

1st4sport Level 2 Certificate in Coaching Rugby Union (QCF)



Overview

Qualification Number	501/1858/4
Credit Value (Guided Learning Hours):	17 (108)
SFA/LAD Funding Code	501/1858/4
Entry Age:	18
National Diploma in Sport	Expected to be included in additional and specialist learning (ASL) catalogue at next submission date
Qualification Accreditation Start Date	01/09/2010
Qualification Accreditation End Date	28/02/2015
Certification End Date	28/02/2017
Qualification Structure	See Structure
Supporting Materials	See Materials

To find out how to apply to deliver this qualification see the How to Apply section. There are no costs involved in applying or becoming a 1st4sport recognised centre.

The 1st4sport Level 2 Certificate in Coaching Rugby Union (QCF) provides learners who are over 18 years of age with an introduction to the principles/practice of safe, ethical and effective management and coaching of rugby union to adults and young people, as an assistant, normally under the supervision of a Level 2 qualified coach. Developed in partnership with the National Source Group for Rugby Union¹, the Award offers an opportunity for aspiring rugby union coaches to be supported in developing their knowledge of how to effectively coach a local club or school team, and is a component of the sport's UKCC-endorsed coach education programme. An equivalent version of the qualification is available in Scotland, awarded by SQA.

¹The UK Source Group for Rugby Union is composed of the constituent national governing bodies (NGBs) for rugby union in the UK (The Rugby Football Union, Scottish Rugby Union and the Welsh Rugby Union).

Prerequisites

Due to the level of responsibility of a qualified coach of rugby union operating at this level in the full-contact game, learners are required to be over 18 years of age before registration for the qualification and provide evidence of having completed the IRB Rugby Ready course within the previous 18 months.

Learners under 18 years of age wishing to engage with the sport are encouraged to consider the 1st4sport Level 2 Award in Leadership through Rugby Union (QCF), available to 14–19-year-olds.

Structure

The qualification is divided into the following units:

Title	Reference number	Level	Guided Learning Hours	Credit
201 Understanding the Fundamentals of Coaching Sport	J/601/2101	2	22	3
202 Understanding the Principles of Planning Coaching Activities in Sport	Y/601/2104	2	12	2
203 Supporting Participants' Lifestyle through Coaching Sport	H/601/2106	2	16	2
204 Understanding the Principles of Safe and Equitable Coaching Practice	M/601/2108	2	13	2
205 Plan a Series of Rugby Union Coaching Sessions	J/602/5396	2	9	2
206 Prepare the Rugby Union Coaching Environment	L/602/5397	2	14	2
207 Deliver a Series of Rugby Union Coaching Sessions	R/602/5398	2	16	2
208 Monitor and Evaluate Rugby Union Coaching Sessions	F/602/5400	2	6	2

Materials

Unlike many other awarding bodies, which just supply you with the basic qualification standards, we go that extra mile to support you by providing:

- full and comprehensive Learner Packs, which include a full set of structured learning and assessment tasks to help you deliver

the qualification

- tutor/assessor guidance notes, which include sample answers to support you when assessing your students
- qualification administration that is available online, enabling you to process learners quickly and effectively, and making the records we hold on your learners accessible to you at the click of a mouse.

For recognised centres and tutors, the qualification is supported by the following resources:

- generic administrative guidance and tools for recognised centres
- 1st4sport Level 2 Award in Coaching Rugby Union (QCF) Qualification Specification, outlining the requirements of delivering and assessing the qualification.

For learners, the qualification is supported by the following resources:

- 1st4sport Level 2 Award in Coaching Rugby Union (QCF) Learner Workbook
- 1st4sport Level 2 Award in Coaching Rugby Union (QCF) Learner Support Resources CD
- 3 Unions Coaching Level 2 Technical DVD in Coaching Rugby Union
- 3 Unions Coaching Level 2 Rugby Union Coaching Handbook
- IRB Laws of the Game
- sports coach UK Code of Practice for Coaches.

Fees

Fees are charged per learner and provide registration and certification for the qualification, as well as a 1st4sport Learner Pack, learning resources and certificate. There are no costs involved in applying or becoming a 1st4sport recognised centre. Further information on fees is available in your qualification application pack.

How to Apply

Non-1st4sport recognised centres

If you are not already a 1st4sport recognised centre, you need to apply to become one by completing a Centre Recognition Application Form. You can now do this online through Athena, the 1st4sport online Quality Assurance System, where you can also apply to become approved for the qualifications that interest you. To access Athena, simply call us on 0113-290 7610 to receive a unique access code or fill in the [Request for Centre Recognition Application Form](#) and we will send you one.

Existing 1st4sport recognised centres

If you are already a 1st4sport recognised centre and would like to seek approval to deliver The 1st4sport Level 2 Certificate in Coaching Rugby Union (QCF), please access Athena and complete the qualification approval process. If you cannot remember your username and password, please contact us at qmt@1st4sportqualifications.com.

QCF

This qualification sits on the new QCF. Further information about the benefits of the new framework can be found by visiting the [Ofqual website](#).

All learners being registered for QCF qualifications are required to have a Unique Learner Number (ULN) issued by the Learner Register. To be approved to offer this QCF qualification, you will need to demonstrate that you can access and verify learners' ULNs with the Learner Register. For more information about this process, please visit the [Learning Records Service website](#).

Other 1st4sport Qualifications you may be interested in:

- [1st4sport Principles of Coaching Sport Suite \(QCF\)](#)
- [1st4sport Level 1 Award in Coaching Rugby Union \(QCF\)](#)
- [1st4sport Level 2 Award in Leadership through Rugby Union \(QCF\)](#)
- [1st4sport Level 2 Award in Understanding Stewarding at Spectator Events \(QCF\)](#)

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- [Five reasons to choose 1st4sport](#)
 - [Become a recognised centre](#)
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 - [Learner Information](#)
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