

Diploma in Sport and Active Leisure - 1st4sport Qualifications' Additional and Specialist Learning (ASL) Catalogue

Plan your Diploma in Sport and Active Leisure additional and specialist learning (ASL) provision with confidence



Quick Links:

[Accepted as Part of the ASL Catalogue](#)
[How Can You Offer Accepted ASL qualifications?](#)

1st4sport has had a number of qualifications accepted to be included in the ASL component of the Foundation, Higher and Advanced Diplomas.

We are also a [functional skills](#) awarding body, which means your learners can also benefit from tailor-made functional skills resources specifically designed for the sports industry.

Download our [Diploma in Sport and Active Leisure promotional flyer](#) and find out:

- how the Diploma in Sport and Active Leisure is structured
- which qualifications are included in 1st4sport's ASL Catalogue
- 1st4sport's recommendations for your ASL delivery
- why you should choose 1st4sport as your awarding body
- how you can become approved to deliver the qualifications of interest.

Below is a list of qualifications we currently provide that have been accepted as part of the Catalogue. Alternatively you can visit the [The Register of Regulated Qualifications website](#). Click the search Diplomas button at the bottom of [this page](#) to view the qualifications accepted as part of the Catalogue.

If you require further information, please call the Qualification Management/Development Team on 0113-290 7610 or keep checking this website for regular updates.

Accepted as part of the ASL Catalogue – currently available to deliver

Qualification Title	Qualification Reference Number	Guided Learning Hours	Credits	Age
Level 1 qualifications				
1st4sport Level 1 Award in Preparation for Event Volunteering (Personal Best) (QCF)	500/5884/8	120	12	16+
1st4sport Level 1 Award in the Principles of Coaching Sport (QCF)	500/9004/5	33	4	14+
1st4sport Level 1 Award in Coaching Angling (QCF)	600/0052/1	33	7	16+
1st4sport Level 1 Award in Coaching Basketball (QCF)	600/0056/9	34	7	16+
1st4sport Level 1 Award in Coaching Cycling (QCF)	501/2063/3	25	7	16+
1st4sport Level 1 Award in Coaching Football (QCF)	501/1628/9	45	7	16+
1st4sport Level 1 Award in Coaching Gymnastics (QCF)	600/0181/1	24	10	16+
1st4sport Level 1 Award in Coaching Hockey (QCF)	600/0172/0	17	7	16+
1st4sport Level 1 Award in Coaching Orienteering (QCF)	501/2329/4	32	7	16+
1st4sport Level 1 Award in Coaching Rugby Union (QCF)	501/1817/1	30	7	18+
1st4sport Level 1 Award in Coaching	600/0199/9	47	7	16+

<u>Strength and Conditioning for Sport (QCF)</u>				
1st4sport Level 1 Award in Coaching Tennis (QCF)	501/2334/8	67	8	16+
1st4sport Level 1 Award in Coaching Triathlon (QCF)	600/0055/7	33	7	16+
<u>1st4sport Level 1 Award in Coaching Volleyball (QCF)</u>	600/0013/2	32	7	16+
Level 2 qualifications				
<u>1st4sport Level 2 Award in Introductory Work in the Outdoors (QCF)</u>	600/2685/6	57	10	16+
<u>1st4sport Level 2 Award in Leadership through Football (QCF)</u>	500/8161/5	56	9	14+
<u>1st4sport Level 2 Award in Leadership through Rugby Union (QCF)</u>	500/1126/7	56	9	14+
<u>1st4sport Level 2 Certificate in the Principles and Preparations for Coaching Sport (QCF)</u>	600/2718/6	93	13	16+
<u>1st4sport Level 2 Certificate in the Treatment and Management of Injury in Sport</u>	100/5190/9	42	N/A	16+
<u>1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)</u>	600/0463/0	158	18	16+
<u>1st4sport Level 2 Award in the Principles of Coaching Sport (QCF)</u>	500/8486/0	63	9	14+
<u>1st4sport Level 2 Award in Understanding Stewarding at Spectator Events (QCF)</u>	500/5980/4	40	5	18+
<u>1st4sport Level 2 Certificate in Coaching Angling (QCF)</u>	600/0057/0	90	15	17+
<u>1st4sport Level 2 Certificate in Coaching Basketball (QCF)</u>	600/0063/6	90	16	18+
<u>1st4sport Level 2 Certificate in Coaching Cycling (QCF)</u>	501/1872/9	30	17	18+
<u>1st4sport Level 2 Certificate in Coaching Football (QCF)</u>	501/1627/7	113	20	16+
1st4sport Level 2 Certificate in Coaching Hockey (QCF)	600/0373/X	31	18	18+
<u>1st4sport Level 2 Certificate in Coaching Orienteering (QCF)</u>	600/0064/8	77	15	17+
<u>1st4sport Level 2 Certificate in Coaching Rugby Union (QCF)</u>	501/1858/4	35	17	18+
<u>1st4sport Level 2 Certificate in Coaching Strength and Conditioning for Sport (QCF)</u>	600/0200/1	118	19	16+
<u>1st4sport Level 2 Certificate in Coaching Triathlon (QCF)</u>	501/2326/9	77	14	18+
<u>1st4sport Level 2 Certificate in Coaching Water Skiing/Wakeboarding (QCF)</u>	501/0611/9	81	14	16+
Level 3 qualifications				
<u>1st4sport Level 3 Award in the Principles of Coaching Sport (QCF)</u>	500/8753/8	67	11	14+
<u>1st4sport Level 3 Certificate in Coaching Basketball (QCF)</u>	600/0086/7	127	20	18+
<u>1st4sport Level 3 Certificate in Coaching Strength and Conditioning for Sport (QCF)</u>	600/0337/6	140	26	18+
<u>1st4sport Level 3 Certificate in Coaching Triathlon (QCF)</u>	600/0065/X	127	22	18+
<u>1st4sport Level 3 Certificate in The Treatment and Management of Injury</u>	100/5190/9	42	N/A	18+

How You Can Offer Accepted ASL Qualifications?

To be able to offer the qualifications to your learners, you need to be part of a consortium approved to deliver the Diploma in Sport and Active Leisure. You can then apply to become a 1st4sport recognised centre and become approved to deliver the qualifications.

Non-1st4sport recognised centres

If you are not already a 1st4sport recognised centre, you need to apply to become one by completing a Centre Recognition Application Form. You can now do this online through *Athena*, the 1st4sport online quality assurance system, where you can also apply to become approved to deliver the qualifications that interest you. To access *Athena*, simply call us on 0113-290 7610 to receive a unique access code or fill in the [Request for Centre Recognition Application Form](#) and we will send you one.

Existing 1st4sport recognised centres

If you are already a 1st4sport recognised centre and would like to seek approval to deliver any qualifications that can be used as part of an Apprenticeship or Advanced Apprenticeship, please access *Athena*, citing the qualifications you are interested in and complete the qualification approval process. If you cannot remember your username and password, please contact us at qmt@1st4sportqualifications.com.

We don't charge you any fees to apply to deliver any of these qualifications.

Built on [Cubik](#)
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