

## Purpose Statement: 1st4sport Level 2 Certificate for Coaching Taekwondo

Regulation						
Qualification details	Qualification title	Qualification No.	Level	GLHs <sup>1</sup>	TQT <sup>2</sup>	Credit
	1st4sport Level 2 Certificate in Coaching in Taekwondo	603/0184/3	2	27	129	13
	Operational start date	1 August 2016				
	Review date	31 December 2019				
	Registration Period	2 Years				
Overview						
Introduction	<p>This qualification is solely awarded by 1st4sport Qualifications as the recognised awarding organisation regulated by Ofqual in England and Northern Ireland and Qualifications Wales in Wales. The technical content for this qualification has been developed in partnership with British Taekwondo Council (BTC Ltd) and British Taekwondo Control Board Limited (BT). These organisations have collaborated on the design of this qualification and are committed to utilising this as a major stepping stone to developing the quality of coaching across home countries. The qualification content is derived from the National Occupational Standards for Sports Coaching (2014) and the industries agreed common content.</p> <p>The qualification and its components are listed on the <i>Register of Regulated Qualifications</i>; component details are contained in the appendix to this specification. This qualification is equivalent to Level 3 on the European Qualifications Framework (EQF). Further information about the EQF can be found at: <a href="http://ec.europa.eu/eqf/home_en.htm">http://ec.europa.eu/eqf/home_en.htm</a></p>					

<sup>1</sup> Guided Learning Hours. GLHs for a specific qualification are defined as the number of hours of largely face-to-face tuition and assessment on-course; this includes all time spent on course-based learning and assessment activities.

<sup>2</sup> Total Qualification Time. TQT for a specific qualification is defined as the total number of notional hours required to achieve the qualification; this includes the GLHs, plus all off-course directed study time, including any time taken to complete any remote working/research/evidence generating activities.

<b>Objective</b>	<p>This qualification is designed to provide benefit to learners on the basis that it potentially prepares them for employment as a Taekwondo coach. A level 2 Taekwondo coach is able to plan, deliver and evaluate a series of linked and progressive Taekwondo coaching sessions independently, although they may work as part of a larger coaching team. In attending the qualification, learners are introduced to the practical and theoretical aspects of planning, delivering and evaluating progressive coaching sessions in Taekwondo.</p>				
<b>Structure description</b>	<p>This qualification consists of four mandatory components and two optional components. Learners are required to successfully complete all four mandatory components and one of the two optional components in order to achieve the qualification. The four mandatory components are required to be delivered in the context of the fifth optional component.</p>				
<b>Mandatory Components</b>	<b>Component title</b>	<b>Component aim</b>	<b>Accreditation no.</b>	<b>Level</b>	<b>GLHs</b>
	The role of the Taekwondo coach	This component assesses a coach's understanding of their role and responsibilities and the roles of others, ensuring that their coaching is safe and inclusive.	R/615/0966	2	5
	Plan a series of Taekwondo coaching sessions	This component assesses a coach's ability to plan a series of Taekwondo coaching sessions to meet the needs of participants. The series of coaching sessions planned will be linked and progressive in nature in order to develop participants' performance within Taekwondo.	J/615/0947	2	4
	Deliver a series of Taekwondo coaching sessions	This component assesses a coach's ability to deliver a series of Taekwondo coaching sessions to meet the needs of participants. The series of coaching sessions delivered will be linked and progressive in nature in order to develop participants' performance within the Taekwondo environment.	R/615/0949	2	12
	Review a series of Taekwondo coaching sessions	This component assesses a coach's ability to review a series of Taekwondo coaching sessions that meet the needs of participants. The series of Taekwondo coaching sessions reviewed will be linked and progressive in nature in order to develop participants' performance within Taekwondo.	L/615/0982	2	6

Optional Components	Component title	Component aim	Accreditation no.	Level	GLHs
	Technical Coaching Requirements for Taekwondo International Taekwondo Federation/Independent (including Kukkiwon)	This component aims to develop the coach's knowledge of the technical coaching requirements for International Taekwondo Federation (ITF), Independent (including Kukkiwon) styles of Taekwondo.	L/615/0951	2	7
	Technical Coaching Requirements for Taekwondo (World Taekwondo Federation style)	This component aims to develop the coach's knowledge of the technical coaching requirements for WTF styles of Taekwondo.	Y/615/0953	2	7
Training and assessment	<p>Achievement of the qualification is normally through attendance on a course of training and assessment. The assessment specification requires learners to complete their <i>1st4sport Learner Portfolio</i> which requires them to:</p> <p><b>BTC assessment requirements:</b></p> <ul style="list-style-type: none"> <li>complete a series of written assessed tasks consisting of short answers questions and template completion</li> <li>plan, deliver and evaluate a minimum of six coaching sessions in Taekwondo. Four of the six sessions must be linked and progressive, and working with the same group of participants in order to monitor and review any progress made.</li> <li>demonstrate their ability to plan, deliver and review two 20 minute practical coaching sessions in a simulated environment. These two sessions will be planned for, and delivered to a different participant type to the linked and progressive sessions e.g. adults/youths/ children/disabled/non-disabled.</li> </ul> <p><b>BT assessment requirements:</b></p> <ul style="list-style-type: none"> <li>complete a series of written assessed tasks consisting of short answers questions and template completion</li> <li>plan, deliver and evaluate a minimum of eight coaching sessions in Taekwondo. Six of the eight sessions must be linked and progressive, and working with the same group of participants in order to monitor and review any progress made.</li> <li>demonstrate their ability to plan, deliver and review one 15 minute practical coaching session in a simulated environment. This session will be planned for, and delivered to a different participant type to the linked and progressive sessions e.g. adults/youths/ children/disabled/non-disabled.</li> </ul> <p>The tasks are inclusive of all assessment criteria. Successful completion will result in the achievement of qualification.</p>				

