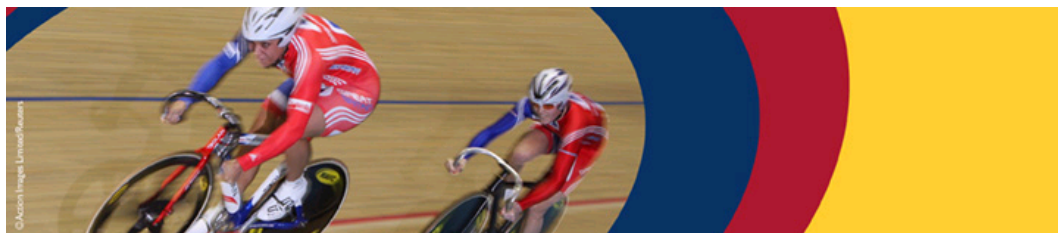


## 1st4sport Level 2 Certificate in Coaching Cycling (QCF)



### Overview

Qualification Accreditation Number	501/1872/9
Credit Value (Guided Learning Hours)	17 (108)
SFA/LAD Funding Code	501/1872/9
Entry age:	18
National Diploma in Sport	Expected to be included in additional and specialist learning (ASL) catalogue at next submission date
Qualification Accreditation Start Date	01/09/2010
Implementation Start Date	01/01/2011
Qualification Accreditation End Date	28/02/2015
Certification End Date	28/02/2016
Qualification Structure	See Structure
Supporting Materials	See Materials

*To find out how to apply to deliver this qualification see the How to Apply section. There are no costs involved in applying or becoming a 1st4sport recognised centre.*

The 1st4sport Level 2 Certificate in Coaching Cycling (QCF) provides learners who have an ongoing involvement in cycling with an introduction to the processes and principles of coaching cycling to adults and children. Developed in partnership with the UK Source Group for Cycling<sup>1</sup>, the Certificate offers an opportunity for potential cycling coaches to be supported in developing their knowledge of how to effectively plan, conduct and evaluate cycling coaching sessions. It is also a component of the sport's UKCC-endorsed coach education programme.

<sup>1</sup>The UK Source Group for Cycling is composed of the constituent national governing bodies (NGBs) for cycling in the UK (British Cycling, Scottish Cycling and Welsh Cycling). The NGBs are committed to providing services to cycling.

### Prerequisites

Learners are required to:

- be at least 18 years of age
- hold a current Health and Safety Executive approved emergency first-aid certificate, or equivalent, that involves a minimum of six hours' training.

### Structure

The qualification is divided into the following units:

Title	Accreditation Number	Level	Guided Learning Hours	Credit
201 Understanding the Fundamentals of Coaching Sport	J/601/2101	2	22	3
202 Understanding How to Develop Participants through Coaching Sport	Y/601/2104	2	12	2
203 Supporting Participants' Lifestyle through Coaching Sport	H/601/2106	2	16	2
204 Understanding the Principles of Safe and Equitable Coaching Practice	M/601/2108	2	13	2
205 Plan a Series of Cycling Coaching Sessions	J/602/5379	2	9	2
206 Prepare the Cycling Coaching Environment	R/602/5384	2	14	2
207 Deliver a Series of Cycling Coaching Sessions	Y/602/5385	2	16	2
208 Monitor and Evaluate Cycling Coaching Sessions	H/602/5387	2	6	2

### Materials

Unlike many other awarding bodies, which just supply you with the basic qualification standards, we go that extra mile to support you by

providing:

- full and comprehensive Learner Packs, which include a full set of structured learning and assessment tasks to help you deliver the qualification
- tutor/assessor guidance notes, which include sample answers to support you when assessing your students
- qualification administration that is available online, enabling you to process learners quickly and effectively, and making the records we hold on your learners accessible to you at the click of a mouse.

For recognised centres and tutors, the qualification is supported by the following resources:

- generic administrative guidance and tools for recognised centres
- 1st4sport Level 2 Certificate in Coaching Cycling (QCF) Qualification Specification, outlining the requirements of delivering and assessing the qualification.

For learners, the qualification is supported by the following resources:

- 1st4sport Level 2 Certificate in Coaching Cycling (QCF) Learner Pack
- 1st4sport Level 2 Certificate in Coaching Cycling (QCF) Learner Support Resources CD
- British Cycling learner support resources.

## Fees

Fees are charged per learner and provide registration and certification for the qualification, as well as a 1st4sport Learner Pack, learning resources and certificate. There are no costs involved in applying or becoming a 1st4sport recognised centre. Further information on fees is available in your qualification application pack.

## How to Apply

### Non-1st4sport recognised centres

If you are not already a 1st4sport recognised centre, you need to apply to become one by completing a Centre Recognition Application Form. You can now do this online through Athena, the 1st4sport online Quality Assurance System where you can also apply to become approved for the qualifications that interest you. To access Athena, simply call us on 0113-290 7610 to receive a unique access code or fill in the [Request for Centre Recognition Application Form](#) and we will send you one.

### Existing 1st4sport recognised centres

If you are already a 1st4sport recognised centre and would like to seek approval to deliver the 1st4sport Level 2 Certificate in Coaching Cycling (QCF), please access Athena and complete the qualification approval process. If you cannot remember your username and password, please contact us at [qmt@1st4sportqualifications.com](mailto:qmt@1st4sportqualifications.com).

## QCF

This qualification sits on the new QCF. Further information about the benefits of the new framework can be found by visiting the [Ofqual website](#).

All learners being registered for QCF qualifications are required to have a Unique Learner Number (ULN) issued by the Learner Register. To be approved to offer this QCF qualification, you will need to demonstrate that you can access and verify learners' ULNs with the Learner Register. For more information about this process, please visit the [Learning Records Service website](#).

Other 1st4sport Qualifications you may be interested in:

- [1st4sport Level 1 Award in Coaching Cycling \(QCF\)](#)
- [1st4sport Principles of Coaching Sport Suite \(QCF\)](#)

In partnership with:



(access partner websites  
using logos above)

Endorsed by:



- [Five reasons to choose 1st4sport](#)
- [Become a recognised centre](#)
- [Deliver this qualification](#)
  
- [Learner Information](#)

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