

## 1st4sport Level 1 Award in Coaching Judo (QCF)



### Overview

Qualification Number	501/2223/X
Credit Value (Guided Learning Hours)	7 (27–47)
SFA/LAD Funding Code	501/2223/X
Entry age:	16
Qualification Operational Start Date	01/12/2010
Qualification Operational End Date	28/02/2015
Certification End Date	28/02/2016
Qualification Structure	See Structure
Supporting Materials	See Materials

*To find out how to apply to deliver this qualification see the How to Apply section. There are no costs involved in applying or becoming a 1st4sport recognised centre.*

Developed in partnership with the National Source Group for Judo<sup>1</sup>, the 1st4sport Level 1 Award in Coaching Judo (QCF) is the first qualification on the judo coaching ladder. The qualification is designed to provide learners aged 16 and over with an introduction to the practical and theoretical aspects of coaching judo. The foundation level of knowledge recognised in this qualification will enable them to develop an understanding of the safe, ethical and effective management and coaching of judo. Those who complete this Award will be able to assist other, more qualified coaches in delivering judo coaching sessions to players of all ages.

<sup>1</sup>The National Source Group for Judo is composed of the constituent governing bodies for judo in the UK (British Judo Association, Welsh Judo Association, JudoScotland and Northern Ireland Judo Federation).

### Prerequisites

Learners are required to:

- be at least 17 years of age to attend the programme of training
- hold a minimum British Judo Association (BJA) 2nd Kyu (Blue Belt) or a BJA-recognised equivalent.

### Structure

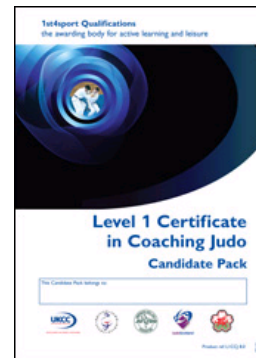
The qualification is divided into the following units:

Unit Title	Reference number	GLH	Credit
101 Understanding the fundamentals of coaching sport	D/601/3531	6	1
102 Understanding the principles of planning coaching activities in sport	H/601/3532	10	1
103 Understanding the principles of conducting coaching activities in sport	K/601/3533	10	1
104 Principles of evaluating coaching activities in sport	M/601/3534	7	1
105 Planning coaching activities in judo	Y/602/5502	4	1
106 Conducting coaching activities in judo	D/602/5503	5	1
107 Evaluating coaching activities in judo	H/602/5504	5	1

### Materials

Unlike many other awarding bodies, who just supply you with the basic qualification standards, we go that extra mile to support you by providing:

- full and comprehensive Learner Packs, which include a full set of structured learning and assessment tasks to help you deliver the qualification
- tutor/assessor guidance notes, which include sample answers to support you when assessing your students
- online qualification administration, enabling you to process learners quickly and effectively, and making the records we hold on your learners accessible to you at the click of a mouse.



For recognised centres and tutors, the qualification is supported by the following resources:

- Generic administrative guidance and tools for recognised centres
- Qualification Specification outlining the requirements of delivering and assessing the qualification
- 1st4sport Level 1 Award in Coaching Judo (QCF) Tutor/Assessor/Verifier Guidance Pack
- 1st4sport Level 1 Award in Coaching Judo (QCF) Tutor/Assessor/Verifier Guidance to Assessment Pack
- Internal and independent assessment tools.

For learners, the qualification is supported by the following resources:

- 1st4sport Level 1 Award in Coaching Judo (QCF) Learner Pack
- Internal and independent assessment tools
- BJA Judo Diary Novice to 6th Mon
- Judo Games DVD
- BJA Technical Grading Syllabus: A Photographic Guide.
- generic administrative guidance and tools for recognised centres

## Fees

Fees are charged per learner and provide registration and certification for the qualification, as well as a 1st4sport Learner Pack, learning resources and certificate. There are no costs involved in applying or becoming a 1st4sport recognised centre. Further information on fees is available from your qualification application form.

## How to Apply

### Non-1st4sport recognised centres

If you are not already a 1st4sport recognised centre, you need to apply to become one by completing a Centre Recognition Application Form. You can now do this online through Athena, the 1st4sport online Quality Assurance System where you can also apply to become approved for the qualifications that interest you. To access Athena, simply call us on 0113-290 7610 to receive a unique access code or fill in the [Request for Centre Recognition Application Form](#) and we will send you one.

### Existing 1st4sport recognised centres

If you are already a 1st4sport recognised centre and would like to seek approval to deliver the 1st4sport Level 1 Award in Coaching Judo (QCF) please access Athena and complete the qualification approval process. If you cannot remember your username and password, please contact us at [gmt@1st4sportqualifications.com](mailto:gmt@1st4sportqualifications.com).

## QCF

This qualification sits on the new QCF. Further information about the benefits of the new framework can be found by visiting the [Ofqual website](#).

All learners being registered for QCF qualifications are required to have a Unique Learner Number (ULN) issued by the Learner Register. To be approved to offer this QCF qualification, you will need to demonstrate that you can access and verify learners' ULNs with the Learner Register. For more information about this process, please visit [Learning Records Service website](#).

Other 1st4sport Qualifications you may be interested in:

- [1st4sport Principles of Coaching Sport Suite](#)
- [1st4sport Diploma in Sport and Active Leisure ASL provision](#)
- [1st4sport Level 2 Certificate in Coaching Judo \(QCF\)](#)

In partnership with:

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(access partner websites  
using logos above)

Endorsed by:



- [Five reasons to choose 1st4sport](#)
- [Become a recognised centre](#)
- [Deliver this qualification](#)
  
- [Learner Information](#)

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