## Progression

### Entry routes for learners

#### BTC requirements

The recognised centre is required to conduct an initial assessment of learners to ensure that pre-requisites to registration and certification are considered and outcomes recorded during the application process. Prior to registration learners are required to:

- be accurately identified
- be at least 18 years of age
- be able to communicate effectively in English<sup>3</sup> (this includes listening, speaking, reading and writing)
- hold minimum 1st degree/Dan black belt
- BTC registered Instructor course

Prior to certification learners are required to:

- hold a recognised safeguarding certificate
- hold a recognised emergency aid certificate if operating in premises where provision is not already provided

#### BT requirements

The recognised centre is required to conduct an initial assessment of learners to ensure that pre-requisites to registration and certification are considered and outcomes recorded during the application process. Prior to registration learners are required to:

- be accurately identified
- be at least 17 years of age
- be able to communicate effectively in English<sup>4</sup> (this includes listening, speaking, reading and writing)
- hold minimum 1<sup>st</sup> Dan black belt

Prior to certification learners are required to:

- be at least 18 years of age

<sup>3</sup> Learners must be able to understand the requirements of the qualification and the information within the qualification materials in English without assistance. Where there is demand, this qualification may also be available in Welsh or Irish.

<sup>4</sup> Learners must be able to understand the requirements of the qualification and the information within the qualification materials in English without assistance. Where there is demand, this qualification may also be available in Welsh or Irish.

<b>Exit routes for learners: education</b>	<p>Learners completing this qualification may choose to broaden their knowledge by undertaking an alternative sport specific Level 2 qualification, or progress to an alternative sport specific Level 3 qualification.</p> <p>The skills and knowledge developed may be used to enable learners to progress to other industry-relevant qualifications in coaching sport, activity leadership, supporting PE in school sport and sports development, refereeing, umpire events staff.</p>
<b>Exit routes for learners: employment</b>	<p>This qualification may lead to paid employment or unpaid voluntary roles in coaching Taekwondo, either working independently or as part of a coaching team. Other roles that the learner may consider exploring include Activity Leader, Official and Sports Volunteer.</p> <p>This qualification will also support learners who aspire to, or are currently coaching Taekwondo within a community club, working in schools and/or with county sports partnerships and local authorities.</p>

Market and Support	
<b>Target Audience: Learners</b>	<p>The qualification is designed for those who wish to become involved in Taekwondo as an independent coach, and wish to take responsibility for the ongoing development of participants.</p> <p>This qualification is aimed at learners who have achieved a 1<sup>st</sup> Degree/Dan Black Belt, may currently operate at a community club or aspire to do so, those who already have instructor status or support a club instructor, under supervision, or who have achieved a leadership qualification in the delivery of Taekwondo.</p>
<b>Target audience: centres</b>	<p>The qualification will only be delivered through the British Taekwondo Council or British Taekwondo approved centres in the first instance.</p>
<b>Target Audience: employers</b>	<p>This qualification is exclusively aimed at Members and Member Organisations of the British Taekwondo Council (BTC) and instructors who are registered members of the BTC or British Taekwondo (BT).</p> <p>The qualification is also designed to support employers in the sport, active leisure and physical activity sector; supporting development pathways of employees and volunteers. Qualified and competent employees and volunteers in this sector supports the professionalisation of the industry, providing quality assured services and duty of care to stakeholders.</p>
<b>Alternatives:</b>	<p>There are no alternative qualifications for a learner wishing to independently coach Taekwondo and deliver linked and progressive Taekwondo coaching sessions.</p> <p>1st4sport Qualifications also award a number of sport-specific qualifications in coaching at Level 2. A list of our coaching qualifications can be found at <a href="http://www.1st4sportqualifications.com/our_qualifications">www.1st4sportqualifications.com/our_qualifications</a></p>
<b>Support</b>	<p>The qualification is recognised as the industry standard level 2 Taekwondo qualification for coaches by sports coach UK. The support is focused on the benefits of the qualification for learners, the objective of the qualification and the predicted learner demand. This information was gathered through valid research and consultation with the British Taekwondo Council and British Taekwondo.</p>