

1st4sport Level 3 Certificate in Coaching Rugby Union (QCF)



Overview

Qualification Accreditation Number	600/0610/9
Credit Value (Guided Learning Hours)	26 (96 – 127)
SFA/LAD Funding Code	600/0610/9
Entry Age	18
Qualification Accreditation Start Date	01/04/2011
Qualification Accreditation End Date	28/02/2015
Certification End Date	28/02/2018
Qualification Structure	See Structure
Supporting Materials	See Materials

To find out how to apply to deliver this qualification see the How to Apply section. There are no costs involved in applying or becoming a 1st4sport recognised centre.

Developed in partnership with the National Source Group for Rugby Union¹, the 1st4sport Level 3 Certificate in Coaching Rugby Union (QCF) provides learners over 18 years of age with an opportunity to study and be assessed for both the practical and theoretical aspects of coaching rugby union to groups of adults and children in an appropriate environment. The qualification progresses from the knowledge gained in the [1st4sport Level 2 Certificate in Coaching Rugby Union \(QCF\)](#) introducing the concept of player profiling and the development, delivery and evaluation of annual training programmes. By building on the Level 2 qualification, the advanced level of knowledge needed by more senior coaches is recognised, to effectively apply the principles of performance profiling, goal setting and designing, planning and evaluating a coaching programme and practice

The qualification is also a component of the sport's UKCC-endorsed coach education programme.

An equivalent version of the qualification is available in Scotland, awarded by SQA.

¹The UK Source Group for Rugby Union is composed of the constituent national governing bodies (NGBs) for rugby union in the UK (The Rugby Football Union, Scottish Rugby Union and the Welsh Rugby Union).

Prerequisites

Prior to registration, learners are required to:

- be at least 18 or above years of age
- have experience of coaching rugby union, as an appropriately qualified Level 2 coach
- have evidence of completed training in the protection of children from abuse
- have completed the home-nation governing body induction process including a learning needs analysis
- have an active rugby union coaching role in a club, school or rugby union programme to enable evidence gathering for the qualification.

Structure

The qualification is divided into the following units:

Title	Unit No.	Level	Credit
204 Understanding the principles of safe and equitable coaching practice	M/601/2108	2	2
301 Understanding the fundamentals of coaching programmes	T/601/3535	3	3
302 Understanding the principles of planning coaching programmes	A/601/3536	3	3
303 Understanding how to support participant(s)' lifestyle through coaching programmes	F/601/3537	3	3
304 Analyse rugby union player(s)' performance and set programme goals	F/502/8951	3	2
305 Plan rugby union coaching programmes	F/502/8948	3	2
306 Manage safe and effective rugby union coaching programmes	M/502/8640	3	2
307 Deliver rugby union coaching programmes	A/502/8625	3	3

308	Develop rugby union player(s)' performance	A/502/8608	3	3
309	Monitor and evaluate rugby union coaching programmes	T/502/8591	3	2
310	Develop rugby union coaching practice	J/502/8952	3	1

Materials

Unlike many other awarding bodies, who just supply you with the basic qualification standards, we go that extra mile to support you by providing:

- full and comprehensive Learner Packs, which include a full set of structured learning and assessment tasks to help you deliver and assess the qualification
- tutor/assessor guidance notes, which include sample answers to support you when assessing your learners
- online qualification administration, enabling you to process learners quickly and effectively, and making the records we hold on your learners accessible to you at the click of a mouse.

For recognised centres and tutors, the qualification is supported by the following resources:

- generic administrative guidance and tools for recognised centres
- 1st4sport Level 3 Certificate in Coaching Rugby Union (QCF) Qualification Specification outlining the requirements of delivering and assessing the qualification

For learners, the qualification is supported by the following resources:

- 1st4sport Level 3 Certificate in Coaching Rugby Union Learner Workbook
- 1st4sport Level 3 Certificate in Coaching Rugby Union Learner Support Resources CD
- 3 Unions Coaching Level 3 Rugby Union Coaching Handbook

Fees

Fees are charged per learner and provide registration and certification for the qualification, as well as a 1st4sport Learner Pack, learning resources and certificate. There are no costs involved in applying or becoming a 1st4sport recognised centre. Further information on fees is available in your qualification application pack.

How to Apply

Non-1st4sport recognised centres

If you are not already a 1st4sport recognised centre, you need to apply to become one by completing a Centre Recognition Application Form. You can now do this online through Athena, the 1st4sport online Quality Assurance System where you can also apply to become approved for the qualifications that interest you. To access Athena, simply call us on 0113-290 7610 to receive a unique access code or fill in the [Request for Centre Recognition Application Form](#) and we will send you one.

Existing 1st4sport recognised centres

If you are already a 1st4sport recognised centre and would like to seek approval to deliver the 1st4sport Level 3 Certificate in Coaching Rugby Union (QCF) please access Athena and complete the qualification approval process. If you cannot remember your username and password, please contact us at qmt@1st4sportqualifications.com.

QCF

This qualification sits on the new QCF. Further information about the benefits of the new framework can be found by visiting the [Ofqual website](#).

All learners being registered for QCF qualifications are required to have a Unique Learner Number (ULN) issued by the Learner Register. To be approved to offer this QCF qualification, you will need to demonstrate that you can access and verify learners' ULNs with the Learner Register. For more information about this process, please visit the [Learning Records Service website](#).

Other 1st4sport Qualifications you may be interested in:

- [1st4sport Level 2 Certificate in Coaching Rugby Union \(QCF\)](#)
- [1st4sport Principles of Coaching Sport Suite \(QCF\)](#)
- [1st4sport Level 2 Award in Leadership through Rugby Union \(QCF\)](#)
- [1st4sport Level 2 Award in Understanding Stewarding at Spectator Events \(QCF\)](#)

In partnership with:





(access partner websites
using logos above)

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- [Five reasons to choose 1st4sport](#)
 - [Become a recognised centre](#)
 - [Deliver this qualification](#)

 - [Learner Information](#)
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