period	3 Years				
Overview						
Introduction	<p>This qualification is solely awarded by 1st4sport Qualifications as the recognised awarding organisation regulated by Ofqual in England and Northern Ireland and by Qualifications Wales in Wales. The generic coaching content for this qualification has been developed in partnership with sports coach UK (scUK) as the UK’s technical agency for sports coaching, and the technical content with The Football Association, the technical lead agency for the sport in England. The qualification content is derived from the National Occupational Standards for Sports Coaching (2014) and the industry’s agreed common content for coaching and is directly linked to the UKCC endorsement criteria. This qualification forms part of The Football Association’s UKCC endorsed coach education programme. It is designed to build on the safe and fun introduction to coaching football gained via completion of <i>1st4sport Level 1 Award in Coaching Football</i>, challenging learners to consider in more detail how to effectively work with players and the impact of their own behaviors upon player development (and able to deliver independently if over 18 years old). The qualification sits within The FA’s progressive suite of football coaching qualifications.</p> <p>The qualification and its components are listed on the <i>Register of Regulated Qualifications</i>; component details are contained in the appendix to this specification. This qualification is equivalent to Level 3 on the European Qualifications Framework (EQF). Further information about the EQF can be found at: <a href="http://ec.europa.eu/eqf/home_en.htm">http://ec.europa.eu/eqf/home_en.htm</a></p>					

<sup>1</sup> Guided Learning Hours. GLHs for a specific qualification are defined as the number of hours of largely face-to-face tuition and assessment on-course; this includes all time spent on course-based learning and assessment activities.

<sup>2</sup> Total Qualification Time. TQT for a specific qualification is defined as the total number of notional hours required to achieve the qualification; this includes the GLHs, plus all off-course directed study time, including any time taken to complete any remote working/research/evidence generating activities.

Objective	<p>This qualification is designed to provide benefit to learners on the basis that it prepares them for employment as a Football coach. A Level 2 Football coach is able to plan, deliver and evaluate a series of linked and progressive football coaching sessions independently (if over the age of 18), although they may work as part of a larger coaching team. Through the completion of the learning programme for this qualification, learners will be introduced to the practical and theoretical aspects of planning, delivering and evaluating progressive coaching sessions in football.</p>				
Structure	<p>This qualification consists of four mandatory components. Learners must successfully complete all mandatory components.</p>				
	Component title	Component aim	Accreditation no.	Level	GLHs
	How we coach football	<p>To provide coaches with the opportunity to create their own coaching philosophy and style, developing skills and qualities required to coach football. Coaches will learn about the different ways that players learn and how this is linked to the stages of player development, helping them create engaging and positive learning environments, supporting them to become an excellent teacher of the game.</p>	K/508/5662	2	28
	How we play football	<p>Coaches will develop technical and tactical knowledge of the game, helping them link practice to competition, recognising the suitable balance of planning, doing and reviewing as part of their role within their own context. Coaches will learn about level appropriate technical detail associated with the England DNA.</p>	M/508/5663	2	13
	How we support in football	<p>To enable coaches to recognise the contribution of significant others (eg parents) and members of the multi-disciplinary team (eg sports scientists), who support player development, appropriate to each stage of the player development pathway. Coaches will grasp how building relationships with those individuals and/or groups of people helps to create and sustain the appropriate support mechanisms for players throughout their development journey. The unit will help coaches make the most of resources available in order to create a positive learning environment for players.</p>	T/508/5664	2	11
The future football player	<p>Coaches will gain the knowledge, understanding and skills required to support the development of English players who are creative, innovative and excellent decision makers, with the capability of developing to their full potential. The unit will introduce and promote the concept of players taking ownership of their own learning, and consider how coaches must be able to deal with difference in order to ensure individual player needs are met, promoting learning and development in line with The FA's 4 Corner Development Model.</p>	A/508/5665	2	21	

