

1st4sport Level 3 Certificate in Coaching Badminton (QCF)



Overview

The 1st4sport Level 3 Certificate in Coaching Badminton (QCF) is awarded by 1st4sport Qualifications and has been developed in partnership with the National Source Group for Badminton. This qualification is not available in Scotland, although an equivalent version will be available from the Scottish Qualifications Authority (SQA).

The 1st4sport Level 3 Certificate in Coaching Badminton (QCF) is regulated at Level 3 on the Qualifications and Credit Framework (QCF) and forms part of badminton's UK Coaching Certificate (UKCC) endorsed coach education programme. For further information on the regulated status of the 1st4sport Level 3 Certificate in Coaching Badminton (QCF), please log on to [The Register of Regulated Qualifications website](#). For further information on the UKCC, visit the [sports coach UK website](#).

Criteria

If you are over 18 years of age and hold the 1st4sport Level 2 Certificate in Coaching Badminton or recognised equivalent, then the 1st4sport Level 3 Certificate in Coaching Badminton (QCF) is designed for you.

Why Study?

It forms part of a structured and progressive programme of sports coaching and other related qualifications, offering you access and involvement in introducing others to the sport of badminton.

What can I use it for?

- To gain paid or unpaid employment as a senior badminton coach.
- As part of the development of a credible CV for employment in the sport, recreation and allied occupations industry.

Outline

On successful completion of the 1st4sport Level 3 Certificate in Coaching Badminton (QCF), you should be able to:

- understand the principles of safe and equitable coaching practice
- understand the fundamentals of coaching programmes
- understand the principles of planning coaching programmes
- understand how to support participants' lifestyles through coaching programmes
- analyse participants' performance and set programme goals in badminton
- plan coaching programmes in badminton
- manage safe and effective badminton coaching programmes
- deliver badminton coaching programmes
- develop participants' performance in badminton
- monitor and evaluate badminton coaching programmes
- develop coaching practice in badminton.

How will my learning programme be structured?

Learning programmes are usually designed by the recognised centre that delivers the qualification. They may, therefore, vary in length and format. Depending on your needs, delivery centres can offer intensive courses, or a series of learning events, over a period of weeks. Whatever the timescale, all learning programmes should include the following phases:

- an induction to the qualification and your programme of learning and assessment
- a learning programme that meets your needs, focusing on the theory and practice of coaching badminton
- a programme of assessment, spread throughout the course, including observations of your coaching by an appropriately qualified assessor.

At the end of the programme, you will be provided with formal feedback on your performance and an action plan for your further development.

Assessment

The 1st4sport Level 3 Certificate in Coaching Badminton (QCF) assessment will require you to:

- understand the roles and responsibilities within coaching badminton
- evaluate the importance of communication, coaching and learning styles when coaching badminton
- have a sound understanding of physical fitness relating to the sport of badminton
- have an understanding of sports psychology

- understand the value of good nutrition and weight management
- demonstrate an understanding of how participants develop
- understand how coaching can support disability inclusion
- understand the importance of following legislation relating to the protection of children and vulnerable adults
- understand the effects of drugs in sport
- create a continuous professional development (CPD) action plan for future ongoing coaching development
- plan, deliver and evaluate two annual coaching programmes.

Fees

Recognised centres offering this qualification determine their own fees, and they will vary from centre to centre. The fees charged should entitle you to a programme of learning and assessment, registration and certification for the qualification, a 1st4sport Learner Pack and an appropriate learning resource. For further information on the costs of courses, please contact a recognised centre. Opportunities for funding may be available via a recognised centre, if you are eligible.

Next Steps

The qualification is delivered by 1st4sport recognised centres, not all of which offer open courses to members of the public. Your first port of call to access a course should be the appropriate governing body of sport.

For information on where to access the 1st4sport Level 3 Certificate in Coaching Badminton (QCF), or for more information on the sport of badminton, please contact:

Badminton Wales

Post: Badminton Wales, Sport Wales National Centre, Sophia Gardens,
Cardiff CF11 9SW
Tel: 0845-045 4301
Fax: 029-2132 8011
Email: wbu@badmintonwales.net
Website: www.badmintonwales.net

*BADMINTON*Scotland

Post: *BADMINTON*Scotland, Cockburn Centre, 40 Bogmoor Place, Glasgow G51 4TQ
Tel: 0141-445 1218
Fax: 0141-425 1218
Email: enquiries@badmintonscotland.org.uk
Website: www.badmintonscotland.org.uk

BADMINTON England

Post: BADMINTON England, National Badminton Centre, Milton Keynes MK8 9LA
Tel: 01908-268 400
Fax: 01908-268 412
Email: coaching@badmintonengland.co.uk/enquiries@badmintonengland.co.uk
Website: www.badmintonengland.co.uk

Other 1st4sport Qualifications you may be interested in:

- [1st4sport Level 2 Certificate in Coaching Strength and Conditioning for Sport \(QCF\)](#)

In partnership with:



(access partner websites
using logos above)

Endorsed by:



- [Centre information](#)

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