



1st4sport Qualifications
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10 September 2015

To whom it may concern

1st4sport Level 3 Diploma in Sport and Physical Activities (Qualification No 601/7671/4)

I am writing this letter in support of the 1st4sport Level 3 Diploma in Sport and Physical Activities which has been developed by 1st4sport Qualifications.

sports coach UK is the UK's technical agency for coaching, established as a charity more than 30 years ago to promote for the public benefit the education of sports coaches, youth and community sports leaders, physical education teachers and other people engaged in the teaching and encouragement of sporting skills. The focus of support to coaches has been in the fields of physiology, biomechanics, psychology, sociology, philosophy, pedagogy, and other sports-related subjects.

The range of environments in which sports coaches are developing and making impact has increased over the last few years. This qualification recognises that school and community based sport are recognised specific settings for coaches to support the development of individuals. The qualification provides an opportunity for coaches progress from the 1st4sport Level 2 Diploma in Sport and Physical Activities and to develop specific skills for these settings, and for community coaches to be developed from within the community they will be serving.

One particular element of note is the provision of a learning programme framework which supports matching the content with specific, but flexible learning opportunities. This mirrors the work we have been doing in raising the standards of coach education in the UK through the UKCC.

As such, sports coach UK fully recognise the importance of a qualification that enables learners to build on their skills using the 1st4sport Level 3 Diploma in Sport and Physical Activities.

Yours sincerely,

Steve McQuaid
Head of Coach Education

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