<p>Training and assessment</p>	<p>Achievement of the qualification is normally through attendance on a course of learning and assessment. The assessment specification requires learners to:</p> <ul style="list-style-type: none"> <li>• complete a series of assessed tasks contained within their learning journal provided by The FA and/or located on The FA Learner Management System.</li> <li>• plan, deliver and reflect on a minimum of eight football coaching sessions. Six of the eight sessions should be linked and progressive, and working with the same group of players in order to monitor and review progress. Ideally learners should also complete eight match day observations linked to the developed sessions.</li> <li>• demonstrate their ability to coach football session(s) for a minimum of 40 minutes which can be made up of multiple practices on separate occasions or a single 40-minute session. This can be completed in the coach's workplace or a simulated environment. Observed sessions may be taken from the eight planned sessions.</li> </ul> <p>The learning journal and the practical demonstrations of football coaching are inclusive of all assessment criteria. Successful completion will result in the achievement of the qualification.</p>
<p>Progression</p>	
<p>Entry routes for learners</p>	<p>Prior to registration for the qualification learners are required to:</p> <ul style="list-style-type: none"> <li>• be accurately identified</li> <li>• be at least 16 years of age</li> <li>• have completed the 1st4sport Level 1 Award in Coaching Football</li> <li>• be able to communicate effectively in English<sup>3</sup> (this includes listening, speaking, reading and writing).</li> </ul> <p>Prior to certification for the qualification learners are required to:</p> <ul style="list-style-type: none"> <li>• hold as a minimum a current FA Emergency Aid Certificate</li> <li>• hold a current completion certificate for The FA Workshop <i>Safeguarding Children in Football</i> (Alternative arrangements are available for learners under the age of 18 years of age).</li> </ul>

<sup>3</sup> Learners must be able to understand the requirements of, and produce the evidence required for, the qualification and the information within the qualification materials in English without assistance. Where there is demand, this qualification may also be available in Welsh or Irish.

Exit routes for learners: education	<p>The qualification may enable successful learners to progress to a higher level football coaching qualification. The skills and knowledge developed may also be used to enable learners to progress to other industry-relevant qualifications in coaching sport, physical activity, activity leadership, supporting PE in school sport and sports development.</p> <p>The qualification sits within a The Football Association's suite of progressive football coaching sport qualifications, and supports progression onto The FA level 3 (UEFA B) in Coaching Football qualification.</p>
Exit routes for learners: employment	<p>This qualification may lead to paid employment or unpaid voluntary roles in coaching football, either working independently or as part of a coaching team. Other roles that the learner may consider exploring include Activity Leader, Sports Official, Sports Volunteer.</p>
<b>Market and Support</b>	
Target Audience: Learners	<p>The qualification is designed for those who wish to develop their skills as a football coach as a progression from the 1st4sport Level 1 Award in Coaching Football. On completion of the qualification learners will have a growing responsibility for the ongoing development of players; building on the introduction to the four key areas of coaching the sport, gained through completion of the Level 1; development of self/the player/the game and the environment. The Level 2 offers learners the basics of independent football coaching based around the same four themes.</p>
Target audience: centres	<p>The qualification is designed to be delivered through a range of centres, which include (but is not limited to) County Football Associations, colleges, training providers and schools.</p>
Target Audience: employers	<p>The qualification is designed to support employers in the sport, active leisure and physical activity sector; supporting development pathways of employees and volunteers. Qualified and competent employees and volunteers in this sector supports the professionalisation of the industry, ensures quality assured services and duty of care to stakeholders.</p>
Alternatives:	<p>1st4sport Qualifications award a number of alternative sport-specific qualifications in coaching at Level 2. A list of our coaching qualifications can be found at <a href="http://www.1st4sportqualifications.com/our_qualifications">www.1st4sportqualifications.com/our_qualifications</a></p>
Support	<p>The qualification is recognised as the industry standard level 2 qualification for football coaches by sports coach UK and with The Football Association. The support is focused on the benefits of the qualification for learners, the objective of the qualification and the predicted learner demand. This information was gathered through valid research and consultation with a range of stakeholders including a range of technical experts and experienced delivery centres, and sports coach UK.</p>