

1st4sport Level 2 Award in First Aid for Sport (QCF)



Overview

The 1st4sport Level 2 Award in First Aid for Sport (QCF) is a vocational qualification that provides you with the knowledge, understanding and skills required to be able to respond successfully and safely to accidents, illnesses and injuries as they occur in a sporting environment. When completed in partnership with a Health and Safety Executive (HSE) approved emergency aid qualification, you will be able to work as a first-aider for a sporting event with confidence that you are prepared for the range of injuries and illnesses likely to occur in such an environment.

Criteria

If you are looking to provide first aid provision within a sporting environment, the 1st4sport Level 2 Award in First Aid for Sport (QCF) is for you. The 1st4sport Level 2 Award in First Aid for Sport (QCF) enhances knowledge and skills gained as part of a HSE-approved emergency aid (or above) qualification. It introduces the most common injuries and illnesses that a first-aider may be faced with in a sport environment and the treatment and referral methods most appropriate to them.

Why Study?

While a HSE-approved emergency aid (or above) qualification provides life-saving skills, when working in a sports environment as a first-aider, it is likely you will be presented with a range of injuries and illnesses that are not covered in depth on a HSE-approved emergency aid (or above) learning programme. This qualification will provide you with this knowledge so you will feel more prepared and competent when working in the field.

What can I use it for?

When completed with a HSE-approved emergency aid (or above) qualification, you can gain employment as a first-aider within a sports environment.

Outline

On successful completion of the 1st4sport Level 2 Award in First Aid for Sport (QCF), you should be able to:

- understand the roles associated with the provision of first aid during sporting activities
- understand common injuries incurred through sporting activity
- understand common illnesses incurred during sporting activity
- assess the seriousness of injury and prescribe the correct course of action
- assess the seriousness of an illness and prescribe the correct course of action.

NB: This qualification does not include cardiopulmonary resuscitation (CPR).

How will my learning programme be structured?

Learning programmes are usually designed by the recognised centre that delivers the qualification. They may, therefore, vary in length and format. Depending on your needs, delivery centres can offer intensive courses or a series of learning events over a period of weeks. Whatever the timescale, all learning programmes should include the following phases:

- an induction to the qualification and your programme of learning and assessment
- a learning programme that meets your needs, focusing on the theory and practice of being able to respond successfully and safely to accidents, illnesses and injuries as they occur in a sporting environment
- a programme of assessment, spread throughout the course, including observations of your coaching by an appropriately qualified assessor.

At the end of the programme, you will be provided with formal feedback on your performance and an action plan for your further development.

Assessment

The 1st4sport Level 2 Award in First Aid for Sport (QCF) assessment will require you to show:

- a clear understanding of the role of a first-aider in a sporting environment
- a knowledge of what should be within a first aid kit, and its uses
- an ability to assess the risk of a sport and the environment in which it is performed
- a knowledge of common injuries and illnesses in sport, their signs, symptoms and treatment methods
- the skills to be able to administer first aid to a range of common injuries and illnesses.

Fees

Recognised centres offering this qualification determine their own fees and they will vary from centre to centre. The fees charged should entitle you to a programme of learning and assessment, registration and certification for the qualification, a 1st4sport Qualifications Learner Pack and an appropriate learning resource. For further information on the costs of courses, please contact a recognised centre. Opportunities for funding may be available via a recognised centre, if you are eligible.

Next Steps

The qualification is delivered by 1st4sport Qualifications' recognised centres, not all of which offer open courses to members of the public. Your first port of call to access a course would therefore be to contact 1st4sport Qualifications using the following contact details:

1st4sport Qualifications
Coachwise Ltd
Chelsea Close
Off Amberley Road
Armley
Leeds LS12 4HP
Tel: 0113-290 7610
Fax: 0113-231 9606
Email: enquiries@1st4sportqualifications.com

Other 1st4sport Qualifications you may be interested in:

- [1st4sport Level 2 Certificate in the Treatment and Management of Injuries in Sport \(OCF\)](#)
- [1st4sport Level 3 Certificate in the Treatment and Management of Injuries in Football \(OCF\)](#)
- [1st4sport Level 2 Award in Understanding Stewarding at Spectator Events \(OCF\)](#)
- [1st4sport Level 2 NVQ Certificate in Spectator Safety \(OCF\)](#)
- [1st4sport Level 3 NVQ Certificate in Spectator Safety \(OCF\)](#)

1st4sport Level 3 Award in Coordinating Sports Volunteers (OCF)

- [1st4sport Level 3 Certificate in Managing Sports Volunteers \(OCF\)](#)

Shop for [first aid books and resources](#) at 1st4sport.com.

- [Centre Information](#)
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