

Qualification Purpose Statement

1st4sport Level 1 Award in Coaching Football (QCF)

Qualification Number: 501/1628/9

Overview

This qualification covers...

The qualification is designed to provide you with an introduction to the practical and theoretical aspects of coaching football. The foundation level of knowledge and skills developed by The Football Association will enable you to develop an understanding of the safe, ethical and effective management and coaching of football to players of all ages. The qualification is composed of seven mandatory units giving you seven credits.

This qualification is designed for...

The qualification is designed to prepare aspiring coaches for employment in paid or voluntary roles that will enable you to assist other more qualified coaches in delivering football coaching sessions to players of all ages. It is most appropriate as the first stage on the football coaching career ladder.

You don't need to hold any specific qualifications to access a programme of training for this qualification; however you do need to be 16 years of age. You will need, usually provided as part of the programme of learning, to hold an FA Emergency Aid Certificate and have attended The FA workshop 'Safeguarding Children in Football' (learners under the age of 18 years are eligible to complete an alternative to the workshop).

This qualification leads to...

This qualification leads to paid or voluntary roles in coaching the sport of football in schools, colleges and local football clubs. The skills and knowledge developed through this qualification may also be used enable you to progress to other industry-relevant qualifications in coaching other sports, activity leadership, supporting PE in schools sport and sports development. Following a period of practice as a qualified Level 1 coach, you may also choose to follow a programme of training for the *1st4sport Level 2 Certificate in Coaching Football (QCF)* or the *1st4sport Level 2 Award in Leadership through Football (QCF)*

This qualification is supported by...

The qualification is recognised as the industry standard level 1 qualification for coaching football by the national governing body for Football in England: The Football Association. The FA is also the professional body for football coaches, providing services and support to those who hold this and other football qualifications.

It is also recognised by and has the support of a range of employers, including the County Football Associations, Football Clubs, schools and colleges, as the sole qualification for those looking to begin a career in coaching football. The qualification is also endorsed by the lead agency for coaching, sports coach UK, as meeting its UKCC criteria.

For further information please see:

[The Football Association](#)
[FA Learning](#)
[sports coach UK](#)

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Letters from the following organisations are available to support this qualification:

- The Football Association (professional association)
- Norwich City Community Sports Foundation (employer)
- Lancashire County Football Association Ltd (employer)
- RAW Soccer (employer)
- Norfolk County Football Association Ltd (employer)
- Gloucester Football Association Ltd (employer)
- Manchester United Foundation (employer)