

1st4sport Level 1 Certificate in Coaching Hockey



Facts and Figures

Qualification Accreditation Number	100/5725/0
Pathway Unit Number	J/500/8930
Learning Hours (Guided)	36 (19)
SFA/LAD Funding Code	100/5725/0
Entry Age	16+
Qualification Accreditation Start Date	01/11/05
Qualification Accreditation End Date	31/12/10
Certification End Date	31/12/11
Qualification Structure	See the units of this qualification
Supporting Materials	See the supporting materials

[Find out how to apply to deliver this qualification.](#)

There are no costs involved in applying or becoming a 1st4sport recognised centre.

Hockey is a popular sport with the number of clubs, teams and people participating, particularly youths, on the increase over the last few years in the UK. Coaches are therefore heavily in demand. Developed in partnership with the [National Source Group for Hockey](#), the 1st4sport Level 1 Certificate in Coaching Hockey provides learners with an introduction to the principles/practice of safe, ethical and effective management and the coaching of hockey to players of all ages. The qualification is an excellent entry route onto the hockey coaching ladder and allows learners to get experience of coaching without the additional pressure of being responsible for the whole coaching session. The foundation level of knowledge provided allows aspiring hockey coaches to assist a hockey club coach in the coaching of groups of players.

Frequently Asked Questions

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Who is the Qualification for?

Anyone over 16 years of age who would like to develop his or her coaching skills in the sport of hockey. Parents of children playing hockey who would like to become more involved. Sports centre staff, teachers, youth workers and volunteers would also find that this qualification supported their involvement in the sport. Students in further or higher education, studying sports-related coaching qualifications, should pursue this Certificate as a valuable addition to their portfolio of coaching skills.

Why Deliver this Qualification?

Endorsed by UKCC and accredited onto the National Qualifications Framework

The UK-wide standardisation of the delivery of coach education has ensured that the sport has been able to gain UKCC endorsement for the coach education programme within which the qualification sits. The result: you can be confident that this is the only UKCC-endorsed Level 1 hockey coaching qualification available. As a result successful learners will have a well-recognised qualification to add to their portfolio that should be valued by any would-be employer or hockey club.

The qualification is transferable across the home nations

It has been developed in partnership with the National Source Group for Hockey, which encompasses England Hockey, the Scottish Hockey Union and the Welsh Hockey Union, and, as such, meets the requirements for an assistant coach in the majority of the home nations.

Increasing popularity

Hockey is a popular sport with the number of clubs, teams and people participating on the increase over the last few years. The sport has seen a particular increase in its popularity among the youth of the UK, with the number of teams having almost tripled since 2002. And with over 116,000 people participating in the sport and 2012 on the horizon it is envisaged that participation numbers will continue to rise leading to an increased demand for qualified coaches at both junior and senior levels.

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What are the Learner Prerequisites?

To be certificated for the qualification, learners are required to be at least 16 years of age

How is the Qualification Structured?

The qualification is divided into the following units:

Unit No.	Unit Title	Accreditation No.
1	Introduction to Safe and Ethical Coaching	M/103/5014
2	Prepare to Deliver Coaching Activities	T/103/5015
3	Deliver and Review Coaching Activities	A/103/5016
18	Coaching Hockey	J/500/8930

There are 36 recommended learning hours for learners to complete the qualification, of which 19 are guided learning hours.

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What are the Supporting Materials?

Unlike many other awarding bodies that just supply you with the basic qualification standards, we go that extra mile to support you by providing:

- full and comprehensive learner packs, which include a full set of structured learning and assessment tasks to help you deliver the qualification
- tutor/assessor guidance notes, which include sample answers to support you when assessing your students
- qualification administration that is all carried out online, enabling you to process students quickly and effectively, and making the records we hold on your students accessible to you at the click of a mouse.

For recognised centres and tutors, the qualification is supported by the following resources:

- generic administrative guidance and tools for recognised centres
- Qualification Specification outlining the requirements of delivering and assessing the qualification
- 1st4sport Level 1 Certificate in Coaching Hockey Tutor/Assessor/Verifier Guidance Pack
- 1st4sport Level 1 Certificate in Coaching Hockey Learning and Assessment Materials Pack
- internal and independent assessment tools
- Hockey Coaching UK Health and Safety Guidelined for Coaching.

For learners, the qualification is supported by the following resources:

- 1st4sport Level 1 Certificate in Coaching Hockey Learner Pack and supporting CD
- internal and independent assessment tools
- Hockey Coaching UK Level 1 learning materials



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What are the Fees?

Fees are charged per learner and provide registration and certification for the qualification, as well as a 1st4sport Learner Pack, learning resources and a certificate. There are no costs involved in [applying to deliver the qualification](#) or becoming a 1st4sport recognised centre. Further information on fees is available in your qualification application pack.

How do I Find Out More?

To find out more about the organisations that assisted in developing this qualification, please visit their respective websites at:

England Hockey– www.Englandhockey.co.uk

The Scottish Hockey Union - www.scottish-hockey.org.uk

The Welsh Hockey Union - www.welsh-hockey.co.uk

Contact Details for 1st4sport Qualifications:

1st4sport Qualifications
Coachwise limited
Chelsea Close
Off Amberly Road
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Tel: 0113-290 7610

E-mail: enquires@1st4sportqualifications.com

How do I Apply?

If you are not already a 1st4sport recognised centre, but would like to deliver the 1st4sport Level 1 Certificate in Coaching Hockey, you will first need to fill in a Centre Recognition Application Form.

To apply, please [request a Centre Recognition Application Form](#)

If you are already a 1st4sport recognised centre and would like to seek approval to deliver the 1st4sport Level 1 Certificate in Coaching Hockey, please access *Athena*, the 1st4sport quality assurance system, and complete the qualification approval process. If you cannot remember your username and password, please [contact us](#).

We don't charge you any fees to apply to deliver this qualification.

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Other 1st4sport Qualifications you may be interested in:

- [1st4sport Level 2 Certificate in Coaching Hockey](#)
- [1st4sport Level 3 Certificate in Coaching Hockey](#)
- [1st4sport Level 2 Award in Coaching Studies](#)
- [1st4sport Level 1 Certificate in Coaching Netball](#)

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 - [Become a recognised centre](#)
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 - [Learner Information](#)
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