

## 1st4sport Level 2 Certificate in Coaching Judo (QCF)



### Overview

Qualification Number	501/2224/1
Credit Value (Guided Learning Hours)	17 (40–104)
SFA/LAD Funding Code	501/2224/1
Entry age:	18
Qualification Operational Start Date	01/12/2010
Qualification Operational End Date	28/02/2015
Certification End Date	28/02/2017
Qualification Structure	See Structure
Supporting Materials	See Materials

To find out how to apply to deliver this qualification see the *How to Apply* section. There are no costs involved in applying or becoming a 1st4sport recognised centre.

Developed in partnership with the National Source Group for Judo<sup>1</sup>, the 1st4sport Level 2 Certificate in Coaching Judo (QCF) is designed to provide learners aged 18 and over with an introduction to the processes and principles of coaching judo to adults and children. The Certificate offers an opportunity for judo coaches to be supported in developing the knowledge of how to effectively plan, conduct and evaluate a series of judo coaching sessions in a safe, ethical and effective manner. Those who complete this Certificate will be able to work as a judo coach, either alone or as part of a larger coaching team.

<sup>1</sup>The National Source Group for Judo is composed of the constituent governing bodies for judo in the UK (British Judo Association, Welsh Judo Association, JudoScotland and Northern Ireland Judo Federation).

### Prerequisites

Learners are required to:

- be at least 18 years or above
- hold a minimum British Judo Association (BJA) grade of 1st Kyu (Brown Belt) or a BJA-recognised equivalent.

Prior to claiming for certification, tutors/assessors must ensure that learners have evidence of having undergone awareness training in the protection of children from abuse and that they hold a current/valid Emergency Aid Certificate. This should be evidenced through a certificate of attendance on a Safeguarding and Protecting Children workshop or equivalent, and the Emergency Aid Certificate itself.

### Structure

The qualification is divided into the following units:

Unit Title	Reference number	GLH	Credit
201 Understanding the fundamentals of coaching sport	J/601/2101	22	3
202 Understanding how to develop participants through coaching sport	Y/601/2104	12	2
203 Supporting participants' lifestyle through coaching sport	H/601/2106	16	2
204 Understanding the principles of safe and equitable coaching practice	M/601/2108	13	2
205 Plan a series of judo coaching sessions	M/602/5506	9	2
206 Prepare the judo coaching environment	T/602/5507	14	2
207 Deliver a series of Judo coaching sessions	A/602/5508	12	3
208 Monitor and evaluate judo coaching sessions	F/602/5509	6	2

### Materials

Unlike many other awarding bodies, who just supply you with the basic qualification standards, we go that extra mile to support you by providing:

- full and comprehensive Learner Packs, which include a full set of structured learning and assessment tasks to help you deliver the qualification
- tutor/assessor guidance notes, which include sample answers to support you when assessing your students

- online qualification administration, enabling you to process learners quickly and effectively, and making the records we hold on your learners accessible to you at the click of a mouse.

For recognised centres and tutors, the qualification is supported by the following resources:

- Generic administrative guidance and tools for recognised centres
- Qualification Specification outlining the requirements of delivering and assessing the qualification
- 1st4sport Level 2 Certificate in Coaching Judo (QCF) Tutor/Assessor/Verifier Guidance Pack
- 1st4sport Level 2 Certificate in Coaching Judo (QCF) Tutor/Assessor/Verifier Guidance to Assessment Pack
- Internal and independent assessment tools.

For learners, the qualification is supported by the following resources:

- 1st4sport Level 2 Certificate in Coaching Judo (QCF) Learner Pack
- Internal and independent assessment tools
- BJA Judo Diary 7th to 12th Mon
- Hicks, S (Director) (2005) *Coaching Judo to Juniors*. Bristol, United Kingdom: Fighting Films
- BJA Long Term Player Development booklet.



## Fees

Fees are charged per learner and provide registration and certification for the qualification, as well as a 1st4sport Learner Pack, learning resources and certificate. There are no costs involved in applying or becoming a 1st4sport recognised centre. Further information on fees is available from your qualification application form.

## How to Apply

### Non-1st4sport recognised centres

If you are not already a 1st4sport recognised centre, you need to apply to become one by completing a Centre Recognition Application Form. You can now do this online through Athena, the 1st4sport online Quality Assurance System where you can also apply to become approved for the qualifications that interest you. To access Athena, simply call us on 0113-290 7610 to receive a unique access code or fill in the [Request for Centre Recognition Application Form](#) and we will send you one.

### Existing 1st4sport recognised centres

If you are already a 1st4sport recognised centre and would like to seek approval to deliver the 1st4sport Level 2 Certificate in Coaching Judo (QCF) please access Athena and complete the qualification approval process. If you cannot remember your username and password, please contact us at [qmt@1st4sportqualifications.com](mailto:qmt@1st4sportqualifications.com).

## QCF

This qualification sits on the new QCF. Further information about the benefits of the new framework can be found by visiting the [Ofqual website](#).

All learners being registered for QCF qualifications are required to have a Unique Learner Number (ULN) issued by the Learner Register. To be approved to offer this QCF qualification, you will need to demonstrate that you can access and verify learners' ULNs with the Learner Register. For more information about this process, please visit [Learning Records Service website](#).

## Other 1st4sport Qualifications you may be interested in:

1st4sport Level 3 Certificate in Coaching Judo (QCF) – currently in development, anticipated availability date January 2012

- [1st4sport Principles of Coaching Sport Suite](#)
- [1st4sport Diploma in Sport and Active Leisure ASL provision](#)

In partnership with:

**BRITISH  
JUDO**



(access partner websites)

using logos above)

Endorsed by:



- [Five reasons to choose 1st4sport](#)
- [Become a recognised centre](#)
- [Deliver this qualification](#)
  
- [Learner Information](#)

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