

1st4sport Level 3 Certificate in the Treatment and Management of Injury in Sport



Overview

Qualification Accreditation Number	100/5190/9
Guided Learning hours (GLH)	68 (42)
SFA/LAD Funding Code	100/5190/9
Entry age:	18
National Diploma in Sport and Active Leisure	Additional and Specialist Learning (ASL) Catalogue approved
Qualification Accreditation Start Date	01/07/05
Qualification Accreditation End Date	31/12/11
Certification End Date	30/12/13

To find out how to apply to deliver this qualification see the How to Apply section. There are no costs involved in applying or becoming a 1st4sport recognised centre.

The L3TMI is awarded by 1st4sport Qualifications and has been developed in partnership with The Football Association's (The FA) Medical and Exercise Science Department and FA Learning. The L3TMI is accredited at Level 3 on the National Qualifications Framework.

QCA Qualification Accreditation Number: 100/5190/9*.

*This qualification expired on 30 June 2008. 1st4sport will continue to award this qualification to recognised centres as a non-QCA-accredited 1st4sport-awarded certificate until further notice.

Prerequisites

Adults (over 18 years of age) with a background in sports therapy who want to build on their existing knowledge of injury treatment. Although the L3TMI has been developed with specific reference to injuries within a football environment, its content can be applied to other field-based sports as a generic sport-related injury qualification.

Learners are recommended to achieve the Level 2 Certificate in the Treatment and Management of Injuries (L2TMI) or have a similar proven level of knowledge and hold a current Emergency Aid Certificate (or equivalent). Those who are working directly with children may be required by their national governing body or their employer to have been positively vetted by the Criminal Records Bureau (CRB).

Why deliver the L3TMI?

- To provide learners with a focused understanding of how to provide injury treatment and management in a sporting environment and to give them knowledge that can usefully support the provision of support for players in a voluntary or semi-professional club environment.
- To provide learners with knowledge and application skills that will support and enhance those studying generic sports qualifications such as BTECs, A Levels, HNDs or degrees.
- As part of a comprehensive programme of sport qualifications including Continuous Professional Development (CPD) opportunities for exiting practitioners.
- The L3TMI is one of the few accredited injury-based qualifications that can be applied across a variety of field-based sports.

What can learners use the L3TMI for?

- To gain paid or unpaid employment as a football therapist for an amateur or semi-professional football club.
- As preparation for working towards individual units of the National Occupational Standards for Sports Therapy (at this time there are no NVQs accredited in sports therapy).
- To progress on to The FA Treatment and Management of Injury Diploma. For more information on this, please telephone The FA's Medical and Exercise Science Department on 020-7745 4900.

Structure

It is recommended that a delivery programme for the L3TMI should include 68 notional guided learning hours.

The qualification is composed of the following three units:

- Unit 1 – Anatomy and Kinesiology of the Lower and Upper Limb and Code of Ethics for Therapy
- Unit 2 – Evaluating Injuries Sustained in Playing Sport
- Unit 3 – The Treatment and Management of Common Injuries

Assessment

Internal assessment comprises:

- a 25-minute practical assessment
- oral questioning of knowledge and understanding.

Independent assessment comprises a 45-minute written theory paper covering the knowledge and understanding requirements of all three units of the qualification. The papers are marked by an independent assessor appointed by the approved centre who meets the assessor criteria within the L3TMI Qualification Specification.

For those following a learning programme operating under the auspices of The FA, they will be required to attend The FA's workshop 'Child Protection and Best Practice'. Many approved centres run this workshop as part of the L3TMI learning programme. Delivery of this component will require approval from The FA. For more information, log on to The FA Learning website at www.theFA.com/FAlearning.

Tutor, Assessor and Internal Verifier Criteria

In addition to the generic 1st4sport Qualifications criteria for tutors, assessors and verifiers (see the Centre Approval Application Pack or the Approved Centre Handbook), tutors, assessors and internal verifiers for the L3TMI must:

- hold appropriate and recognised qualifications in chartered physiotherapy or have considerable practical experience of administering sports therapy while working in football

or

- hold The FA Treatment and Management of Injury Diploma

and

- be a current FA Emergency Aid presenter or hold a recognised teaching qualification and hold the FA Tutors Award*.

*For more information on these qualifications, please log on to the FA Learning website at www.thefa.com/falearning or call the FA Learning hotline on 0870-8500 424.

Fees

Fees are charged per learner and provide registration and certification for the qualification, as well as a 1st4sport Qualifications Learner Pack, learning resources and certificate. Further information on fees is available from 1st4sport Qualifications.

How to Apply

If you are not already a 1st4sport recognised centre, but would like to deliver the 1st4sport Level 3 Certificate in the Treatment and Management of Injury in Football, you will first need to fill in a Centre Recognition Application Form.

To apply, please [request a Centre Recognition Application Form](#)

If you are already a 1st4sport recognised centre and would like to seek approval to deliver the 1st4sport Level 3 Certificate in the Treatment and Management of Injury in Football (L3TMI), please access *Athena*, the 1st4sport quality assurance system, and complete the qualification approval process. If you cannot remember your username and password, please [contact us](#).

We don't charge you any fees to apply to deliver this qualification.

For further information about this qualification or to apply for approval to deliver this qualification, please contact:

1st4sport Qualifications
Coachwise Limited
Chelsea Close
Off Amberley Road
Armley
Leeds LS12 4HP
Tel: 0113-290 7610
Email: enquiries@1st4sportqualifications.com

For more information on FA Learning, please log on to the FA Learning website at www.thefa.com/falearning or call the FA Learning hotline on 0870-8500 424.

Other Qualifications you may be interested in:

- [1st4sport Level 2 Certificate in the Treatment and Management of Injury in Sport \(L2TMI\)](#)
- [1st4sport Level 2 Award in First Aid for Sport \(QCF\)](#)

Shop for [first aid books and resources](#) at 1st4sport.com.

- [Five reasons to choose 1st4sport](#)

- [Become a recognised centre](#)
 - [Deliver this qualification](#)

 - [Learner Information](#)
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