

1st4sport Level 1 Award in Coaching Badminton (QCF)



Overview

The 1st4sport Level 1 Award in Coaching Badminton (QCF) is awarded by 1st4sport Qualifications and has been developed in partnership with the National Source Group for Badminton. This qualification is not available in Scotland, although an equivalent version will be available from the Scottish Qualifications Authority (SQA).

The 1st4sport Level 1 Award in Coaching Badminton (QCF) is regulated at Level 1 on the Qualifications and Credit Framework (QCF) and forms part of badminton's UK Coaching Certificate (UKCC) endorsed coach education programme. For further information on the regulated status of the 1st4sport Level 1 Award in Coaching Badminton (QCF), please log on to [The Register of Regulated Qualifications website](#). For further information on the UKCC, visit www.sportscoachuk.org.

Criteria

If you are over 16 years of age and:

- have some experience of playing the game
- are able to participate in a short rally

or

- are able to demonstrate knowledge and understanding of what is required when playing the game and the technicalities required when participating in a short rally

...then the 1st4sport Level 1 Award in Coaching Badminton (QCF) is designed for you.

Why Study?

It forms part of a structured and progressive programme of sports coaching and other related qualifications, offering you access and involvement in introducing others to the sport of badminton.

What can I use it for?

- To gain paid or unpaid employment as an assistant badminton coach.
- As part of the development of a credible CV for employment in the sport, recreation and allied occupations industry.
- As a stepping stone to the 1st4sport Level 2 Certificate in Coaching Badminton (QCF) (L2CCBADQ).

Outline

On successful completion of the 1st4sport Level 1 Award in Coaching Badminton (QCF), you should:

- understand the fundamentals of coaching sport
- understand the principles of planning coaching activities in sport
- understand the principles of conducting coaching activities in sport
- understand the principles of evaluating coaching activities in sport
- be able to plan coaching activities in badminton
- be able to conduct coaching activities in badminton
- be able to evaluate coaching activities in badminton.

How will my learning programme be structured?

Learning programmes are usually designed by the recognised centre that delivers the qualification. They may, therefore, vary in length and format. Depending on your needs, delivery centres can offer intensive courses, or a series of learning events, over a period of weeks. Whatever the timescale, all learning programmes should include the following phases:

- an induction to the qualification and your programme of learning and assessment
- a learning programme that meets your needs, focusing on the theory and practice of coaching badminton
- a programme of assessment, spread throughout the course, including observations of your coaching by an appropriately qualified assessor.

At the end of the programme, you will be provided with formal feedback on your performance and an action plan for your further development.

Assessment

The 1st4sport Level 1 Award in Coaching Badminton (QCF) assessment will require you to:

- complete a personal action plan for ongoing coaching development
- answer a series of multiple-choice and open-response questions relating to the following topics:
 - safeguarding and protecting children and vulnerable adults
 - roles, responsibilities and code of conduct
 - coaching practice
 - technique, tactics and the laws of badminton
 - health and safety
- complete safety checks to ensure the suitability of the venue to be used for coaching badminton
- plan, deliver and evaluate a minimum of two badminton coaching activities, both of which are observed and assessed by an appropriately qualified assessor.

Fees

Recognised centres offering this qualification determine their own fees, and they will vary from centre to centre. The fees charged should entitle you to a programme of learning and assessment, registration and certification for the qualification, a 1st4sport Learner Pack and an appropriate learning resource. For further information on the costs of courses, please contact a recognised centre. Opportunities for funding may be available via a recognised centre, if you are eligible.

Next Steps

The qualification is delivered by 1st4sport recognised centres, not all of which offer open courses to members of the public. Your first port of call to access a course should be the appropriate governing body of sport (see below).

Badminton Wales

Post: Badminton Wales, Sport Wales National Centre, Sophia Gardens, Cardiff CF11 9SW

Tel: 0845-045 4301

Fax: 029-2132 8011

Email: wbu@badmintonwales.net

Website: www.badmintonwales.net

BADMINTONscotland

Post: *BADMINTON*scotland, Cockburn Centre, 40 Bogmoor Place, Glasgow G51 4TQ

Tel: 0141-445 1218

Fax: 0141-425 1218

Email: enquiries@badmintonscotland.org.uk

Website: www.badmintonscotland.org.uk

BADMINTON England

Post: BADMINTON England, National Badminton Centre, Milton Keynes MK8 9LA

Tel: 01908-268 400

Fax: 01908-268 412

Email: enquiries@badmintonengland.co.uk

Website: www.badmintonengland.co.uk

Other 1st4sport Qualifications you may be interested in:

- [1st4sport Level 2 Certificate in Coaching Badminton \(QCF\)](#)
- [1st4sport Level 2 Award in the Principles of Coaching Sport \(QCF\)](#)

1st4sport Level 1 NVQ Award in Sport and Active Leisure (QCF)

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- [Centre Information](#)

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