

1st4sport Level 3 Certificate in Coaching Netball (QCF)



Overview

Qualification Number	501/2230/7
Credit Value (Guided Learning Hours)	26 (86–140)
SFA/LAD Funding Code	501/2230/7
Entry age:	18
Qualification Operational Start Date	01/12/2010
Qualification Operational End Date	28/02/2015
Certification End Date	28/02/2018
Qualification Structure	See Structure
Supporting Materials	See Materials

To find out how to apply to deliver this qualification see the *How to Apply* section. There are no costs involved in applying or becoming a 1st4sport recognised centre.

Developed in partnership with the National Source Group for Netball¹, the 1st4sport Level 3 Certificate in Coaching Netball (QCF) is designed to provide learners with the necessary skills, knowledge and experience to deliver an annual coaching programme to either adults or young people. The Certificate offers an opportunity for learners to be given support to effectively apply the principles of performance profiling, goal setting and designing, planning, delivering and evaluating an annual netball coaching programme. It also aims to enable learners to create an effective coaching environment, establish supportive working relationships and manage the behaviour of players and others. Netball-specific progression opportunities include working:

- as a head coach within a netball club
- as a coach within national league clubs
- within county academies

¹The National Source Group for Netball is composed of the constituent governing bodies of sport for netball in the UK (England Netball, Welsh Netball and Netball Scotland).

Prerequisites

Learners are required to:

- be at least 18 years of age
- hold the 1st4sport Level 2 Certificate in Coaching Netball or equivalent as agreed by the netball home countries
- be coaching and training the same team in a club/team environment with regular training sessions and have competitive matches on a regular basis
- have experience of coaching the same group of players for a full netball season within the past three years
- have experience of coaching a variety of players in more than one element of the performance pathway and at a variety of age groups
- have attended a recognised child protection/safeguarding children course
- have completed and achieved a recognised first-aid course – a minimum of emergency aid for appointed persons.

Structure

The qualification is divided into the following units:

Unit Title	Reference No.	GLH	Credit
204 Understanding the Principles of Safe and Equitable Coaching Practice	M/601/2108	13	2
301 Understanding the Fundamentals of Coaching Programmes	T/601/3535	18	2
302 Understanding the Principles of Planning Coaching Programmes	A/601/3536	18	3
303 Understanding how to Support Participants' Lifestyle through Coaching Programmes	F/601/3537	18	3
304 Analyse Players' Performance and Set Netball Programme Goals	H/602/5759	5	2
305 Plan Netball Coaching Programmes	Y/602/5760	8	2
306 Manage Safe and Effective Netball Coaching Programmes	D/602/5761	12	2
307 Deliver Netball Coaching Programmes	H/602/5762	15	3
308 Develop Players' Performance in Netball	K/602/5763	22	3

309	Monitor and Evaluate Netball Coaching Programmes	T/602/5765	6	2
310	Develop Netball Coaching Practice	J/602/5768	5	1

Materials

Unlike many other awarding organisations, which just supply you with the basic qualification standards, we go that extra mile to support you by providing:

- full and comprehensive Learner Packs, which include a full set of structured learning and assessment tasks to help you deliver and assess the qualification
- tutor/assessor guidance notes, which include sample answers to support you when assessing your learners
- online qualification administration, enabling you to process learners quickly and effectively, and making the records we hold on your learners accessible to you at the click of a mouse.

For recognised centres and tutors, the qualification is supported by the following resources:

- generic administrative guidance and tools for recognised centres
- Qualification Specification outlining the requirements of delivering and assessing the qualification
- 1st4sport Level 3 Certificate in Coaching Netball (QCF) Tutor/Assessor/Verifier Guidance Pack
- 1st4sport Level 3 Certificate in Coaching Netball (QCF) Tutor/Assessor/Verifier Guidance to Assessment Pack
- internal and independent assessment tools.

For learners, the qualification is supported by the following resources:

- 1st4sport Level 3 Certificate in Coaching Netball (QCF) Learner Pack
- internal and independent assessment tools
- netball coaching handbook
- *Netball Health and Safety Guidelines for Coaching*.

Fees

Fees are charged per learner and provide registration and certification for the qualification, as well as a 1st4sport Learner Pack, learning resources and certificate. There are no costs involved in applying or becoming a 1st4sport recognised centre. Further information on fees is available from your qualification application form.

How to Apply

Non-1st4sport recognised centres

If you are not already a 1st4sport recognised centre, you need to apply to become one by completing a Centre Recognition Application Form. You can now do this online through *Athena*, the 1st4sport online Quality Assurance System where you can also apply to become approved for the qualifications that interest you. To access *Athena*, simply call us on 0113-290 7610 to receive a unique access code or fill in the [Request for Centre Recognition Application Form](#) and we will send you one.

Existing 1st4sport recognised centres

If you are already a 1st4sport recognised centre and would like to seek approval to deliver the 1st4sport Level 3 Certificate in Coaching Netball (QCF), please access *Athena* and complete the qualification approval process. If you cannot remember your username and password, please contact us at qmt@1st4sportqualifications.com.

QCF

This qualification sits on the new QCF. Further information about the benefits of the new framework can be found by visiting the [Ofqual website](#).

All learners being registered for QCF qualifications are required to have a Unique Learner Number (ULN) issued by the Learner Register. To be approved to offer this QCF qualification, you will need to demonstrate that you can access and verify learners' ULNs with the Learner Register. For more information about this process, please visit the [Learning Records Service website](#).

Other 1st4sport Qualifications you may be interested in:

- [1st4sport Level 1 Certificate in Coaching Netball \(QCF\)](#)
- [1st4sport Level 2 Certificate in Coaching Netball \(QCF\)](#)
- [1st4sport Level 3 Award in the Principles of Coaching Sport \(QCF\)](#)
- [1st4sport Level 3 Certificate in Coaching Strength and Conditioning for Sport \(QCF\)](#)

In partnership with:





*(access partner websites
using logos above)*

Endorsed by:



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- [Five reasons to choose 1st4sport](#)
 - [Become a recognised centre](#)
 - [Deliver this qualification](#)

 - [Learner Information](#)
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