

1st4sport Level 2 Certificate in Coaching Gymnastics (QCF)



Overview

Qualification Number	600/0487/3
Credit Value (Guided Learning Hours)	18 (53–92)
SFA/LAD Funding Code	600/0487/3
Entry Age	17
Qualification Operational Start Date	23/01/2011
Qualification Operational End Date	28/02/2015
Certification End Date	29/02/2016
Qualification Structure	See Structure
Supporting Materials	See Materials

To find out how to apply to deliver this qualification see the *How to Apply* section. There are no costs involved in applying or becoming a 1st4sport recognised centre.

Developed in partnership with British Gymnastics (BG), the education arm of gymnastics, the 1st4sport Level 2 Certificate in Coaching Gymnastics (QCF) is the second qualification on the gymnastics coaching ladder. This qualification provides learners aged 17 and over with an ongoing involvement in the processes and principles of coaching gymnastics to adults and children. It is designed to develop learners' knowledge of how to effectively plan, conduct and evaluate gymnastics coaching sessions for adults and children. On successful completion of this Certificate, learners will be qualified to lead gymnastics coaching sessions and be involved in local junior/senior gymnastics clubs and schools.

Prerequisites

Prior to certification, learners are required to:

- be a minimum of 17 years old
- hold a 1st4sport Level 1 gymnastics coaching qualification, or a BG-recognised equivalent
- hold a Cycle 6 BG Level 1 coaching qualification and have attended the UKCC update course.

Due to the level of autonomy and responsibility attached to a qualified coach operating at this level, learners must be at least 18 years of age before they can be certificated.

The above prerequisites, for those who do not already hold the appropriate evidence, will normally be provided by recognised centres as part of the learning programme.

Structure

The qualification is divided into the following units:

Title	Accreditation number	GLH	Credit
201 Understanding the Fundamentals of Coaching Sport	J/601/2101	22	3
202 Understanding the Principles of Planning Coaching Activities in Sport	Y/601/2104	12	2
203 Supporting Participants' Lifestyle through Coaching Sport	H/601/2106	16	2
204 Understanding the Principles of Safe and Equitable Coaching Practice	M/601/2108	13	2
205 Plan a Series of Gymnastics Coaching Sessions	D/502/6821	5	2
206 Prepare the Gymnastics Coaching Environment	F/502/6827	9	2
207 Deliver a Series of Gymnastics Coaching Sessions	F/502/7685	12	2
208 Monitor and Evaluate Gymnastics Coaching Sessions	H/502/6819	3	2

Materials

Unlike many other awarding organisations, which just supply you with the basic qualification standards, we go that extra mile to support you by providing:

- full and comprehensive Learner Packs, which include a full set of structured learning and assessment tasks to help you deliver and assess the qualification

- tutor/assessor guidance notes, which include sample answers to support you when assessing your learners
- online qualification administration, enabling you to process learners quickly and effectively, and making the records we hold on your learners accessible to you at the click of a mouse.

For recognised centres and tutors, the qualification is supported by the following resources:

- generic administrative guidance and tools for recognised centres
- Qualification Specification outlining the requirements of delivering and assessing the qualification
- 1st4sport Level 2 Certificate in Coaching Gymnastics Tutor/Assessor/Verifier Guidance Pack
- 1st4sport Level 2 Certificate in Coaching Gymnastics Tutor/Assessor/Verifier Guidance to Assessment Pack
- internal and independent assessment tools
- Level 2 Gymnastics Coach Resource Manual.

For learners, the qualification is supported by the following resources:

- 1st4sport Level 2 Certificate in Coaching Gymnastics Learner Pack
- internal and independent assessment tools
- discipline-specific handbook
- CD-ROM containing electronic assessment tasks and BG documentation.

Fees

Fees are charged per learner and provide registration and certification for the qualification, as well as a 1st4sport Learner Pack, learning resources and certificate. There are no costs involved in applying or becoming a 1st4sport recognised centre. Further information on fees is available in your qualification application pack.

How to Apply?

Non-1st4sport recognised centres

If you are not already a 1st4sport recognised centre, you need to apply to become one by completing a Centre Recognition Application Form. You can now do this online through Athena, the 1st4sport online Quality Assurance System, where you can also apply to become approved for the qualifications that interest you. To access Athena, simply call us on 0113-290 7610 to receive a unique access code or fill in the [Request for Centre Recognition Application Form](#) and we will send you one.

Existing 1st4sport recognised centres

If you are already a 1st4sport recognised centre and would like to seek approval to deliver the 1st4sport Level 2 Certificate in Coaching Gymnastics (QCF), please access Athena and complete the qualification approval process. If you cannot remember your username and password, please contact us at qmt@1st4sportqualifications.com.

QCF

This qualification sits on the new QCF. Further information about the benefits of the new framework can be found by visiting www.ofqual.gov.uk.

All learners being registered for QCF qualifications are required to have a Unique Learner Number (ULN) issued by the Learner Register. To be approved to offer this QCF qualification, you will need to demonstrate that you can access and verify learners' ULNs with the Learner Register. For more information about this process, please visit www.learningrecordsservice.org.uk/products/uln.

Other 1st4sport Qualifications you may be interested in:

1st4sport Level 3 Certificate in Coaching Gymnastics (QCF)

- [1st4sport Level 3 Award in the Principles of Coaching Sport \(QCF\)](#)
- [1st4sport Level 2 Award in Coaching Strength and Conditioning for Sport \(QCF\)](#)

In partnership with:



Visit the [British Gymnastics website](#)

Endorsed by:



- [Five reasons to choose 1st4sport](#)
 - [Become a recognised centre](#)
 - [Deliver this qualification](#)

 - [Learner Information](#)
-

Built on [Cubik](#)
©2012 1st4sport Qualifications

1st4sport Qualifications is a brand of Coachwise Ltd, the trading arm of sports coach UK, the UK-registered charity leading the development of coaching. Any proceeds from your business goes directly back to sports coach UK to invest in developing coaching for all children, players and athletes in the UK.

Coachwise Ltd. is registered in England 2340767, registered offices at: Chelsea Close, Off Amberley Road, Armley, Leeds, LS12 4HP.